

INCOME ELIGIBILITY GUIDELINES													
Effective from July 1, 2022 to June 30, 2023													
HOUSEHOLD SIZE	FEDERAL POVERTY GUIDELINES		REDUCED PRICE MEALS - 185 %						FREE MEALS - 130 %				
	ANNUAL		MONTHLY	TWICE PER MONTH	EVERY TWO WEEKS	WEEKLY	ANNUAL		MONTHLY	TWICE PER MONTH	EVERY TWO WEEKS	WEEKLY	
48 CONTIGUOUS STATES, DISTRICT OF COLUMBIA, GUAM, AND TERRITORIES													
1	13,590		25,142	2,096	1,048	967	484		17,667	1,473	737	680	340
2	18,310		33,874	2,823	1,412	1,303	652		23,803	1,984	992	916	458
3	23,030		42,606	3,551	1,776	1,639	820		29,939	2,495	1,248	1,152	576
4	27,750		51,338	4,279	2,140	1,975	988		36,075	3,007	1,504	1,388	694
5	32,470		60,070	5,006	2,503	2,311	1,156		42,211	3,518	1,759	1,624	812
6	37,190		68,802	5,734	2,867	2,647	1,324		48,347	4,029	2,015	1,860	930
7	41,910		77,534	6,462	3,231	2,983	1,492		54,483	4,541	2,271	2,096	1,048
8	46,630		86,266	7,189	3,595	3,318	1,659		60,619	5,052	2,526	2,332	1,166
For each add'l family member, add	4,720		8,732	728	364	336	168		6,136	512	256	236	118
ALASKA													
1	16,990		31,432	2,620	1,310	1,209	605		22,087	1,841	921	850	425
2	22,890		42,347	3,529	1,765	1,629	815		29,757	2,480	1,240	1,145	573
3	28,790		53,262	4,439	2,220	2,049	1,025		37,427	3,119	1,560	1,440	720
4	34,690		64,177	5,349	2,675	2,469	1,235		45,097	3,759	1,880	1,735	868
5	40,590		75,092	6,258	3,129	2,889	1,445		52,767	4,398	2,199	2,030	1,015
6	46,490		86,007	7,168	3,584	3,308	1,654		60,437	5,037	2,519	2,325	1,163
7	52,390		96,922	8,077	4,039	3,728	1,864		68,107	5,676	2,838	2,620	1,310
8	58,290		107,837	8,987	4,494	4,148	2,074		75,777	6,315	3,158	2,915	1,458
For each add'l family member, add	5,900		10,915	910	455	420	210		7,670	640	320	295	148
HAWAII													
1	15,630		28,916	2,410	1,205	1,113	557		20,319	1,694	847	782	391
2	21,060		38,961	3,247	1,624	1,499	750		27,378	2,282	1,141	1,053	527
3	26,490		49,007	4,084	2,042	1,885	943		34,437	2,870	1,435	1,325	663
4	31,920		59,052	4,921	2,461	2,272	1,136		41,496	3,458	1,729	1,596	798
5	37,350		69,098	5,759	2,880	2,658	1,329		48,555	4,047	2,024	1,868	934
6	42,780		79,143	6,596	3,298	3,044	1,522		55,614	4,635	2,318	2,139	1,070
7	48,210		89,189	7,433	3,717	3,431	1,716		62,673	5,223	2,612	2,411	1,206
8	53,640		99,234	8,270	4,135	3,817	1,909		69,732	5,811	2,906	2,682	1,341
For each add'l family member, add	5,430		10,046	838	419	387	194		7,059	589	295	272	136