

#### SWIM TEST AUTHORIZATION



OKINAWA-JAPAN	S W	IM TEST AUTHORIZA	TION	OKINAWA•JAPAN	
Sponsor's Last Name:		Sponsor's	First	Name:	
Branch:	Rank:	Unit/Org:Spouse			
Name:	PSC Mailing A	.ddress:City:			
State:	Zip:	Home Phone:	Work Pho	ne:	
	E-mail:	Sponsor's Cell Pho	one:		
Spouse's	Cell	•	Emergen	cy Point of Contact	
Name:			_	ey rome or contact	
rvaine.		Emergency FOC File			
Swimmers Last Name:		First Name:	Sex:		
Date of Birth:	Age:	Medical Concerns:			
		====== BELOW FOR STAFF USE =			
ORANGE (Under 12 yrs. old)	Pass Date:	Staff Tester Nan		Initial:	
GREEN (12-15 - ID CARD)	Pass Date:	Staff Tester Nan	ne:	Initial:	
Swimmers Last Name:		First Name:	Sex:		
Date of Birth:	Age:				
ORANGE (Under 12 yrs. old)	Pass Date:	====== BELOW FOR STAFF USE = Staff Tester Nam		Initial:	
GREEN (12-15 - ID CARD)	Pass Date:	Staff Tester Nam		Initial:	
Swimmers Last Name:	•	First Name:	Sex:		
Date of Birth:	Age:	Medical Concerns:			
		====== BELOW FOR STAFF USE =			
ORANGE (Under 12 yrs. old)	Pass Date:	Staff Tester Nam	ne:	Initial:	
GREEN (12-15 - ID CARD)	Pass Date:	Staff Tester Nan	ne:	Initial:	
Swimmers Last Name:		First Name:	Sex:		
Date of Birth:	Age:				
ODANGE (II. I. 12. III)	1	======================================		1 '2' 1	
ORANGE (Under 12 yrs. old)	Pass Date:	Staff Tester Nam		Initial:	
GREEN (12-15 - ID CARD)	Pass Date:	Staff Tester Nam	ne:	Initial:	
	<mark>*****</mark>	PLEASE READ AND SIGN	BELOW *****	<mark>***</mark>	
I, Sponsor/Legal Guardian, authorize th	e Marine Corps Commu	nity Services (MCCS) personnel to tes	st the above named pers	on (or person's) swimming abilitie	s. I understand
that once he/she/they pass the MCCS sv					
test must be retaken annually, on or after abilities have diminished beyond the mi			retest children if the life	eguard staff believes that the child	's swimming
•	•	a participant(s) that is not legally their	r own dependant, that p	erson must show a Power of Attor	nev or Special
Power of Attorney annotating the			own dependant, mar p		ney or opecial
		named participant(s) to receive emerge	ency medical treatment	whenever deemed necessary at an	y US Military
Medical Facility or any other med			11: 1 :0 :	1.6 11 1 21 ***	0.0
U.S. Marine Corps, the Marine Cotest, program, class, or event from	orps Community Service any and all claims for d	this test, program, class, or event, I sha (MCCS), and all sponsors, medical su amages, death, personal injury or prop	apport and any other incorry damage and/or litig	lividuals or entities connected in a gation costs/attorneys' fees, arising	ny way with this from or

perhaps by volunteer laypersons. This waiver and release shall be binding on my heirs and assigns and shall run in favor of the below-named persons or entities and any individuals in any way connected with this test, program, class, or event.

I further agree to have the above named participants in this test, program, class, or event videotaped and photographed, and I hereby waive and release all rights to said videotapes and photographs to MCCS for its exclusive use in publicity for and/or illustration of MCCS tests, programs, classes, or events. I agree to abide by all decisions

participation in this test, program, class, or event. I verify that I have full knowledge of the rigors of this test, program, class, or event and the risks involved in participation, including but not limited to trip and fall, loss of orientation, exhaustion, dehydration, hyponatremia, fatigue, over-exertion, sun or heat stroke, cold injuries, hypothermia, drowning (if a water program, class, or event), and any other injuries related to this test, program, class, or event. I assert that the above named are physically fit and have sufficiently trained to complete this test, program, class, or event. I realize medical support for this program, class, or event will consist primarily of first-aid type assistance,

NOTE: Anyone under the age of 16 that does not pass the swim tests must remain within arm's reach of an adult or designated guardian (16 or older) and the adult or designated guardian (16 or older) must be in the water whenever the child is in the water.

PARENT/SPONSOR/GUARDIAN MUST STAY AWAY FROM THE POOL/BE UNINVOLVED WITH THE SWIM TEST

Sponsor/Legal Guardian's Signature:	Date:	
Sponsor/Legar Quartian s Signature.	Daic.	

of MCCS and its designated officials. I have read and understand the contents of this Liability & Publicity Release.

# AQUATICS OKINAWA: JAPAN

## SWIM TEST AUTHORIZATION (ver. 2018)



## Under 12 years of age.

• The designated adult/guardian (16 or older) must be present in the facility at all times and must be able to make visual, face-to-face contact periodically regardless of child's swimming ability.

## No Bracelet

- 1. Unable to pass test.
- 2. If the child is in shallow water, the adult/guardian must be in the water.
- 3. The child must be within an arm's length (touching distance) of their designated adult/guardian.
- 4. The child is not allowed in deep water with or without an adult/guardian.

#### Orange Level

- 1. Complete a 25 meter swim, without swimming aids, without parental involvement, and with a productive, recognizable swimming stroke. Dog paddle or underwater swimming is not allowed.
- 2. One minute treading water or floating without swimming aids and without parental involvement. Child must demonstrate that they are able to tread or float with their face out of the water.
- 3. If the child passes the test, he/she will receive an orange bracelet and may swim anywhere in the pool without the designated adult/guardian in the water.
- 4. The adult/guardian must remain in the facility and must keep constant supervision over the child, visually making face-to-face contact periodically.

### 12 to 15 years of age.

• All ages must possess his/her Military ID card at the time of the swim test.

#### No Bracelet

- 1. Unable to pass test.
- 2. If the child is in shallow water, the adult/guardian must be in the water.
- 3. The child must be within an arm's length (touching distance) of their designated adult/guardian.
- 4. The child is not allowed in deep water with or without an adult/guardian.

#### Green Level

- 1. Complete a 25 meter swim, without swimming aids, without parental involvement, and with a productive, recognizable swimming stroke. Dog paddle or underwater swimming is not allowed.
- 2. One minute treading water or floating without swimming aids and without parental involvement. Child must demonstrate that they are able to tread or float with their face out of the water.
- 3. If the child passes the test, he/she will receive a green bracelet and may swim anywhere in the pool without the designated adult/guardian entering the water.
- 4. 12 to 13 years of age: the designated adult/guardian is not required to be present in the facility, but must make visual, face-to-face contact periodically.
- 5. 14 to 15 years of age: the designated adult/guardian is not required to be in the facility, but must make visual or telephonic contact periodically.

## 16 to 17 years of age.

- 1. No test is required.
- 2. No swim band will be issued.
- 3. Swimmer may swim anywhere in the pool.
- 4. Swimmer does not require a parent/guardian to be present in the facility.

# 18 years of age and older.

- 1. No test is required and no swim band will be issued.
- 2. Swimmer may swim anywhere in the pool.