
Once you have been found medically suitable for your overseas tour, please begin the process of setting up your shipment of household goods by visiting [https://www.militaryonesource.mil/moving-housing/](https://www.militaryonesource.mil/moving-housing/) to create/update your DPS account.

It is encouraged to perform a self-counseling to reduce friction and facilitate better planning before your final appointment with the Distribution Management Office (DMO) or the Transportation Management Office (TMO).

Funded Orders and a copy of your Approved Area Clearance/Dependent Entry Approval (DEA) may be required to finalize your shipment of Household Goods (HHGs) with DMO/TMO.

**ITEMS NEEDED WHEN RESIDING CONTINGENCY OR PERMANENT HOUSING**

Please plan to bring the following items with you or coordinate with your sponsor to secure the items upon arrival.

- Masks/face coverings - cloth or disposable.
- Bedding (double & twin size sheets, blankets, pillows and pillow casings) and linens.
- Select baby items (if applicable).
- Medication, contact lenses or glasses, and other hygiene items.
- Children entertainment and comfort items (i.e. toys and their personal belongings).
- Electronic devices such as tablets, laptops to complete virtual check-in requirements (if applicable).
- Pet food and other pet supplies (if applicable).
- Cleaning supplies and any other essential items you will need.
- *Set of dishes, kitchenware, and cutlery: temporary kitchen kits are available for personnel to borrow through Marine & Family Programs-Resources Centers. Coordinate with your sponsor to secure a kit prior to your arrival.*

**SUGGESTIONS FOR THE EXPRESS/UNACCOMPANIED BAGGAGE SHIPMENT**

- 42-inch TV or smaller, DVD/Blu-ray Player and a few favorite DVDs.
- Baby crib or Play Pen. (Item has to be less than 42 inches in diameter when disassembled).
- Lamps, small fans and space heater. Some off-base housing units do not have built-in heaters.
- Additional bedding and linens (double & twin size sheets, blankets, pillows and pillow casings).
- Set of dishes, kitchenware, cutlery and small appliances (enough for you or your entire family to use).
- Clothing to include rain gear and summer clothes. Okinawa is extremely hot and humid during the summer time. Pack a combination of clothing to include a warm jacket as weather varies dramatically.
- Additional children’s items (i.e. toys and their personal belongings).
- Small rugs and a few carpets as tile over concrete is the standard floor in most homes.
- Any other essential items needed within the first 30-60 days.

**SUGGESTIONS FOR THE HOUSEHOLD GOODS SHIPMENT**

- Additional clothes and shoes not packed in the express shipment.
- Additional kitchenware not packed in the express shipment.
- Bedroom set or mattresses (if you have comfortable ones).
- Living room set, if not too heavy.
- Large rugs, carpets, and household/holiday décor.
- Bathroom sets such as bathroom rugs, additional towels and shower caddies.
- Keep books to a minimum unless they are part of your professional equipment.
- Dehumidifiers are great to have as it is very humid in Okinawa during the spring and summer months.
- CDs, DVDs, and board games are a must to have during bad weather or Typhoon Season.
- Temporary loaner furniture is available for personnel on full JFTR weight allowances. For details, please visit the Furnishings Management website: [http://www.housing.af.mil/Units/Okinawa/furnishingsmanagement/](http://www.housing.af.mil/Units/Okinawa/furnishingsmanagement/).

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*This serves as general list of suggestions for the shipment of HHGs. For additional policies or weight allowances relating to your HHGs shipment please contact your local DMO or TMO.*