

# New to DoDDS overseas...follow these 4 easy step. Returning? Jump to #3





## HEALTHY MEALS ON THE MENU:

Tasty and nutritious meals on the menu Daily offerings consist of a hot lunch, vegetarian option, and either a sandwich or an entree salad choice. Fresh fruit and a variety of milk flavors are offered daily as are NEW a la carte options to complement their meal. School meals meet dietary guidelines.

# 1. REGISTER YOUR CHILD AT SCHOOL AND OBTAIN A DODEA STUDENT ID# (10-digit)

- Obtain DoDDS student ID# for all children, including Sure Start students, from registrar to set up a lunch
  account, MyPaymentsPlus (MPP) parent account and/or apply for Free or Reduced Meals
- Provide school nurse a Dr.'s letter regarding any special dietary needs or allergies so menu substitutions may be made by cafeteria staff as necessary

### 2. SET UP A LUNCH ACCOUNT WITH AAFES EXCHANGE

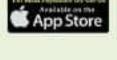
- Visit your AAFES EXCHANGE Customer Service to set up a student accounts
  - Deposit money into the "Meal" account for school lunches
  - Deposit money into the "General" account for additional entrée and/or a-ia-carte food and beverages that are screened to meet USDA's SMART SNACK guidelines
- . You will receive a 6-Digit PIN number assigned to your child to use for all purchases
- ALL students, including Sure Start and those eligible for Free & Reduced meals, MUST have a LUNCH ACCOUNT

# 3. SET UP A PARENT ACCOUNT THROUGH MYPAYMENTSPLUS (MPP)

- To create a new account, visit <u>www.MyPaymentsPlus.com</u> or on mobile app (must download first)
   Follow the onscreen directions and register your student using their DoDDs Student ID number. For additional support, contact MyPaymentsPlus at: +1-877-237-0946.
- Benefits for using MPP
  - View student balances and purchase history from your mobile device or computer anytime, anywhere
  - Make payments to your student's cafeteria account online or mobile app
  - Set up alerts and reminders so you know when the balance is low
  - Deposits made at the AAFES EXCHANGE or school cafeteria are FREE of charge
- Online deposits have a small nominal administrative fee to cover credit card fees

### 4. APPLY ONLINE FOR FREE OR REDUCED MEALS

- Paper applications are no longer available.
- Parents must apply online for benefits every year
- Sure Start students <u>MUST</u> apply online for free lunches as part of the program
- Applications for the next school year begin 01 July 2017
- Apply at: https://freeandreducedapps.aafes.com/





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