

MCCS

MARINE &
Family

Programs Guide



Mission

To take care of Marines and their families by providing quality of life programs, products, and services in support of the Marine Corps objectives.

Introduction

The Marine and Family Programs Guide provides Marines, Sailors, and their families on Okinawa with a wide range of services covering all aspects of Marine and family life to include:

Personal and Professional Readiness Branch

- Education and Library Services (Voluntary Education and Library Program)
- Career Services (Volunteer Management Program and Family Member Employment Assistance Program)
- Family Readiness Services (Information, Referral and Relocation Program, Personal Financial Management Program, Marine Corps Family Team Building, and Japan Cultural Awareness and Adaptation)
- Transition Readiness Program (Retired Activities Office)

Behavioral Health Branch

- Family Advocacy
- Community Counseling
- Substance Assessment and Counseling

Semper Fit Branch

- Athletics
- Aquatics
- Health Promotion
- Single Marine Program

Family Care Branch

- Family Child Care
- Child Development Centers
- School Age Care Centers
- Youth and Teen Programs
- Exceptional Family Member Program
- School Liaison Officer



Frequently Called Numbers

Assistant Chief of Staff (AC/S), MCCA, MCIPAC Mr. Michael S. Gieseck	645-3082
Deputy AC/S, MCIPAC MCCA and Director, MCCA, MCB Camp Butler Mr. Hyun Woo Chang	645-3082
Deputy Director, Marine and Family Programs Mr. Jerry Bosken	645-3082
Deputy Director, Business and Support Mr. Christopher Cowderoy	645-3082
Chief, Personal and Professional Readiness, Dr. Tina Smilie	645-2889/3125
Chief, Behavioral Health, Mr. Clark Jackson	645-2915
Chief, Semper Fit, Mr. Bob Johnston	645-7286
Chief, Family Care, Ms. Tamara Browning	645-4505
Chief, NAF Human Resources, Mr. Jerry Bosken	645-4620
Community Services Coordinator, Camp Fuji	224-8624
Community Services Coordinator, Camp Mujuk	767-4531
Community Services Coordinator, Camp Foster	645-5262/5270
Community Services Coordinator, MCAS Futenma	645-5262/5270
Community Services Coordinator, Camp Courtney	622-7381/7383
Community Services Coordinator, Camp Hansen	623-7794/7179
Community Services Coordinator, Camp Kinser	637-1140
Community Services Coordinator, Camp Schwab	625-2740/3685
 Personal and Professional Readiness Branch	
Transition Readiness Program	645-3151
Family Member Employment Assistance Program	645-5074
Retired Activities Office	645-3151
Information, Referral, and Relocation Services	645-2104/2106
Japan Cultural Awareness and Adaptation, Personal Financial Management	
Family Programs & Resource Centers:	
Foster	645-2104/2106
Courtney	622-7332
Hansen	623-4522
Kinser	637-2815
Schwab	625-2622
Marine Corps Family Team Building	645-3689
Voluntary Education Program:	645-7160
Foster Education Center	645-7160/3486
Courtney Education Center	622-9694
Hansen Education Center	623-4379
Kinser Education Center	637-1821

Schwab Education Center	625-2046
Futenma Education Center	636-3036
Fuji Education Center	224-8353
Library Program:	
Foster Library	645-7178
Courtney Library	622-9280
Hansen Library	623-7372
Kinser Library	637-1039
Schwab Library	625-2518
Futenma Library	636-3946
Fuji Library	244-8448
Mujuk Library	763-6983
Behavioral Health Branch	645-2915
Family Advocacy	645-2915
New Parent Support	645-0396
Substance Assessment and Counseling Center (SACC)	
Foster	645-3009
Hansen	623-1490
Schwab	625-3424
Community Counseling	
Foster	645-2915/2916
Hansen	623-1458
Semper Fit Branch	
Athletics	645-3521
Aquatics	645-3180
Health Promotion	645-3910
Single Marine Program	645-3681
Family Care Branch	
Resource and Referral Office	645-4117
Family Child Care Monitor	645-4505
Child Development Program Coordinator	645-4505
Youth and Teen Coordinator	645-4505
School Liaison Officer	645-3205
Child Development Centers:	
Ashibina	645-5072
Chimugukuru	645-3846
Yuimaru	637-2296
Chura Warabi	622-7751
School Age Care Centers:	
Kinser	637-3760
Foster	645-7301
McTureous	622-9049
Youth and Teen Programs	
Kinser	637-1755
Foster	645-8012/1004
Courtney	622-9702

Table of Contents

Personal and Professional Readiness Branch	
Family Programs & Resource Centers	6
Information, Referral and Relocation Program	7
Japan Cultural Awareness and Adaptation Program	9
Personal Financial Management Program	10
Transition Readiness Program	11
Overseas Military Service Coordinator Program	11
Personal Readiness Seminar	12
Retired Activities Office	12
Family Member Employment Assistance Program	13
Marine Corps Family Team Building	14
Navy Support	14
Volunteer Program	15
Voluntary Education Program	16
Library Program	18
Behavioral Health Branch	
Community Counseling	20
Substance Assessment and Counseling	20
Family Advocacy	21
New Parent Support Program	22
Semper Fit Branch	
Health Promotion	23
Athletics	24
Aquatics	25
Single Marine Program	26
Family Care Branch	
Child and Youth Programs	28
Child Development Centers	28
School Age Care Centers	28
Youth and Teen Programs	28
Family Child Care Providers	29
School Liaison Officer	30
Exceptional Family Member Program	31
Administrative Support	
Deployment Readiness Coordinator (DRC) - III MEF & MCIPAC	32
Embedded Behavioral Health Prevention Capability (EBHPC) – III MEF	32
Sexual Assault, Prevention & Response (SAPR) – III MEF & MCIPAC	32
Military Family Life Counselor (MFLC) – III MEF, MCIPAC, DoDEA	32



Family Programs & Resource Centers

Family Programs & Resource (FPR) Centers are designed to fully support the needs of Service Members and their families by providing a central delivery system for personnel and family support programs. These programs were created to help improve morale, retention, and ensure mission readiness. FPR Centers serve as DoD family centers for the military community. They are staffed by specialists trained to provide the information, individual assistance, and referrals necessary to maintain a high quality of life.

FPR Centers include:

- Information, Referral and Relocation Program
- Lending Lockers
- Japan Cultural Awareness and Adaptation
- Personal Financial Management Program

FPR Centers:

Camp	Phone	Building	Hours of Operation
Foster	645-2104/2106	445	Mon-Fri 0730-1630
Courtney	622-7332	4425	Mon-Fri 0730-1630
Hansen	623-4522	2339	Mon-Fri 0730-1630
Kinser	637-2815	1220	Mon-Fri 0730-1630
Schwab	625-2622	3000	Mon-Fri 0730-1630
Fuji	224-8353	110	Mon-Fri 0730-1630



Key E-mails:

Information and Referral: MCBB_PPDR_Request@usmc.mil

Relocation Services: MCBB_ReIoassist@usmc.mil

Information, Referral and Relocation Program

The Information, Referral and Relocation (IR&R) Program provides information, resources, and referrals quickly and easily. Geographic mobility and separation from the extended family often creates a need to get information quickly. The IR&R Program is governed by Marine Corps Order (MCO) 1754.10B and supports family readiness by helping Marines, Sailors and their families navigate through the mobile military lifestyle. The IR&R Program is a central conduit between military and community resources and serves as the primary point of contact for all relocation assistance services for USMC installations on Okinawa.

Customer Computers / Free Wi-Fi

Computers with internet access are available at all facilities to allow Marines, Sailors and their families access to their personal email accounts, along with access to internet shopping sites and much more. In addition, each facility offers free Wi-Fi for customers to log-in using their personal laptops and mobile devices.

Coupon Program

Resource Centers provide free coupons, which are received from volunteers located in the United States, for Service Members and their families to use at base exchanges and commissaries. These coupons are valid for 6 months past their posted expiration date.

Relocation Services

Relocation Services is governed by MCO 1754.10B, MCO 1320.11H, and III MEF/MCIPAC-MCBBO 1754.1A W/CH1 and provides mandated Title 10 relocation assistance services to include the Newcomers' Orientation Welcome Aboard (NOWA) Brief, Smooth Move Workshops, and Sponsorship Training. Relocation assistance information and services are provided to support Marines, Sailors, DoD civilians, and family members before, during, and after relocation.

Relocation Classes, Workshops, and Resources: Sponsorship Training

Sponsorship training is mandated for all sponsors, as detailed in MCO 1320.11G, and III MEF/MCIPAC-MCBBO 1754.1A W/CH1, before a sponsor assumes their sponsorship duties. This class is designed to provide a comprehensive overview of their sponsorship duties, assist all sponsors in providing detailed relocation related information and resources for the incoming Service Member, such as critical "Must Know" information, Permanent Change of Station (PCS) Flowcharts, and checklists.

Sponsorship Coordinator Training

This mandated training for the command Sponsorship Coordinators (SCs) is focused on training the command SC to effectively run the unit's personnel sponsorship program. This training provides a detailed overview of the SC duties and responsibilities, along with tools and techniques to maintain compliance readiness and effectively run the command sponsorship program.

Newcomers' Orientation Welcome Aboard Brief (PCS Inbound)

This mandated workshop is required for all accompanied and unaccompanied (E-6 and above) Service Members, DoD civilians, and all family members (age 16 and above). The NOWA Brief is conducted in an in-person and virtual format for qualified families, where various subject matter experts provide important information on services, resources, and activities available on Okinawa, to include briefs on Japan cultural awareness to acquaint newcomers with the etiquette, customs, and social norms. Attendance must be confirmed prior to the MCIPAC Installation Safety Office issuing the Status of Forces Agreement privately owned vehicle driver's license.

Smooth Move Workshop (PCS Outbound)

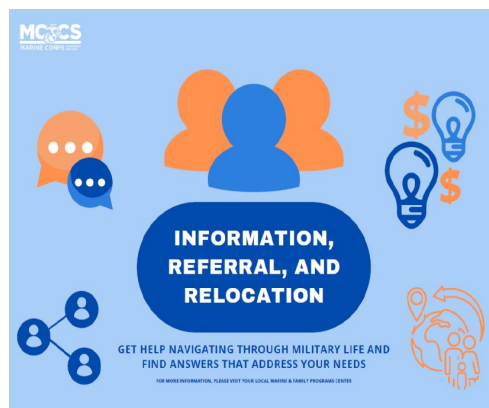
This mandated workshop features guest speakers from the Installation Personnel Administration Center, Distribution Management Office, Tricare, Disbursing, and the Personal Financial Management Program to provide detailed PCS information and resources to aid Service Members and their families to prepare for their upcoming PCS move.

Lending Lockers

Basic home items such as pots, pans, dishes, utensils, car seats, and strollers are available to incoming and outbound personnel. Items are checked out for a 30-day period and may be extended an additional 30 days, if necessary. A copy of the Service Member's orders are required to receive items.

For more information, please contact Camp Foster IR&R at 645-2104 or contact your nearest Family Programs & Resource Center listed on page 6.

For more information, please contact Camp Foster IR&R at 645-2104/2106 or contact your nearest Resources Program center listed on page 6.



Japan Cultural Awareness and Adaptation

The Japan Cultural Awareness and Adaptation Program offers events and activities focused on reducing the stress associated with adapting to and living in Japan. The Japan Cultural Awareness and Adaptation Program has two bilingual Japanese staff members who provide a variety of services and support to include very basic translations, such as reading local bills and giving tips on activities in the community, along with cultural craft classes and basic Japanese language classes. Unfortunately, they cannot provide professional translation services for official, legal, or medical documents.



Cultural Awareness and Adaptation Program classes and workshops include:

- Calligraphy
- Facebook Crafting and Cooking Demonstrations
- Basic Japanese Language, Parts 1, 2, 3, and 4
- Survival Japanese Language
- Survival Japanese Writing
- Obi Making
- Gift Boxes
- Washi Egg
- Ikebana (Flower Arrangement)
- Kimono/Yukata Classes
- Tea Ceremony
- Grocery Store Tours

For a full listing of classes offered each month, please refer to the Marine & Family Programs monthly Calendar of Events or visit the Japan Cultural Awareness and Adaptation webpage on the MCCS

Okinawa website at www.okinawa.usmc-mccs.org/marine-family-support/military-family-life/japan-cultural-awareness-and-adaptation

For more information, please contact Camp Foster IR&R at 645-2104 or contact your nearest Family Programs & Resource Center listed on page 6.



Personal Financial Management Program

The Personal Financial Management (PFM) Program is governed by MCO 1700.37 and provides comprehensive personal financial counseling, education, training, information and referral programs encompassing the needs of Service Members and their families to increase their financial readiness. The primary focus of the PFM Program is a proactive, preventive approach through education and training, with the secondary focus being intervention through personal financial counseling.

The PFM Specialists conduct regularly scheduled workshops and briefs, supporting essential seminars to include the Smooth Move Workshops, Premarital Seminars, Staff Noncommissioned Officer Academy briefs, Corporal's Courses, and Pre-Retirement Seminars. They also provide Professional Military Education workshops, and classes on all Navy and Marine Corps installations, by request, in order to meet the needs of Navy and Marine Corps units. Call 645-2104/2106 for more information.

PFM classes and workshops include:

Money Management Workshop (3.5 hours)

Provides financial management fundamentals. Teaches how to establish a budget and savings plan, determine assets, calculate a debt to income ratio, and establish a debt reduction plan.

Savings and Investing (1.5 hours)

Teaches how to use saving and investing to achieve financial security through the use of basic investing techniques, taking advantage of compounded interest and time, and more.

Home Buying (1.5 hours)

Teaches the fundamentals of home buying to include: fixed/variable interest rates, closing costs, escrow accounts, types of loans, and home selection criteria.

Credit Report/Credit Score Analysis (1.5 hours)

Teaches how to read a credit report and what a credit score means, how to deal with a credit crisis and establish an action plan for building, rebuilding, and maintaining your credit rating.

Thrift Savings Plan (1.5 hours)

Provides information on the Federal Thrift Savings Plan (TSP) and provides techniques and tools to effectively manage your TSP retirement account.

Command Financial Specialist (CFS) Training (40 hours)

Trains unit CFSs and provides them with the basic tools, resources, and techniques to function as a unit CFS. Attendees must meet requirements established by MCO 1700.37.

For more information, please contact Camp Foster PFM Program at 645-3600 or contact your nearest Family Programs & Resource Center listed on page 6.



Personal
Financial
Management
is now virtual!

Email
MCOB_PFDIRRequest@usc.mil
to request an appointment or visit
mcooftrains.com/personal_financial_management
for details.

MCS

Transition Readiness Program

The Transition Readiness Program (TRP), per MCO 1700.31, prepares Marines and their families for the shift to civilian life. TRP equips them with tools to meet DoD Career Readiness Standards (CRS) and supports commanders in ensuring CRS compliance. It also helps Marines pursue career, education, and entrepreneurship goals.

The Transition Readiness Program (TRP) includes three key components:

1. **Marine for Life Cycle (M4LC) Services** – Includes the Personal Readiness Seminar (PRS), “Your Readiness” course, career exploration, education guidance, and employment assistance throughout a Marine’s career.
2. **Career Services & Advising** – Offers support for post-transition goals including employment, education, technical training, entrepreneurship, and CRS validation.
3. **Transition Readiness Seminar (TRS)** – A required seminar covering separation counseling, job search, VA benefits, financial planning, and more. Marines must complete TRS 180 days before separation and can attend as early as 12–14 months out.

If CRS requirements aren't met, Marines are referred to appropriate support agencies.

TRP offers **48 TRS sessions and 8 Pre-Retirement Seminars** annually across Okinawa. To register and receive the pre-work checklist, contact your **Unit Transition Coordinator**.

Transition Readiness Program Contact Information:

Camp	Phone	Building	Hours of Operation
Foster	645-3151/3154	445	Mon-Fri 0730-1630
Courtney	622-7878	4425	Mon-Fri 0730-1630
Hansen	623-3055/7291	2339	Mon-Fri 0730-1630
Kinser	637-1307	1220	Mon-Fri 0730-1630
Schwab	625-2699	3000	Mon-Fri 0730-1630
Fuji	224-8353	110	Mon-Fri 0730-1630

Overseas Military Service Coordinator Program

The Overseas Military Services Coordinator (OMSC) Program serves military Service Members, retirees, and veterans from all branches of services in several ways to include the medical claims process, explaining veteran’s benefits, and assisting with the processing of various VA forms.

OMSC – VA questions can be answered by emailing omscjapanok.vbavaco@va.gov.

To access virtual appointments, visit:

https://www.my.va.gov/VAVERA/s/flow/VERA_Start?office=OMSC_Japan_Okinawa

Personal Readiness Seminar

Marine Corps installations are required to deliver the Personal Readiness Seminar (PRS) to all active duty Marines upon check-in, no later than 90 days at their First Permanent Duty Station (FPDS).

A PRS occurs weekly aboard Camp Foster at the Joint Reception Center. During the 4-hour classroom presentation, two main topics are covered:

- An overview of the M4LC model where Marines will be introduced to the Individual Development Plan, including Personal and Professional Development programs and services
- Introduction to personal finance

Requirements for PRS (to be completed at the Service Members' FPDS) include:

- Registration for a DS-Logon to gain access to the e-Benefits portal
- Registration and completion of the Kuder Journey assessment

During the PRS, Marines will be provided detailed instructions on how to initiate the DD e-Form 2648. This e-Form is used to track the progress of a Service Member's completion of PRS, attendance to any of the 2-day Optional Tracks (Managing Your Education, Career Technical Training Track, and Boots to Business), and the completion of a TRS or Pre-Retirement Seminar.



Retired Activities Office

The Retired Activities Office (RAO) volunteer is a valuable link to help retirees and family members obtain the rights, benefits, and privileges they are entitled to receive. The RAO serves military retirees and their spouses from all branches of service in various ways, to include the following:

- Serves as a central point to obtain valuable information.
- Provides reliable answers to your questions.
- Refers individuals to appropriate service providers.

Location	Phone	Building	Hours of Operation
Camp Foster	645-3159/3151	445	Mon & Tues 1000-1300

Family Member Employment Assistance Program

The Family Member Employment Assistance Program (FMEAP) is governed by MCO 1700.38 and is sponsored by Marine and Family Programs Division (MF), Headquarters U.S. Marine Corps (HQMC), and executed by the Personal and Professional Development Branch (P&PD). FMEAP is intended to improve individual quality of life, enhance personal and family readiness, and return equipped citizens to the civilian community by providing assistance with professional job searches, resume writing, and interview skills through interactive group classes and individual counseling sessions for active-duty Service Members, military spouses, family members, DoD civilians, and retirees. FMEAP also acts as a force for retention as successful spouse employment assists in retaining career active duty Service Members.

FMEAP consists of three major elements:

1. **Employment Resources** which provides information to family members regarding multiple career and educational opportunities, entrepreneurial pursuits, or volunteerism.
2. **Career Education and Training** through workshops and resources available to aid family members with achieving employment.
3. **Career Coaching** which can be implemented in a group setting and/or one-on-one environment.

The FMEAP program provides access to equipment and tools to support military spouses and family members such as:

1. Access to computer labs equipped with various software and training aids
2. One-on-one counseling
3. Certified career coaches
4. Job search assistance
5. Career development workshops
 - Career and Interest Profile Assessments
 - Resume Writing (Federal and Civilian)
 - Federal Application Process
 - Ace the Interview and Salary Negotiation
 - S.T.A.R.S. Spouse Transition and Readiness Seminar

FMEAP provides resources and referrals and identifies volunteer opportunities available through community employers, MCCS, and Family Readiness programs.

To sign up for any FMEAP workshops, please contact Camp Foster FMEAP at 645-5074, email MCBB_FMEAP@usmc.mil, or contact your nearest TRP/ FMEAP personnel listed on page 11.



Marine Corps Family Team Building

Marine Corps Family Team Building (MCFTB) supports personal and family readiness by providing tools to navigate military life and enhance mission readiness. It strengthens individual, family, and command readiness by providing education, connection, and practical tools that support Marine Corps Total Fitness and help service members and families build the personal, social, emotional, and leadership skills needed to thrive at duty, at home, and within themselves.

Family Readiness Program Training is designed for Command Team members and Family Readiness personnel supporting the Unit, Personal and Family Readiness Program (UPFRP). This training covers Unit and Official Communication, Information, Referral and Relocation, Readiness and Deployment Support, and Volunteer Management. It outlines the roles and responsibilities of the Family Readiness Command Team.

The Readiness and Deployment Support Program provides a continuum of education and support across the entire deployment cycle to ensure service members and their families are prepared, informed, and connected. Support includes pre-deployment education and briefings, deployment sustainment support, and reunion and reintegration workshops. Eligible spouses may also qualify for the Deployment Spouse Benefit Card.

LifeSkills Training and Education supports personal and professional growth by strengthening wellness, leadership, and resilience. These interactive workshops serve individuals, couples, families, and units and cover topics such as communication, emotional intelligence, leadership, stress management, team building, and personality styles.

Lifestyle, Insights, Networking, Knowledge, and Skills Training (L.I.N.K.S.) Foundations is a networking-based program for new and experienced military spouses. L.I.N.K.S. provides an introduction to military culture and highlights the many community resources and benefits available to Service Members and their families.

Navy Support In the absence of a Fleet and Family Support Center, MCFTB serves as the primary family and readiness support resource for U.S. Navy personnel across Okinawa. Through MCCS, MCFTB provides outreach, training, and prevention-based education to Navy service members and families assigned to CFAO and tenant commands, CTF-76 at White Beach, U.S. Naval Hospital Okinawa, and Navy personnel attached to Marine Corps commands.



For more information, please contact MCFTB, Camp Foster Building 445, at 645-3689 or email at MCFTBokinawa@okinawa.usmc-mccs.org. Normal operating hours are Monday-Friday, 0730-1630; however, unit briefs, workshops, and special programming are available outside of normal hours upon request. Please visit us at www.okinawa.usmc-mccs.org/marine-family-support/military-family-life/marine-corps/family-team-building or on the MCCS Marine and Family Facebook page.

Volunteer Program

The MCCS Volunteer Program establishes standardized procedures for the acceptance of voluntary services from Service Members and families to enhance participation in unit activities, base programs, and community support.

The MCCS Volunteer Program Coordinator (VPC) serves as the central point of contact for on- and off-base volunteer opportunities. The VPC serves as the central point of contact for on- and off-base volunteer opportunities, offering briefs and monthly workshops.

President's Volunteer Service Award

The VPC certifies hours for the President's Volunteer Service Award for people who volunteer with the Marine Corps, Navy, and MCCS. This award is issued for volunteer services rendered during a 12-month calendar year (January – December). Awards are earned based on volunteer commitment throughout the year.

MCCS Volunteer Recognition Ceremony

In accordance with MCO 1754.9B, the MCCS Volunteer Program Coordinator will serve as the central point of contact for the Annual MCCS Volunteer Recognition Ceremony in April of each year during Volunteer Appreciation Month.

Volunteer Opportunities Include:

- English Discussion Classes
- Coupon Cutting and Sorting
- Beach and Perimeter Clean-ups
- Marine Gift Shop and Marine Thrift Store
- MCCS Programs
(Special Events, Youth Sports, Semper Fit, Library)
- Navy-Marine Corps Relief Society
- Animal Shelters
- USO
- American Red Cross

For more information, contact the MCCS VPC at:

- Phone: DSN 645-3749 or Off-base 098-970-3749
- Email: volunteernow@okinawa.usmc-mccs.org
- Website: www.okinawa.usmc-mccs.org/volunteer
- Facebook: [@mccsokinawa.marineandfamily](https://www.facebook.com/mccsokinawa.marineandfamily)

Find volunteer opportunities and upcoming workshops at:

www.okinawa.usmc-mccs.org/marine-family-support/volunteer-opportunities or email us at volunteernow@okinawa.usmc-mccs.org to receive the monthly volunteer Newsletter.

Volunteer information is sent to all Deployment and Uniformed Readiness Coordinators and to those who request to join the distribution list (anyone on island can be added upon request).



Voluntary Education Program

The Voluntary Education Program provides educational opportunities for Marines, Sailors, and family members. Students may begin or complete their undergraduate and graduate degrees via traditional, face-to-face classes on Okinawa through one of two contracted colleges or universities or pursue online learning through a network of regionally accredited institutions. The two schools on-island are: University of Maryland Global Campus and Embry-Riddle Aeronautical University.

There are six MCCS Education Centers on Okinawa staffed with Education Services Specialists, Personal & Professional Development Advisors, and Education Technicians to assist and provide briefs on:

- Marine Corps Tuition Assistance
- Free Application for Federal Student Aid (FAFSA) Application
- Scholarship Searches
- GI Bill Benefits
- MYCAA and Spouse Education and Career Opportunities (SECO) for military spouses
- Joint Services Transcript (JST) review and evaluation
- Commissioning Programs
- United Services Military Apprenticeship Program (USMAP)
- Marine Corps Credentialing Opportunities On-Line (MCCOOL)
- Leadership Scholar Program (LSP)
- Managing Your Education (MYE): Track for transitioning Marines who plan to enter college after completion of active-duty service (Also open to spouses).



The Camp Foster Testing Office provides Marine Corps Military Classification Testing, Pearson Vue, and other certification testing. Popular exams available are:

- Military Classification Exams:
 - Armed Forces Classification Test (AFCT) (ASVAB in-service test)
 - Aviation Selection Test Battery (ASTB)
 - Defense Language Aptitude Battery (DLAB)
 - Defense Language Proficiency Test (DLPT)
 - Oral Proficiency Interview (OPI)
 - Air University
- Pearson Vue/Certification exams:
 - Project Management (PMI- PMP)
 - Comp Tia
 - Microsoft
 - Teacher certification
 - Medical certification (nursing, physician, lab technician)
- Law School Admissions Test (LSAT)
- College Level Examination Program (CLEP) and DANTES Subject Standardized Test (DSST) exams offered through UMGC’s National Testing Center

Voluntary Education Program Contact Information:

Camp	Phone	Building	Hours of Operation
Foster	645-7160/3486	5679	Mon-Fri 0730-1630
Courtney	622-9694	4425	Mon-Fri 0730-1630
Hansen	623-4376	2339	Mon-Fri 0730-1630
Kinser	637-1821	1220	Mon-Fri 0730-1630
Schwab	625-2046	3000	Mon-Fri 0730-1630
MCAS Futenma	636-3036	407	Mon-Fri 0730-1630



Library Program

Collections

Over 115,000 Books
Over 25,000 DVDs
4,200 Audiobooks
Military Professional Reading Collections
Over 3,000 Video Games
Graphic Novels and Comics Books
Magazines & Newspapers
Musical Instruments, GoPros, Ozobots, NAO Robots & more!

Library Events

Summer Reading Program
Family Programs
Guest Speakers
Weekly Children's Programs
Weekly Adult Programs
Japanese Language Programs
Featured Artist Exhibits
Monthly Book Club Discussion

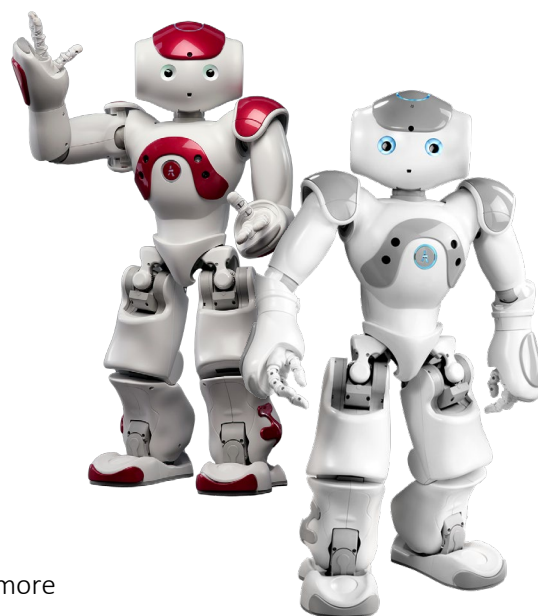


Library Services

CAC enabled Computers with internet access/Free Wi-Fi
Printing up to 15 pages per day (patrons may supply copy paper if more pages are needed)
Copier service up to 15 pages per day (patrons may supply copy paper if more pages are needed)
Conference rooms and meeting spaces
Gaming consoles (Xbox One, PlayStation 5, and Oculus)
3D Printing and MakerSpace Equipment
Virtual Reality Lab
Inter-library Loans
Patron Requests accepted for library materials
Sound softening workstations for small groups and individuals
Vinyl Cutting & Large Format Printer

Electronic Resources

EBSCO/GALE research databases
Mango Languages
Universal Class
Freegal Music Streaming
Kanopy Movie Streaming
DoD Test Prep
Libby DoD Digital Library ebooks, audiobooks, magazines, and more



Library Policies

MCCS Library materials can be borrowed for three weeks and may be renewed twice. Library Account Holders may have the following checked out to their account: Unlimited books, up to ten DVDs, CDs, audiobooks, Playaways, and up to two video games/launchpads. Lost or damaged materials are the responsibility of the sponsor. All materials must be returned to MCCS Libraries before checkouts can be authorized.

Innovation Lab: The MCCS Innovation Labs, currently located at all MCCS Libraries, provide an opportunity for the Marine Corps Community to learn about 3D printing, robotics, coding, and much more. Exciting library programs highlight opportunities to learn and use this equipment for children, teens, and adults. Visit one of the MCCS Innovation Labs and broaden your horizons in the areas of Science, Technology, Engineering, and Mathematics (STEM).

Adults: Each MCCS Library offers adult programs including arts and crafts, Japanese language and culture, trivia nights, book club discussions, one-page role playing games (RPG) and more. More details can be found at www.okinawa.usmc-mccs.org/marine-family-support/libraries or at your local MCCS library.

Children Programs: All family libraries located at Courtney, Foster, and Kinser offer weekly stories of **Preschool Storytimes:** Recommended for children 3-5 and **Babies and Toddlers:** Recommended for children 0-3. These interactive storytimes offer introductions to literacy, listening skills, and so much more! Our libraries also offer special storytimes throughout the year that celebrate Japanese holidays, animals, popular book series, and more!

School Aged Programs: Innovative programs introduce school aged children to STEM through circuitry, coding, and Ozobot.

Tweens & Teens: Tweens and Teens, 10-18 years old, are invited to join us at Courtney, Foster, and Kinser libraries for book club and teen programs.



MCCS Libraries are open 365 days of the year:

Camp	Phone	Building	Hours of Operation
Foster	645-7178	5679	Daily 0900-2000
Courtney	622-9280	4453	Daily 1000-1900; Closed Sat; Sun 1000-1500
Hansen	623-7372	2339	Mon-Fri 0900-2000; Sat & Sun 1500-2000
Kinser	637-1039	1311	Mon-Fri 1000-1900; Sat 1000-1500, Closed Sun
Schwab	625-2518	3000	Mon-Fri 1000-1900; Sat 0900-1400, Closed Sun
Futenma	636-3946	403	Mon-Fri 0800-1700; Closed Sat; Sun 0900-1400
Fuji	224-8448	110	Daily 1030-1900
Mujuk	763-6983	2002& 2003	Mon-Fri 1000-1900

Behavioral Health Branch

Hours: Monday to Friday, 0730 – 1630

Community Counseling Program (BH-CCP)

The BH-CCP provides short-term, solution focused, non-medical counseling. The BH-CCP offers individual, couple, family, and group therapy.

Marine Intercept Program

The Marine Intercept Program (MIP) is a voluntary program provided by BH-CCP for Marines who are identified as having a suicide ideation or a suicide attempt. MIP is an evidence-informed, targeted intervention that provides care coordination, caring contacts, ongoing suicide risk assessment, increased coping skills through application of a safety plan, and communication with command. CCP MIP care managers contact the Marine at days 1, 3, 7, 14, 30, 60, and 90 after acceptance of MIP Services. After each contact, the CCP MIP care managers update the unit Commanding Officer, Executive Officer, or Sergeant Major.

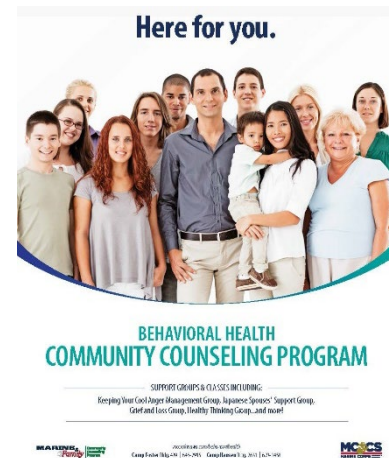
Locations:

Counseling services are available on Camps Foster (Bldg. 439), Hansen (Bldg. 2631).

Group therapy is available on Camp Foster (Bldg. 439) and Camp Hansen (Bldg. 2631).

Walk-in appointments are available at Camps Foster & Hansen from 0800 to 1100 and 1300 to 1600 Monday to Friday (Closed on holidays).

Contact: Camp Foster (645-2915) and Camp Hansen (623-1458)



Substance Assessment and Counseling Program (BH-SACP)

The BH-SACP works to promote and maintain operational readiness of the U.S. Marine Corps through prevention, education, and counseling of active-duty Marines, attached Sailors, and their adult dependents with substance misuse and gambling problems. Services include:

- **Outreach & education for military commands** – The drug demand reduction coordinator (DDRC) and substance abuse prevention specialists offer outreach and education programs tailored to meet the needs of individual commands.
- **SACO Training** – The DDRC also trains, certifies, and mentors SACOs in the performance of their duties.
- **Prevention education** – Prime for Life (PFL) 4.5 hours substance-use interactive prevention class for at-risk Marines and Sailors.
- **Early intervention** – PFL 16 hours intervention interactive course offered for individuals who have experienced a substance-related incident and/or are already making high-risk alcohol and drug choices.

- **Assessment** – Determines the severity of substance misuse, gambling problems, and makes appropriate service recommendations.
- **Counseling** – Service offered to clients who have been assessed and identified with a mild substance misuse and/or gambling problem. Counseling is at least six weeks and consists of an average of one to eight hours of education and group work each week.
- **Aftercare Counseling** - provides individualized, ongoing, regular structure to support the client who attended Outpatient Counseling and needs reinforcement to maintain low risk behaviors.

Locations:

- Prevention services available on all Marine Corps Camps on Okinawa.
- Self-Referrals may call or walk in during office hours for information/services.
- Clinical counseling services available on Camp Foster (Bldg. 440), Camp Hansen (Bldg. 2631), and Camp Schwab (Bldg. 3000, Room PS11)

Contact:

- Camp Foster: 645-3009
- Camp Hansen: 623-1490
- Camp Schwab: 625-3424



Family Advocacy Program (BH-FAP)

The BH-FAP provides prevention and treatment programs to support couples and families at risk for or experiencing domestic violence, child abuse and neglect, and problematic sexual behavior of children/youth. Programs offered are victim advocacy, prevention and education, clinical counseling, and the New Parent Support Program. Services offered are individual, couple, family counseling, group counseling, home visitation, and classroom education.

Commanders training on the Family Advocacy Program and Incident Determination Committee are available: Contact Prevention Education at 645-2915 or email at fapprevention@usmc.mil.

Incident Determination Committee (IDC) Training

The IDC is an administrative meeting to review cases of domestic violence and child abuse to determine if they meet the Department of Defense definition of abuse. The meeting is chaired by the Installation Deputy Commander and a panel of representatives from Family Advocacy, PMO, SJA, USNH, and a Command representative of the service member. Training is available for unit commanders/representatives who serve as the command representative at the IDC. This training also satisfies the requirement that commanders receive training on Child Abuse and Domestic Violence prevention. Commanders training on the Family Advocacy Program and Incident Determination Committee is available: Contact Prevention Education at 645-2915 or email at fapprevention@usmc.mil.

Semper Fit Branch

Fitness and Health Promotion

FITNESS CENTERS

All fitness centers are 24/7 access with a combination of staffed and unstaffed hours. All facilities are equipped with strength machines, free weights, and cardiovascular equipment. Some facilities also have saunas, steam rooms, aerobics rooms, outdoor HITT centers, and indoor HITT centers. Outdoor athletic fields and sports courts are also available on various installations throughout Okinawa.

Fitness Centers	Phone	Building	Hours of Operation
Camp Foster Gunnery Fitness Center	645-3985	5902	Staffed: 0500-2200 Unstaffed: 2200-0500
Camp Courtney Ironworks Fitness Center	622-9221	4451	Staffed: 0500-2200 Unstaffed: 2200-0500
Camp Hansen Hansen House of Pain -Main	623-4831	2431	Staffed: 0500-2200 Unstaffed: 2200-0500
Camp Hansen Hansen House of Pain - North	623-2701	2828	Staffed: 0500-2200 Unstaffed: 2200-0500
Camp Kinser Kinser Fitness Center	637-1114	1307	Staffed: 0500-2200 Unstaffed: 2200-0500
Camp Schwab Power Dome Fitness Center	625-2442/2618	3450	Staffed: 0500-2200 Unstaffed: 2200-0500
MCAS Futenma Semper Fit Fitness Center	636-2674	159	Staffed: 0500-2200 Unstaffed: 2200-0500
MCAS Futenma McCutcheon Gym	636-3241	303	Staffed: 0500-2200 Unstaffed: 2200-0500
Camp Fuji Big Guns Gym	224-8488	127	Staffed: 0500-2200 Unstaffed: 2200-0500
Camp Mujuk Camp Mujuk Gym	763-6844	1106	Staffed: 0500-2200 Unstaffed: 2200-0500
Health Promotion Program Office	645-3910	970	Mon-Fri 0730-1630 Closed Sat, Sun, and Holidays

PROGRAMS

- Outdoor Recreation Equipment Rental
- Group Fitness Classes (FREE)
- Personal Training
- Fitness Assessments
- Massage Therapy
- Martial Arts Classes
- HITT Classes and Small Unit Leaders Courses
- Wellness Education (available upon request for individual, small groups, and unit briefs)
 - Nutrition and Weight Management
 - Resting Metabolic Rate Testing
 - Sleep and Recovery Coaching
 - Tobacco Cessation
 - Sexual Health Awareness
 - Commissary Tours



Sports

YOUTH SPORTS

- Soccer, Baseball, Softball, Basketball, Cheerleading
- Open to all youth ages 5-18 years
- Volunteer opportunities for head coaches and assistant coaches
- Offered on Camps Kinser, Foster, and Courtney
- Intercultural Games



ADULT SPORTS

- Combined Commanding General's Cup Tournaments (Basketball, Soccer, Flag Football, Softball, Bowling, Golf)
- Open Tournaments (Team Sports, Individual Sports, and Power Sports)
- Races (Running, Cycling, Triathlon)



EXCELLENCE GYMNASTICS ACADEMY (EGA)

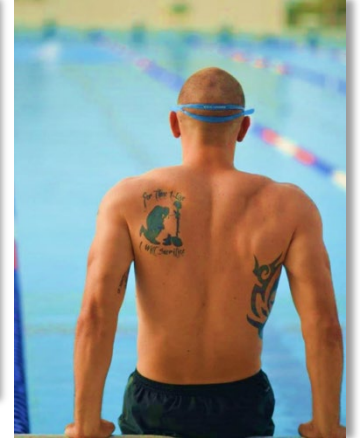
- Located at Gunners Fitness Center
- Preschool Gymnastics (10 months – 4 years)
- Recreational Gymnastics (5 – 18 years)
- Adult Gymnastics
- No School Day Camps
- Summer/Winter Camps
- Birthday Parties
- Competitive Gymnastics (travels to international competitions in USA, Thailand, and Philippines).



Aquatics

HEATED YEAR-ROUND POOLS

- Foster 50-meter pool (under construction)
- Hansen 25-meter pool (UET)
- Hansen 50-meter pool
- Schwab 50-meter pool
- Courtney 25-meter pool (under construction)



SEASONAL POOLS

- Kinser 50-meter pool
- Futenma 25-meter pool
- Plaza 25-meter pool
- McTureous 25-meter pool



PROGRAMS

- Okinawa Dolphins Swim Team
- Swim Survival Skills Training (S3T)
- Triathlon Training Program
- Dive-in Movies
- Swim Meets

Hours of operation vary by location and season.

Please check <https://www.okinawa.usmc-mccs.org/recreation-fitness/swimming/pools> for current hours of operation.



Single Marine Program

Mission: The Single Marine Program (SMP), governed by MCO 1700.36B, fosters personal and professional growth in single Marines through Quality of Life (QOL) advocacy, engaging in community opportunities through volunteerism and recreation activities. The SMP enhances total force readiness by providing single Marines with opportunities to develop life skills, improve their general health, resilience, and morale while empowering SMP leaders to serve as advocates for their units and peers

The three components of the Single Marine Program:

Quality of Life (QOL): SMP contributes to the improvement of total force readiness, job performance, and retention by supporting the enhancement of QOL for all single or unaccompanied Marines and Sailors. Each camp has its own Single Marine Program Council and elected council/representative meetings to address QOL recommendations/concerns and initiatives.

Recreation: Each camp has its own unique facilities with a variety of video game centers, full body massage chairs, movie theater rooms, recreational rooms equipped with pool tables, air hockey, poker tables, dart machines, arcade games, and more!

SMP provides numerous recreational activities within these facilities and on and off base to include, but not limited to:

- Free Food Events: Munchies Monday, Tasty Tuesday, Wing Wednesday, Starvin' Marvin, Freebie Friday, Burger Day, Curry Night, Barracks Bashes, and more
- Recreational Trips: Hiking, Paintball, Kayaking, Snorkeling, Deep Sea Fishing, Cave Exploring, Historical Tours, Neighbor island trips, Amusement/Theme park trips, Mainland trips, and more
- Cultural Festivals: Cherry Blossom Festival, Lantern Festival, Dragon Boat Races, Naha Tug of War, and more
- Friendly Competitions: Billiards, Magic the Gathering, Chess, Video Game Tournaments, and more
- Life Skills Development Classes: Wellness Wednesdays, Financial Classes, and more!

Community Involvement: The SMP offers diverse volunteering opportunities on and off base, including: base cleanups, beach/community cleanups, sporting/special event support, blood drives, mentoring, tutoring, language/cultural exchanges, and more.



Single Marine Program Centers

Camp	Phone	Building	Hours of Operation
Camp Kinser	637-3258	1220	Mon-Sat: 1000-1900 Sun: Closed
MCAS Futenma	636-1015	103/104	Mon-Sat: 1000-1900 Sun: Closed
Camp Foster	645-3681	5908	Mon-Fri: 0730-2000 Sat: 1100-2000 Sun: Closed
Camp Courtney	622-7105	4423	Mon-Sat, Hol: 1000-1900 Sun: Closed
Camp Hansen	623-3017	2377	Mon-Fri: 1000-1900 Sat: 1100-2000 Sun: Closed
Camp Schwab	625-1119	3429	Mon-Thu: 1000-1900 Fri: 1000-2100 Sat: 1200-1900 Sun: Closed
Camp Fuji	224-8488	1013	Mon-Fri: 0730-1900 Sat-Sun: 1000-1900
Camp Mujuk	763-6844	414	Mon-Fri: 0700-1600 Sat-Sun: Closed



Family Care Branch

Child and Youth Programs (CYP): MCCS Child and Youth Programs (CYP) provide safe, healthy, and developmentally appropriate learning environments and recreation opportunities for families stationed in Okinawa. Parents can register online at militarychildcare.com. The cost of care for the CDC and SAC programs is determined by Total Family Income (TFI) and is subsidized for qualifying families.

Child Development Centers (CDC): CDCs provide full time care for children ages 6 weeks to 5 years. Ashibina and Chimugukuru CDCs are located on Camp Foster, Yuimaru CDC is on Camp Kinser, and Chura Warabi CDC is on Camp Courtney. The centers are accredited through the National Association for the Education of Young Children (NAEYC) and certified by Department of Defense.

School Age Care Centers (SAC):

SAC Centers provide before and/or after school care and full day care during the summer and school holidays for children ages 5-12. There are SAC programs on Camps Foster, Kinser, and McTureous. The centers are accredited through the Council on Accreditation (COA) and certified by the Department of Defense.

Youth and Teen Programs: The Youth and Teen Programs serve children from ages 10-12 and 13-18 on Camps Foster, Courtney, and Kinser. All Youth and Teen programs are affiliated with the Boys and Girls Clubs of America and offer a variety of clubs, field trips, and special events. All Youth and Teen Programs are certified by the Department of Defense. There is an annual fee of \$24 to use these facilities.

Family Child Care Providers (FCC): FCCs provide childcare for children ages 6 weeks to 12 years in a home setting. These providers receive the same training, undergo inspections, and uphold the rigorous standards of the CDC and SAC programs in a smaller domestic environment. Please contact Resource and Referral for more information about these programs.



Family Care Center	Phone	Bldg.	Hours of Operation
CYP Headquarters	645-4505	495	Mon-Fri: 0730-1630
Courtney CDC	622-7751	4456	Mon-Fri: 0600-1800
Courtney Youth/Teen Center	622-9702	4446	Mon-Fri- After School-1800
McTureous SAC	622-9049	5206	Mon-Fri: 0600-0800 & 1500-1800
Foster CDC (Ashibina)	645-5072	1680	Mon-Fri: 0600-1800
Foster CDC (Chimugukuru)	645-2549	499	Mon-Fri: 0600-1800
Foster SAC	645-7301	1620	Mon-Fri: 0600-0800 & 1345-1800
Foster Teen Center	645-1004	200	Mon-Fri- After School-1800
Foster Youth Center	645-8015	24	Mon-Fri- After School-1800
Kinser CDC	637-2296	864/866	Mon-Fri: 0600-1800
Kinser SAC	637-3760	1091	Mon - Fri: 0600-0800 & 1500-1800
Kinser Youth/Teen Center	637-1755	1316	Mon-Fri- After School-1800





School Liaison Officer

The Marine Corps School Liaison Officer (SLO) is the critical link between Command, school, community, and families of military school-age children to improve educational outcomes, quality of life and operational readiness.

The SLO promotes awareness of the unique educational needs of military connected children, to identify and coordinate community resources, and to implement predictable support services that assist children/youth with relocations, life transitions, and academic success.

The SLO provides a wide range of support/resources that facilitate successful school transitions for parents, students, schools, commanders, and communities.

- Point of contact for Command, 13 DoDEA Okinawa schools, DoDEA District Superintendent and DoDEA Pacific Region Leadership.
- Develop, coordinate, and engage in school and community partnership initiatives that foster academic success.
- Increase educator and community awareness of the Marine Corps mission.
- Serve as the commander's subject matter expert and point of contact for K-12 education related matters.
- Provide military families and student's school transition and academic support information and resources.
- Point of contact for all matters related to the education of military connected students, including homeschool.
- Facilitates a parental, military, and school partnership to provide sustained quality education to military students on Okinawa.
- Serves as a conduit to the military community and military protocol to school administrators and DoDEA Okinawa leadership.
- Identifies barriers to academic success and promotes parental involvement.
- Promotes and enhances Education Services and Programs.
- Ensures school age family members and schools are supported by Command.

Contact Information:

Main Office: Camp Foster Bldg. 495 DSN: 645-3205

EMAIL: schoolliaison@okinawa.usmc-mccs.org

WEB: <https://www.okinawa.usmc-mccs.org/marine-family-support/child-and-youth/k-12-school-liaison-program>

Like us on FACEBOOK: www.facebook.com/mccsokinawa.slo

Exceptional Family Member Program

The Marine Corps Exceptional Family Member Program (EFMP) is a mandatory program designed to coordinate PCS assignments for active duty sponsors that ensures the availability and accessibility of necessary services for exceptional family members. The primary purpose of the Marine Corps EFMP is to ensure continuum of care for eligible Marine Corps family members by identifying families with special needs and maximizing confidentiality and the provision of services to enhance the quality of life provided to the Marine Corps family in order to meet the mission of the Marine Corps. EFMP has three components: (1) Identification and enrollment of a family member with special medical or educational needs, (2) Assignment coordination to determine the availability of services at the projected duty station, and (3) Family support services to help families identify and access programs and services.

Eligibility Requirements: Family members enrolled as dependents in the Marine Corps Total Force System (MCTFS) and the Defense Eligibility Enrollment Reporting System (DEERS), who legally reside with the sponsor and who have a qualifying condition identified during routine healthcare, self-identification, suitability screening, educational services, and/or other sources, may enroll (per DoDI 1315.19 and MCO 1754.4C) in EFMP.

Benefits of Enrollment:

Assignment coordination
Assigned Family Case Worker (FCW)
Relocation assistance
Eligibility for respite care reimbursement for Level of Need (LoN) 3 and LoN 4 EFMs
Workshops and trainings
Support at Individual Education Program (IEP) meetings
EFMP attorney assistance MCI West Attorney (MCB Camp Pendleton), National Capital Region (NCR) Attorney, MCI East Attorney (MCB Camp Lejeune and MCAS New River, MCI PCI Attorney (MCB Hawaii)
Resources, referrals, and more!
Special housing considerations, based on medical necessity

Contact Information:

Main Office: Camp Foster Bldg. 495, Room 100, DSN: 645-9237
Camp Kinser Office: Bldg. 1316, DSN: 637-3516
Camp Courtney Office: 4448, DSN: 622-9794

Email: efmp@okinawa.usmc-mccs.org

Web: www.mccsokinawa.com/efmp



EFMP Exceptional Family Member Program

Administrative Support

MCCS also provides Administrative Support for commanders for the following resources:

Deployment Readiness Coordinator (DRC)

Embedded Behavioral Health Prevention Capability (EBHPC)

Sexual Assault Prevention and Response (SAPR)

Military Family Life Counselor (MFLC)

In accordance with appropriate MCOs, personnel policy manuals, and other locally established directives, MCCS provides recommendations to commands regarding:

Administration of hiring practices

Pay and benefits

Personnel actions

Training

Other human resource functions.

Office	Phone	Building	Hours of Operation
MCCS NAF HRO	645-3052	5966	Mon-Fri: 0730-1630





Website Links

www.okinawa.usmc-mccs.org

www.facebook.com/mccsokinawa/

Questions?

Contact Information, Referral, and Relocation

Foster

645-2104

Schwab

625-2622

Courtney

622-7332

Hansen

623-4522

Kinser

637-2815