

# Respite Care Overview

The Exceptional Family Member Program (EFMP) initiated the Respite Care Reimbursement Program in 2008. It is intended to reduce stress on sponsor families by providing temporary rest periods. It is available for EFM's identified as Level of Need (LON) 3 or 4.

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## Level of Need (LoN) 3

### Family Member of All Ages

Includes EFMP family members of all ages, with severe special needs that require trained support from qualified providers to maintain the health and safety of the EFM.

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## Level of Need (LoN) 4

### Family Member of All Ages

Includes EFMP family members of all ages (including adults), with profound special needs who require skilled care services as documented by qualified providers, to maintain the health and safety of the EFM.

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## LoN 3 Reimbursement Rate of Care

- 1 EFM- Not to exceed \$18 per hour max
- 2 EFM- Not to exceed \$32 per hour max

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## LoN 4 Reimbursement Rate of Care

- 1 EFM- Under no circumstances will care exceed \$45 per hour
- 2 EFM- Under no circumstances will care exceed \$60 per hour

**UP TO 20 HOURS OF RESPITE CARE PER MONTH, PER FAMILY**

**UP TO 32 HOURS OF RESPITE CARE PER MONTH, PER FAMILY**

## Common Questions

### How is LoN determined?

#### HQMC EFMP

LoN is determined by HQMC EFMP Medical Screeners during the enrollment or update eligibility review by using an evidence-based process. After the documents are reviewed the LoN is resolved.

### May be used for:

Date night, Hair Cut, Lunch with a Friend, Take a Nap, Go to the Gym

### May not be used for:

Pay for Preschool, Pay for therapy sessions or therapeutic recreation, supplement day care or babysitting to allow sponsor or spouse to work or attend school

### How to get more information

#### Contact EFMP

This infographic is a part of the EFMP Family Training titled "Respite Care." For more information or to receive the entire brief email EFMP Camp Butler at [efmp@okinawa.usmc-mccs.org](mailto:efmp@okinawa.usmc-mccs.org), call DSN 645-9237, or visit the EFMP Office Camp Foster in building 495 Suite 100.