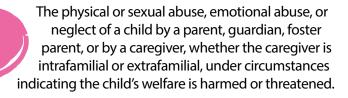
# ANTI-SPANKING CAMPAIGN

Family Advocacy Program

The Department of Defense Manual states that child abuse is "The non-accidental use of physical force on the part of the child's caregiver" which includes hitting with an open hand and spanking (DODM 6400.01 Vol. 3, p. 17).

#### What is Child Abuse?





#### Types of Abuse:

- Physical
- Emotional
- Sexual
- Neglect





### Physical Abuse includes

Hitting with open hand or slapping, including spanking, dropping, pushing or shoving, grabbing or yanking limbs or body, poking, hair-pulling, scratching, pinching, restraining or squeezing, shaking, throwing, biting, kicking, hitting with fist, hitting with a stick, strap, belt, electrical cord, or other object, scalding or burning, poisoning, stabbing, applying force to throat, strangling or cutting off air supply, holding under water, brandishing or using a weapon.



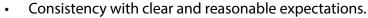


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### How can we discipline positively?

#### Extensive research shows



- When safe, ignore negative behaviors.
- Teach emotions; model this with your own behaviors.
- Give choices that you are okay with.
- Positive reinforcement; praise positive behavior.
- Give attention, schedule times for distraction-free environments.
- Diversion; redirect to an alternative.

If all else fails, have a safety plan to best address negative behaviors to avoid physical abuse.



## Where can we find resources?

Family Advocacy Program & New Parent Support Program offer:

- In-person/online parenting classes & workshops
- Re-Train Your Brain classes for adult & teens
- New Parent Support Program home visits
- Customized unit briefs



#### What Can I say to Promote Positive Behavior?

- Good job.
- I am proud of you.
- You got this.
- I believe in you.
- How can I help?
- Instead of that, let's do \_\_\_\_.
- I trust you.
- It's okay to feel \_\_\_\_ but \_\_\_\_.





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For more information, contact Family Advocacy Program at fapprevention@usmc.mil or 645-2915 / 098-970-2915.



