

# OKINAWA

V I N G



SHĪSĀ—  
THE  
LION DOGS  
OF THE RYUKYU  
KINGDOM

# Mamma Mia!

## IT'S MOTHER'S DAY!

Celebrate Mom with a  
Special Brunch Buffet  
May 10

Treat the amazing moms in your life to a delicious Mother's Day brunch experience featuring an abundant buffet of brunch favorites, chef-prepared specialties, sweet desserts and a festive MOM-mosa & Bellini Station to toast the occasion.

Tengan Castle  
Butler Officers' Club  
Kinser Surfside

Adults: \$21.95 • Children (5-11): \$10.95 • Children 4 & Under: FREE

Reservations are highly recommended and are available via Eventbrite.



[www.okinawa.usmc-mccs.org/clubs](http://www.okinawa.usmc-mccs.org/clubs)

# contents

May 2026



## features

**8**  
Summer of Festivals

**16**  
Shisā— The Lion Dogs  
of the Ryukyu Kingdom

**56**  
Grab n' Go  
Boulangeries

## restaurant review

**42**  
EL RINCON DE LA  
MEXICOLA  
Mexican Cuisine in the  
Heart of Naha

## fitness + fun

**27**  
On Final Approach to...  
...the Futenma Flight Line  
Fair!

**29**  
May is Physical  
Fitness Month  
Get Up, Get Moving,  
Get Healthy!

## marines + families

**33**  
Military Spouse  
Appreciation Celebration  
With Marine Corps Family  
Team Building

**37**  
Invest in Your Future  
Education & Employment  
Workshop

## dining + entertainment

**39**  
Mother's Day Brunches...  
...Because SHE Deserves  
the Best

**41**  
May the Fourth...  
...Be with You!

## kids + parents

**45**  
Batter-Up for...  
...Youth Baseball &  
Softball Registration

**47**  
Parents in Uniform Brief  
Helping You and Your  
Most Precious Gift

## services

**51**  
Typhoon Motors May Sales  
Laser Alignment,  
Subwoofers and More!

**53**  
Earn Your Independence  
Get Licensed to Drive on  
Okinawa

## extras

**5**  
Mensôre

**7**  
Feedback

**69**  
Living on Okinawa

**70**  
Marketplace Guide



COVER ILLUSTRATION BY TAYLOR MCFARLANE

## On the cover

Shisā are pretty common on Okinawa, but did you know that they're pretty good protection from sea dragons?

BALANCE in

# Medicine & BEAUTY

DISCOVER THE JOY OF BODY CONTOURING

**BOTOX**  
**50% OFF**  
every morning  
from Tuesday  
through Friday

**Sciton BBL HERO**  
Available



BBL HERO treats pigmentation, sun damage and redness on both the face and the body.



Ken Arashiro, M.D., Ph.D. and Eisaku Takahara, M.D., Ph.D., both board-certified Aesthetic and Plastic Surgeons, provide appropriate and advanced medical services in a high-quality space that inspires comfort and confidence.



Active Member of The American Society for Aesthetic and Plastic Surgery (ASAPS) and The International Society of Aesthetic and Plastic Surgery (ISAPS)

## A VARIETY OF PROCEDURES ARE AVAILABLE

- |  |  |   |  |
|--|--|---|--|
| <b>Body</b>  | <b>Breast Surgery</b>  | <b>Face</b>   |  |
| <ul style="list-style-type: none"> <li>■ Liposuction</li> <li>■ Tummy Tuck (Abdominoplasty)</li> <li>■ Arm Lift (Brachioplasty)</li> <li>■ Thigh Lift</li> <li>■ Buttock Lift</li> <li>■ Mole Removal</li> <li>■ Laser Hair Removal</li> </ul> | <ul style="list-style-type: none"> <li>■ Breast Augmentation</li> <li>■ Breast Reduction</li> <li>■ Breast Lift</li> <li>■ Inverted Nipple Repair</li> <li>■ Implant Revision</li> <li>■ Fat Transfer</li> </ul> | <ul style="list-style-type: none"> <li>■ Face Lift</li> <li>■ Neck Lift</li> <li>■ Thread Lift</li> <li>■ Blepharoplasty</li> <li>■ Brow Lift</li> <li>■ Rhinoplasty</li> </ul> | <ul style="list-style-type: none"> <li>■ Lip Augmentation</li> <li>■ Botox &amp; Skin Fillers</li> <li>■ Spot &amp; Wrinkle Treatment</li> <li>■ Advanced Skin Care by SOTHYS</li> <li>■ HIFU</li> <li>■ Acne Treatment</li> </ul> |

# PLASTIC SURGERY KC

## 098-866-5151

Open 9:30 a.m.–5:30 p.m. Tuesday through Sunday  
Closed Mondays & Japanese Holidays  
Consultation Fee: ¥3,300  
Google Map Coordinates: 26.215782, 127.678933



Check out our website and Instagram for more details.

[WWW.KOKORO-MANZOKU.COM/EN/](http://WWW.KOKORO-MANZOKU.COM/EN/)

# FC RYUKYU × US FRIENDSHIP DAY

EXPERIENCE SOCCER AND OKINAWAN CULTURE

空手  
Karate show

FW 26  
CAL JENNINGS  
FROM USA 🇺🇸

エイサー  
Okinawan  
traditional Eisa

書道  
Calligraphy performance



慈惠夢園  
James

呂場都  
Robert

Your Kanji Name  
Sticker Creation

Let's go  
to the stadium  
to cheer for Cal!

5.17 [SUN]  
18:00



VS



KICK OFF

@ OKINAWA PREFECTURE ATHLETIC STADIUM (5-3-1, HIYAGON, OKINAWA CITY)



**FREE GIVEAWAY** SPECIAL HEADBAND

**HACHI MAKI**

LIMITED TO 1000

**LET'S ENJOY THE FOOD & DRINK!**

**WAGYU BEEF**

**MEAT SUSHI**

and **DRINK!**

**FC RYUKYU OKINAWA** TICKET INFORMATION

ON BASE

MCCS TOURS+

ONLINE



**mbc**

INTERNET • CABLE TV

# **FIBER BROADBAND** **INTERNET**

*The **FASTEST** Internet on ALL Bases*

## **GET INTERNET**

AS **EASY** AS **1-2-3**

- 1** Sign Up Online at [MBCOkinawa.net](http://MBCOkinawa.net) or in-person at any on-base office.
- 2** Pick Up equipment in one of our offices or schedule a delivery right to your door.
- 3** Complete a **FREE & EASY** Self-Installation for immediate activation!



IT'S **EASY**  
TO GET MBC  
**CONTACT US ORDER SERVICES**

[mbcokinawa.net](http://mbcokinawa.net)

Paid ad. No federal endorsement of advertiser intended.

**COMMANDING GENERAL, MCIPAC**  
Major General Brian N. Wolford

**ASSISTANT CHIEF OF STAFF, MCCS, MCIPAC**  
Michael S. Gieseck

**DEPUTY ASSISTANT CHIEF OF STAFF, MCCS MCIPAC**  
**DIRECTOR, MCCS, MCB BUTLER**  
Hyun Woo Chang

**DEPUTY MCCS DIRECTOR**  
**BUSINESS & SUPPORT, MCB BUTLER**  
Christopher G. Cowderoy

**DEPUTY MCCS DIRECTOR MARINE & FAMILY**  
**PROGRAMS, MCB BUTLER**  
**REGIONAL CHIEF, NAF HUMAN RESOURCES**  
Jerry W. Bosken

**CHIEF MARKETING OFFICER**  
Bobbie Brock

**EDITOR-IN-CHIEF**  
Mike Daley

**MCCS ART DIRECTOR**  
Henry C. Ortega

**GRAPHIC DESIGNERS**  
Alora Wilson, Airi Igarashi, James Riehl  
Taylor McFarlane, Danielle Bedard, Nina Son-Lagos

**DIGITAL MARKETING MANAGER**  
Thomas Alan Smilie

**PHOTOGRAPHERS/VIDEOGRAPHERS**  
Mia Cox, Alex Steward

**EDITORIAL**  
Swetha Gogue, Laura C. Pita

**DIGITAL & SOCIAL MEDIA**  
Tiara Supakit, Paige Nielsen

**CULTURAL RESEARCH SPECIALIST**  
Ayako Kawamitsu

**ADVERTISING SALES & SPONSORSHIP MANAGER**  
John Dailey

**ADVERTISING SALES & SPONSORSHIP**  
Yoshihiro Shinzato, Hiromitsu Horikawa  
Tsumotomo McCoy, Hiroko Poole, Wataru Yamanoha

**MARKETING ACCOUNTS MANAGER**  
Andrew Menges

**MARKETING ACCOUNTS**  
Amber A. Padilla, Marissa DeSmet, Julian Hong

**DISTRIBUTION**  
Shohei Ikene, Homare Hanashiro

**We welcome your comments.**

Please send letters to [editor@okinawa.usmc-mccs.org](mailto:editor@okinawa.usmc-mccs.org)

**For advertising | 広告掲載のお問い合わせ (日本語可)**  
098-970-2245 (phone)  
[sales@okinawa.usmc-mccs.org](mailto:sales@okinawa.usmc-mccs.org) (email)

**See our advertising rates at**  
[www.okinawa.usmc-mccs.org/advertise](http://www.okinawa.usmc-mccs.org/advertise)

**MCCS MARKETING BRANCH**  
MCB Camp S.D. Butler OPC 557 Box 40, FPO AP 96371-9001



Okinawa Living is published by MCCS Marketing. Its purpose is to inform the military and civilian community about events and programs offered by MCCS or available in the local market. Dates and times may change. Copyright ©2026 by MCCS. All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transferred in any form, by any means, electronic, photocopying, recording, or otherwise without written permission of the copyright owner. No federal or Marine Corps endorsement of advertisers and sponsors. MCCS is not responsible for editing content of non-MCCS ads.

Okinawa Living Magazine is printed with



# mensôre

Living Well in a Season of Change

Here we are, already a third of 2026 behind us, and Okinawa has wasted no time diving into summer. The heat, the humidity and the rain... all arriving with that “full send” energy that only this island can deliver. May in Okinawa offers opportunities to renew focus on healthy living, moments to honor special people in our lives and the excitement of cultural festivals like *hâri*, or dragon boat races.

For centuries, *hâri* have connected Okinawans to the sea and their ancestors. More than athletic competitions, these races are rituals of gratitude and protection. Fishermen once prayed for safety and a plentiful catch, respecting the ocean that sustained their communities. The artfully painted boats represent strength, good fortune and resilience, reminding us that wellness is physical, spiritual *and* communal.

It’s fitting that May is dedicated to both mental and physical wellness. As the island shifts into summer mode with beach days, barbecues and festivals we’re reminded that wellness is a lifestyle, not a trend. It’s something we build and protect. And part of that practice is learning to protect our mental space with the same respect Okinawans give the sea.

This month, I encourage you to reflect on the people, habits and environments that nourish you...and those that drain you. Much like the *hâri* boats rely on rhythm and unity to move forward, our well being is affected by the company we keep. Protecting your peace means setting boundaries, stepping back from toxic influences and choosing relationships that support your growth. Wellness is more than staying active or eating well; it’s emotional clarity, self respect and the courage to remove yourself from negativity. Think of it as your own *hâri*: honoring where you’ve been, protecting where you’re going and surrounding yourself with people who help you move forward with strength and happiness.

We also take this month to honor the service and resilience of our military spouses as well as celebrate the mothers who care for and ground our families. May brings Military Spouse Appreciation Month and Memorial Day—a solemn reminder of the service members who gave everything. As we gather with friends and family to honor, remember and enjoy the season, let’s also take time to care for ourselves, mind, body and spirit.

May this season bring you strength and clarity to protect your peace and move forward with purpose. **lol**



*Bobbie Brock*

Bobbie Brock  
Chief Marketing Officer



**Take us on the road**

Enjoy Okinawa Living Magazine on your favorite mobile device!  
Visit [www.okinawa.usmc-mccs.org/ol](http://www.okinawa.usmc-mccs.org/ol) for the latest issue.

• A MOTHER'S DAY •

# Le Savor

at

## TAIYO STEAKHOUSE

À LA CARTE  
BRUNCH SERVICE

7 a.m.–2:30 p.m.

Balcony Seating available  
(weather permitting)

Reservations recommended

À LA CARTE  
DINNER SERVICE

5–9 p.m.

Flowers for moms and an  
extra-special dessert—Mum's  
Apple Pie & Ice Cream!

Reservations required



Scan for full menus  
622-2020 | 098-954-2020

**TAIYO**  
STEAKHOUSE

# feedback

from the ICE Program  
and Facebook

Lexi [Robere] served as my point of contact for our Blue & Gold Banquet [at Ocean Breeze on Camp Foster], and she truly went above and beyond. She responded to every question quickly and efficiently, making the entire planning process smooth and stress-free. When we arrived at Northern Breeze for setup, it was such a wonderful surprise to see the room already beautifully prepared. While we brought in a few additional decorations, the venue itself was already set up so nicely that it exceeded our expectations. All of our requests made via email were acknowledged and fulfilled and expectations were clearly communicated from the very beginning. Everything was executed professionally and seamlessly. Thank you for making this experience so easy and enjoyable. We truly appreciate it!  
—via ICE

I am submitting this ICE comment because of how impressed I was by the service provided by the Camp Schwab Education Center. Italo [Ribeiro Ramos], constantly goes above and beyond to help all students with any questions they may have regarding the oft bloated and confusing quest of starting one's education. He always gives advice tailored to each student's needs no matter how obscure the needs may be. Whether it's about an on-island school or a stateside one, Italo will always provide valuable info and do what's best for the student. This is on top of being the literal tour guide for the building, as there are always at least a few people wandering the halls looking for a room or service.

Jeremy [Garrett] also provides an outstanding level of service to all that walk the halls of the Camp Schwab Education Center. His diligence and patience are unmatched; I have never seen a student walk away unsatisfied after an appointment with Jeremy. He consistently goes above and beyond what's expected to ensure that the student is heading in the right direction on their educational journey. These two consistently uphold the positive learning environment and culture on the camp. Without them, I am positive that their program wouldn't be such a pivotal part of Camp Schwab.  
—via ICE

We hosted our son's birthday party at the Camp Foster Bowling Center and everything went so smoothly. The facility was clean, the lanes were all working perfectly and we didn't have any issues the whole time we were there. I also wanted to recognize the cashier, Mary Rose [Tallman]. She was so polite, sweet and helpful the entire time. She had our lanes and bowling balls set up and ready for us, which made everything feel really easy and organized. It honestly made the party so much less stressful for me and my husband.  
—via ICE

## Give MCCS Feedback—ICE Program & Facebook

Let us know how we can better serve you or thank us for a job well-done. Go to [www.okinawa.usmc-mccs.org](http://www.okinawa.usmc-mccs.org) and find the ICE link in the "MORE" section of the homepage or find us on Facebook to share feedback. Comments on this page may be edited for clarity or length.

# @okilivingmag

Show us your island adventures and favorite food finds!

@calgoesmoo

Thinking back to Okinawa,  
I miss those spontaneous adventures.

📍 Ikei Island



@meeeeeg416xx

📍 SATADOドーナツ

@eshaeshabobesha

Yesterday (May 5) was Children's Day,  
or Kodomo no Hi, in Japan. It's a day  
to respect children's personalities and  
celebrate their happiness. 🇯🇵

📍 Hija River



Domo arigatou gozaimashita and thank you for your posts!  
We can't wait to see what else you love about Okinawa!

— The Okinawa Living Staff

Captions may be edited for grammar, context, length, and in some cases,  
added information to better enable readers to visit the location depicted.

OKINAWA  
GUIDE

MCCS TV  
CHANNEL 15 / 115

YouTube

f

Instagram





# SUMMER OF FESTIVALS

TEXT BY: LAURA C. PITA | LAYOUT BY: JAMES RIETH

While spring and autumn are the preferred seasons for traveling around Japan due to milder temperatures and spectacular nature displays, traveling in the summer—while uncomfortably hot and humid—has its perks. Early summer is marked by *tsuyu* (rainy season) and the later months by the celebration of *natsu matsuri* (summer festivals) throughout the country.

Summer festivals are deeply rooted in Japanese culture, with the majority of events honoring a shrine's deity or revering ancestors.

Regions have their own unique traditions, but one can expect processions of vibrant floats, portable shrines and traditional dances, food stalls (of course) and *hanabi* (fireworks) displays when attending festivals in mainland Japan.

For the ultimate festival experience, dress in a traditional *yukata* (casual summer kimono), join in on the fun by chanting and dancing along with the parade crowds. The following are some of the most popular summer festivals in Japan's major cities.



LADIES' EUROPEAN FASHION  
ROGER'S JARDIN



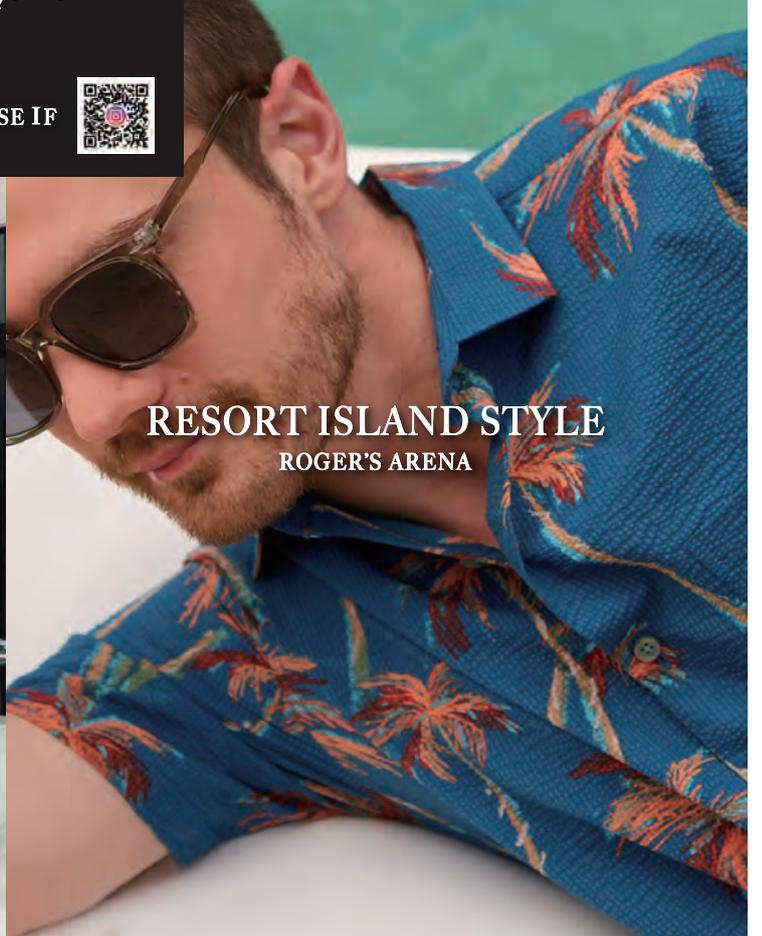
EUROPEAN SHOES  
ROGER'S PASSAGE / ARENA



PLAZA HOUSE IF



LE BAR A PARFUM  
ROGER'S PASSAGE



RESORT ISLAND STYLE  
ROGER'S ARENA



# PLAZA HOUSE 1954 KOZA

Japan's oldest shopping center, offering a world of style, taste, and travel-inspired living.





## GION MATSURI

Kyoto's famous summer festival is the midsummer celebration of Yasaka Shrine, spanning the entire month of July and including several district events. This thousand-year-old religious festival dates back to the year 869 and began as a plague-warding tradition by Emperor Seiwa.

The grand parade of floats (called Yamaboko) will take place on July 17 (9 a.m.–1 p.m.) and on July 24 (9:30–11:50 a.m.). The procession of portable shrines will also take place on July 17 (4 p.m.) and July 24 (6 p.m.) in the evening.

Additionally, the streets of downtown Kyoto will be closed to traffic and filled with food stalls during the three evenings leading up to the processions (July 14–16 and July 21–23).



## TENJIN MATSURI

Osaka's major summer festival is centered around the *kami* (god) Sugawara no Michizane (known as the god of learning) enshrined at Osaka Tenmangu Shrine and the Okawa River. This religious festival is also over a thousand years old, dating back to the year 951, to pray for prosperity and ward the city against disease.

The two-day event will take place on July 24–25, with the main event taking place on the second day. At 3:30 p.m., a land procession of portable shrines will wind through the streets of Osaka towards the river. At 6 p.m. they will be loaded onto illuminated boats for a river procession. At 7:30 p.m. the event will culminate with a 90-minute fireworks display.

# SOUTH KOREA

LABOR DAY GETAWAY

SEPT.  
4-8



For more information call 098-971-3502,  
email [tours@okinawa.usmc-mccs.org](mailto:tours@okinawa.usmc-mccs.org) or  
visit [www.okinawa.usmc-mccs.org/tours](http://www.okinawa.usmc-mccs.org/tours).





## SUMIDAGAWA HANABI TAIKAI

Tokyo's oldest and largest summer festival is held annually on the last Saturday of July and features not just *any* firework display...but an impressive competition between rival pyrotechnic groups located on either side of the Sumida River. The religious festival dates back to 1733 and was a time to pray for the end of famine and to ward off evil spirits.

The festival will take place on July 25 from 7 to 8:30 p.m., the show can be witnessed across Asakusa (near Sensōji Temple and the Tokyo Sky Tree) with main viewing areas located at Sumida Park and Shiori Park.



## KŌENJI AWA ODORI

This dance festival is one of Tokyo's largest summer events, held annually on the last weekend of August, in one of the city's coolest neighborhoods. The first Awa Odori celebrated in Kōenji took place in 1957 as a way to revitalize the small shopping streets. A parade of over 12,000 dancers take to the streets to perform *Awa odori*—a 400-year-old traditional *obon* dance native to Tokushima City—accompanied by *taiko* drums, *shamisen* and flutes.

The festival will take place on August 29–30 from 5 to 8 p.m. between JR Kōenji Station and Tokyo Metro Shin-Kōenji Station, with eight performance venues.





**BUY AND SELL**

**TOYS**



**BUY AND SELL**

**MUSICAL INSTRUMENTS**



**BUY AND SELL**

**VIDEO GAMES**



**BUY AND SELL**

**TRADING CARDS**

**BUY AND SELL**



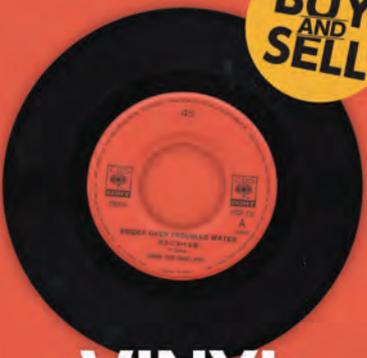
**BUY AND SELL**

**SNEAKERS**



**BUY AND SELL**

**CLOTHING**



**BUY AND SELL**

**VINYL RECORDS**



**BUY AND SELL**

**AND MORE...**



SECOND HAND SHOP

**MANGA SOUKO**

NAGO

NAHA

URASOE

AWASE

\2026.1 OPEN!\



**Come Claw It! Big Prizes,  
Bigger Smiles at  
Tore-Tore Souko Itoman**





Whether you're traveling to mainland Japan or staying on Okinawa this summer, there are countless celebrations to immerse yourself in the local culture. Make sure you bring cash, wear sun protection, breathable clothes and comfortable shoes, and most importantly, stay hydrated! ☺





# SHĪSĀ — THE LION DOGS OF THE RYUKYU KINGDOM

Text by: Mike Daley  
Layout & Illustration by: Taylor McFarlane

*“Thinking of ancient flourishing glory, I sigh for the changes of our times. But the Iron Lion still stands, while halls and palaces have turned to thorns and brambles.”*

*—Ji Ruiqi, Cangzhou Ching Period Poet*



**D**uring the days of antiquity in the East, evil apparitions, ravenous ghosts, bad luck and negative energy were all concepts that many took quite seriously. And, even though many members of modern society know that these beliefs are based on myths and superstitions, they still carry some type of charm to bring good luck, ward off evil spirits and protect the bearer from accidents, sickness and other bad occurrences. These charms can range from small and simple, to larger, more elaborate talismans.

Here on Okinawa, there are more than a few charms used for combating the forces of wickedness. And, although many visitors to the island purchase them because they consider them cute souvenirs, for many Okinawans, these “magical objects” carry much more weight than an empty superstition. If you have been out and about the island, chances are you have seen at least one of Okinawa’s most popular bodyguards from malevolence—the *shīsā*.

Those who have lived on the island for a while know that the *shīsā*, or *shi-shi* dog, came to the islands via China. It is popularly thought that this was a result of the Ryukyu Kingdom’s close and fortuitous relationship with the Chinese Empire during ancient times. However, there are many local myths and legends on the origin of the Okinawan Lion Dog as well.

Many folktales about the *shīsā* have been passed on from generation to generation. Here’s one of the more popular and entertaining tales.



# AN OKINAWAN LEGEND

It is said that many, many, many years ago on the tiny idyllic island kingdom of Ryukyu there lived a boy named Chiga-san. This dutiful and brave lad lived in the peaceful fishing village of Madanbashi in what is now known as Naha City. He spent his days helping his father fish and spent his free time with his friends on the pristine beaches of the bay which would, in many years, become known as Naha City Port.

One stormy summer morning, the peace of the village was broken by a predatory sea dragon, which proceeded to wreak havoc upon the village. And, while many brave villagers fought valiantly, they were no match for the beast, who carried off villagers in repeated attacks. As the elders dwindled, the children of the village, led by Chiga-san, joined in the village's defense.



Soon, word of the attacks reached the ears of the wise King of Ryukyu who immediately went to the village himself. Despite the youth's age, the king chose Chiga-san as his champion because of his bravery. The king gave him a small ceramic charm in the shape of a fierce lion-dog and instructed him to place it at the seashore before sunrise—which the boy did.



The following day the stormy weather broke, and as the serpent approached the shore for its morning meal, the lion-dog charm began to tremble and shake. Chiga-san and the others looked on with awe as the charm cracked open and a living, breathing lion-dog of epic proportions sprang forth with a tremendous roar that vibrated the sands for many miles around.



Former WBA World Champion Boxer

**Yoko  
Gushiken**

# WE the FUTURE.

I didn't like boxing.  
It was too hard. Too painful.  
But when I became world champion, I finally loved it.

Before every fight, I was scared.  
Of course I was.  
But you do it anyway.  
If you give everything you have, and keep going until the end, that's where the difference comes out.

From Okinawa,  
I believe many people will become number one in the world in all kinds of fields.  
I'm really looking forward to that.

With the culture and pride we've inherited,  
let's go — toward the next era yet to be seen.  
We the Future.  
PARCO CITY

PARCO CITY



Some versions of the legend state that the shīsā battled with the serpent and following the titanic clash, the shīsā emerged victorious. Others insist that the initial roar of the shīsā caused a huge rock to fall from the heavens crushing the dragon. But all agree that the island which used to be located in the center of Manko Lake (now called Gannamui Grove) is all that remains of the evil creature.

As the legend of the shīsā spread throughout the kingdom, other villages made caricatures of the charm and placed them at the entrances of their dwellings for protection. Meanwhile, Chigasan returned to his simple life of plying the sea for food and sitting on the seashore.

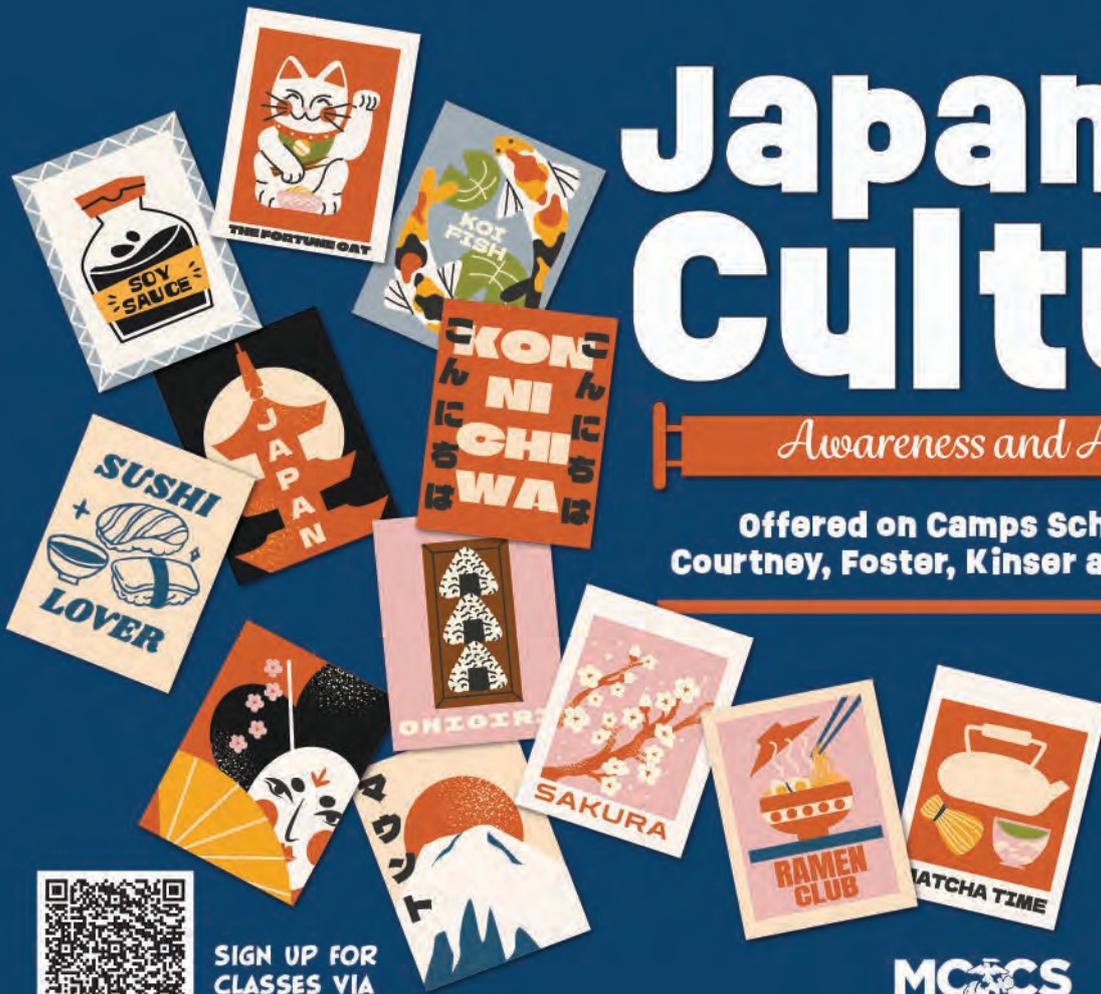
Since that fateful day, Okinawans make effigies of the fierce lion dog and place them on or near their homes for protection from evil spirits.

The shīsā placed on Madanbashi Bridge, located over Manko Lake still stares directly at Gannamui today in mute challenge.

# Japanese Culture

*Awareness and Adaptation*

Offered on Camps Schwab, Hansen, Courtney, Foster, Kinser and MCAS Futenma



SIGN UP FOR  
CLASSES VIA  
QR CODE

**MC<sup>2</sup>CS**  
MARINE CORPS  
COMMUNITY  
SERVICES

**MARINE & Family**

Information,  
Referral and  
Relocation



## FAR EAST BODYBUILDING

BEASTS OF THE EAST • OKINAWA, JAPAN

# GET READY | JULY 26



**MC<sup>2</sup>CS**  
SEMPER FIT



# THE LION OF THE EMPIRE

The Chinese word for lion-dog is “sheshi,” and lions themselves are called “she” in China (as well as in the regions west of the People’s Republic). The second “shi” in the word sheshi is a popular honorific title in China which roughly equates with the Western term for “sir” or “madam.” It is popularly believed by Okinawans that the combination of these two words slowly transformed into the terms shīsā and shi-shi.

Tributary trade with China from the Ryukyu Islands began during the second half of the 14th century. Between the 14th and the 16th centuries, the Ryukyu Kingdom became an important hub of trade routes connecting China, Japan, Korea and Southeast Asia. During this period, many ships carrying *sappōshi* (ministers from China) sailed from China to the Ryukyu Kingdom; and vessels carrying *shinkōshi* (ministers from the Ryukyu Kingdom) made frequent trips to China. It is believed that the lion-dog was introduced into the Ryukyu Kingdom through such exchanges in the areas surrounding Shuri Castle (then the center of the Ryukyu Kingdom). It is also believed that the shīsā carved onto the Hōsei-bashi Bridge (also known as Hojyo-Bashi) in 1498 at Enkakuji Temple is the oldest lion-dog on Okinawa—a symbol of the king’s power and a guardian who watched over the souls of the royal family. The oldest and largest village-guarding shīsā remaining on Okinawa is the Tomori Stone Lion in Yaese Village (built in 1689).



In China, guardian lion statues are often seen in pairs—one female and one male. The male lion usually sits on the left, and the female on the right, and in almost all cases, both of their eyes are turned to gaze in challenge at the people seeking to pass between. Under the male lion’s right front paw rests a sphere that represents the unity of the empire, and the lioness’ left paw fondles a cub symbolizing thriving offspring. The stone spheres, captive in their mouths, represent the pearls of purity and perfection. Like their Chinese cousins, Okinawan shīsā also come as male and female pairs, one with its mouth open and the other with its jaws clenched. While they do not have spheres in their mouths, Okinawans believe that the clenched jaw of one repels bad luck, and the open mouth of the other attracts good fortune.



# How to shop at DFS

If you are planning to travel outside of Okinawa Prefecture, you can enjoy duty-free shopping up to 30 days before your travel. Even if you are travelling to Mainland Japan!



Have a boarding ticket?

Yes

No

Enjoy duty-free shopping.  
Collect at DFS, Naha Airport  
or Sea port.



Enjoy duty-paid shopping.  
Take it away now



If you don't have plans to travel, you could still enjoy duty-paid shopping at DFS.

## T GALLERIA OKINAWA 3F

4-1 Omoromachi, Naha City, Okinawa, Japan

+0120 782 460 / +81 989511398

OPENING HOURS Everyday 10AM-8PM

Parking space for 400 cars / next to Monorail Omoromachi Station



# SHĪSĀ MASTERS

Today, shīsā can be seen almost everywhere in the Ryukyu Archipelago. They come in all shapes and sizes; and while many traditional examples are quite fierce and intimidating, others have humorous facial expressions and designs.



Modern day Okinawan shīsā are made of many different materials and their construction has become something of an art form. Ceramic roof shīsā were first produced in a district of Naha City called Tsuboya (an area famous for its potters) in 1889. During this period, all ceramic shīsā were of the unglazed variety (called *arayachi*). Glazed shīsā (known as *jōyachi*) didn't begin appearing until after WWII and were souvenirs favored by visiting U.S. military personnel. Plaster shīsā made by specialized artisans known as *muchizeku* began to adorn Okinawan tiled rooftops during the turn of the century.



Out of all the different types, ceramic shīsā are probably the most popular among tourists, and many of them are still made using a technique called *tebineriseikei*, where the figure is built by hand. Each component of the medium- to large-sized shīsā (comprised of the head, body, legs and tail) is still made separately on a potter's wheel, then assembled to complete the figure before firing. The late Joga Shima is popularly recognized as the greatest producer of ceramic shīsā. His works can still be found guarding prominent public places such as Naminoue Shrine and exhibited in both the Naha City Traditional Crafts Museum and the Okinawa Prefectural Museum.



Regardless of legends and superstition, shīsā still make superb souvenirs from Okinawa to take back home and give as gifts to family and friends, as it is believed that both the goodwill and fortuitous luck of the gift-giver is transferred to the recipient. And, who knows, if the recipient happens to live near the ocean, and a sea dragon decides to invade their town, a pair of lion dogs from the Ryukyu Islands may come in handy. 101

# 2026 COMBINED COMMANDING GENERAL'S (CG) CUP INTRAMURAL SPORTS



Scan QR Code to register.

PLEASE NOTE THAT DATES ARE SUBJECT TO CHANGE.

645-3521 | (098) 970-3521

Email: [adultsports@okinawa.usmc-mccs.org](mailto:adultsports@okinawa.usmc-mccs.org)

## GOLF

Northern CC Golf	Taiyo	May 6
Southern CC Golf	Taiyo	May 7
Combined CG Golf	Taiyo	May 13-14

## 6v6 SOCCER

Southern CC 6v6 Soccer	Futenma	May 30-31
Northern CC 6v6 Soccer	Courtney	June 13-14
Combined CG 6v6 Soccer	Foster	June 27-28



# Memorial 5K RUN

...IN HONOR OF THOSE WHO SERVED AND SACRIFICED



# MAY 23

Register for \$50 (or \$10 with no t-shirt or medal included) on Eventbrite.

645-4866

[adultsports@okinawa.usmc-mccs.org](mailto:adultsports@okinawa.usmc-mccs.org) | [www.okinawa.usmc-mccs.org/adultsports](http://www.okinawa.usmc-mccs.org/adultsports)





# On Final Approach to...

...the Futenma Flight Line Fair!

This is your pilot speaking, please fasten your safety belts as we're about to arrive at a destination that offers fun for the whole family—the Futenma Flight Line Fair! Gather your family and friends and enjoy two full days of festival fun on Saturday, May 9 and Sunday, May 10 from 1 to 9 p.m. both days.

Festivalgoers can expect all their festival food favorites—including Island Grindz with their classic Hawaiian plate lunches, La Cocina with scrumptious tacos and burritos, sizzling-hot patties from Bulldogs Burgers, 305 Latin Bistro's Miami-inspired goodness, cheesy pizzas from the MCCA Pizza trailer and savory, smoked meats from Hickory House All American BBQ. Kanpai Lounge will also be selling adult beverages for patrons 20 years of age or older.

The Flight Line Fair will also feature exciting LIVE entertainment,

Fun Land rides, military aircraft and vehicle static displays and much more! This year's headliner is American rock band Third Eye Blind performing on Saturday at 7 p.m. In addition, fireworks will light up the sky at 8:15 p.m. on Saturday, and on Sunday, motor-enthusiasts should keep their eyes peeled for the car show featuring some sweet souped-up Japanese domestics (and more).

Futenma Flight Line Fair is FREE and open to DoD ID card holders, Japanese and American citizens. Access to the festival will be via Gate 1 for Japanese citizens and non-DoD personnel and Gate 3 for DoD ID card holders only (escorts not authorized at this gate); please come prepared with picture ID that shows citizenship. For more information, including the entertainment schedule, visit [www.okinawa.usmc-mccs.org/festivals](http://www.okinawa.usmc-mccs.org/festivals). 101

## Magic 10-Miler

Run the Futenma Flight Line!

Whether running has always been your preferred method of staying in shape or you've been working diligently on your long-distance runs...it is time to fully break in those new running shoes and sign up for the Magic 10-Miler!

Competitors are given the once-a-year opportunity to run on the runway, offering a truly "magical" experience of a lifetime. This event takes place on Sunday, May 10 at 7 a.m., giving runners a chance to bask in the early morning light and take in the view of the military static displays following the perimeter of the MCAS Futenma fence line before working their way back to the finish line.

The race is open to all participants 16 years and older with awards given to first, second and third place individuals in each category.

Those interested in experiencing the Magic 10-Miler can register via Eventbrite for \$50 (or for \$10 without the t-shirt or medal), SOFA personnel must register by May 6 (11:30 p.m.) and non-SOFA personnel by April 29 (11:30 p.m.). For more information on the event, visit [www.okinawa.usmc-mccs.org/adultsports](http://www.okinawa.usmc-mccs.org/adultsports) or [facebook.com/mccsokinawa.semperfit](https://facebook.com/mccsokinawa.semperfit). If you have any questions, email [adultsports@okinawa.usmc-mccs.org](mailto:adultsports@okinawa.usmc-mccs.org) or call 636-2672. 101

# Mother's Day Brunch

Sunday, May 10 | 9 a.m.-1 p.m.

Surfside Grill & Bar

\$26.95 | ages 13 and over • \$15 | ages 4-12 • Free | ages 3 and under

Join us for a delightful culinary experience as we celebrate the special women in our lives. Indulge in a lavish brunch buffet featuring an array of mouthwatering dishes, from savory classics to sweet treats, all prepared with love and care.

## A Gift of Relaxation for Mom

Treat Mom to the gift of wellness and relaxation with a massage experience she'll cherish. Book her appointment today and let her unwind in pure tranquility. She deserves it!

For more details, please call 098-962-1991 or 090-3795-8688 (8 a.m. to 5 p.m.).

## Craft for Kids

Saturday • May 9  
2-4 p.m.  
Free Program

Craft a personalized card for mom on her special day! We got the materials while you bring your imagination!

## Family Dance

Saturday • May 9  
5-9 p.m.  
Free Program  
@Surfside Grill & Bar Lounge

Spend Mother's Day showing off your dance moves with your children. All parents and children are welcome!

## Camping with Pets

May 1-3  
\$10 • Per camp spot

Pet-friendly camping at Hillside Campground and access to West Beach. Sign up at Outdoor Recreation Equipment Rental (Bldg. 121) located at South Beach. Spaces are limited and will be allocated on a first-come, first-served basis. Restrictions may apply.

\*\*Pets must be properly immunized, and proof of vaccination records are required.



Okuma Beach

Contact Information:

-  [Kadenafss.com/okuma](http://Kadenafss.com/okuma)
-  [facebook.com/theokumabeach](https://facebook.com/theokumabeach)
-  [@okumabeach](https://@okumabeach)

Okuma Beach • 631-1991

Lodging Reservations • 098-962-1991

Surfside Grill & Bar • 098-962-1805

Okuma Outdoor Recreation • 631-1815

Massage Reservations • 090-3795-8688



## Kinser Powerlifting Competition

### Do You Have What It Takes?

Attention! We are interrupting your workout to bring you a *very* important message: the Camp Kinser Powerlifting Competition is back! If you love to feel the burn of carrying kilos on kilos to push your mental limits to the max when powerlifting, then stake your strength on Sunday, June 7.

This event is open to all personnel island wide, 16 and older, and will be held at Surfside on Camp Kinser. Register via Eventbrite for \$50 per person by Wednesday, June 3 (11:30

a.m.). The Kinser Powerlifting Competition adheres to International Powerlifting Federation (IPF) rules, which can be found at [powerlifting.sport](http://powerlifting.sport) under the "Rules" tab. Awards will be given to 1st, 2nd and 3rd place categories separated by gender and weight.

For more information about this competition, call 637-1869. For more on other Semper Fit Adult Sports offerings, visit [www.okinawa.usmc-mccs.org/adultsports](http://www.okinawa.usmc-mccs.org/adultsports) or email [adultsports@okinawa.usmc-mccs.org](mailto:adultsports@okinawa.usmc-mccs.org). **!ol**

## May is Physical Fitness Month

### Get Up, Get Moving, Get Healthy!

During the month of May, National Physical Fitness and Sports Month is commemorated nationwide to promote the benefits of physical activity. This month, MCCS Health Promotion will be celebrating National Physical Fitness Month by encouraging the military community on Okinawa to get moving and explore the many ways to stay active throughout the island.

MCCS Semper Fit Fitness Centers on Camps Kinser, Foster, Courtney, Hansen, Schwab and MCAS Futenma will also be highlighting a myriad of resources and programs available to help patrons build healthy, sustainable fitness habits.

Whether you're looking to try a new workout, improve your fitness routine or simply find motivation to stay active, Physical

Fitness Month is a great time to get started. Participants can discover a variety of group fitness classes, learn practical wellness tips through Health Promotion's Facebook page and take part in weekly themed activities designed to promote strength, endurance and overall well-being.

Open to all base patrons ages 18 and older, this month-long initiative aims to raise awareness about the powerful benefits of regular physical activity and the many FREE resources available. Stop by your local Semper Fit Fitness Center or follow Health Promotion online to learn how you can take part in the celebration of movement and health this May. To find out more, visit [www.okinawa.usmc-mccs.org/healthpromotion](http://www.okinawa.usmc-mccs.org/healthpromotion). **!ol**

## Your Active Summer Starts Here

### Physical Activity Challenge

Kickstart your summer with movement and motivation! Join MCCS Health Promotion on their Physical Activity Challenge, an invitation to stay active, build healthy habits and discover the many ways physical activity can support overall health and well-being as well as learn strategies to stay consistent.

Whether you enjoy walking, running, strength training or group fitness classes, participants looking to stay motivated and connect with others working towards a healthier lifestyle will track their physical activity from June 1 to 14. Up to the challenge? Make sure to follow [facebook.com/mccsokinawa.semperfit](https://www.facebook.com/mccsokinawa.semperfit) for fitness resources, encouragement and more.

This event is FREE and open to all with base access; prizes will be awarded. Registration opens May 4. For more information on this and additional Health Promotion offerings, visit [www.okinawa.usmc-mccs.org/healthpromotion](http://www.okinawa.usmc-mccs.org/healthpromotion). **!ol**



# FAMILY PHOTO

Capture your family's happiest memories in Okinawa.

Choose your style — a relaxed beach or park location, or a serene studio session. A variety of outfits are available at our salon, and guests are welcome to bring their own attire. Preserve your precious moment in time, naturally and beautifully.

Official Site



**LOCATION PHOTO**  
¥ 43,780 (tax included)



**STUDIO PHOTO**  
¥ 38,280 (tax included)



All plans include 50 high-quality photo data and a photo panel.  
\*Photo panel available for in-store pickup only.

BEREL PHOTO STUDIO



# Tsunami Scuba Memorial Day Expo

Prep for Summer Diving Season

Okinawa is known for its vibrant azure waters filled with colorful coral and sea creatures of all kinds. Since your arrival on the island, has the deep blue sea hooked you with its beautiful allure? Diving through Okinawa's picturesque underwater scenery is not only therapeutic, but also a great way to make new friends as it opens a brand-new world!

To ensure that you're prepared for the upcoming diving season, make sure you attend Tsunami Scuba's largest event of the year—the Memorial Day Expo held May 22–25.

On May 22, there will be a special meet-and-greet event at Ocean Breeze on Camp Foster from 6:30 to 8:30 p.m. Speak with brand representatives from industry leading companies such as ScubaPro, Huish Outdoors (Atomic, Zeagle and Bare), Head USA/Aqualung-APEKS, XS Scuba, PADI and PowerGX (Triggerfish Dive Propulsion Vehicles). These industry professionals will also offer product

demonstrations and educational seminars where you can ask questions and learn all you need to know about which gear suits you best. In addition, attending the meet-and-greet event will grant you early access (6:30 a.m.) on the first day of the sale starting May 23 at 7 a.m.!

During the sale, Tsunami Scuba centers island wide will be offering 15% OFF all in-stock retail items (excluding education materials), daily specials announced via Facebook the day prior and door prizes each day.

If you're a diver or interested in diving—you certainly don't want to miss this event. So, get ready to shop 'til you drop at Tsunami Scuba! For more information on the Tsunami Scuba Memorial Day Expo, call 645-4206. For locations, hours of operation and more, visit [www.okinawa.usmc-mccs.org/scuba](http://www.okinawa.usmc-mccs.org/scuba). Follow their Facebook page for updated information and promotions at [facebook.com/mccsokinawa.scuba](https://facebook.com/mccsokinawa.scuba). **!o!**

## South Korea

### Labor Day Getaway

Famous for the fermented goodness that is *kimchi*, smashing global charts with catchy K-Pop music and leading the way in aging gracefully with “glass skin,” Korea is just one short flight away from Okinawa! Besides the endless communal meals of Korean barbecue you'll devour and the bustling city life of Seoul, the country offers vibrant culture, beautiful scenery and deep history. Does all this sound enticing for you to visit? Well then, sign up for the South Korea Labor Day Getaway with MCCS Tours+!

Enjoy a hassle-free experience complete with an MCCS Tour Guide, round-trip airfare, accommodations at Dragon Hill Lodge, a DMZ Tour and a Seoul City Tour. The Dragon Hill Lodge is an American-style resort in downtown Seoul, perfect for easy access to public transportation including subways, buses and taxis. If you're a history buff or just a traveler who loves cultural experiences, the tour of the Korean Demilitarized Zone—established in 1953 as a 2.5 mile wide, 160-mile-long buffer zone to separate North and South Korea—will pique your interest. Travel stress-free when you let us take care of you. The tour kicks off September 4 and runs until September 8; deadline to register is July 10.

MCCS Tours+ offers both local and international tours throughout Okinawa, mainland Japan, Indonesia, Taiwan, Thailand, Vietnam and much more. For more information about the South Korea Labor Day Getaway, visit [www.okinawa.usmc-mccs.org/tours](http://www.okinawa.usmc-mccs.org/tours), call 646-3502, email [tours@okinawa.usmc-mccs.org](mailto:tours@okinawa.usmc-mccs.org), or come on down to one of their office locations. **!o!**





Lunch & Sweets Buffet  
**Strawberry Buffet**

The Princess's Garden of Eternal Spring

2026 1/24 SAT - 5/11 MON SAT SUN MON P.H.

DoubleTree by Hilton Okinawa Chatan Resort (2F) Restaurant "MaTiira"

43Mihama Chatan-cho Nakagami-gun Okinawa 904-0115, Japan  
 TEL 098-901-4600 FAX 098-901-4601

**TIME** 12:00~14:30 **PRICE** Adult ¥4,900/Child ¥1,800[6-12]  
 ※ L.O. 13:45 ※ Price includes tax and service charge





# Military Spouse Appreciation Celebration

With Marine Corps Family Team Building

Sometimes, appreciation can come in the form of a simple “thank you.” It could also include a night off enjoying great music and connecting with friends. One thing is for certain—military spouses deserve appreciation *and* celebration!

Military spouses play an essential role in the military community, supporting their service members while balancing family, careers and the unique challenges of military life. In recognition of their resilience and dedication, Marine Corps Family Team Building (MCFTB) invites military spouses across Okinawa to attend the 2nd Annual Military Spouse Appreciation Celebration.

This special evening is designed to give spouses a well-deserved break and an opportunity to relax, connect and celebrate alongside fellow members of the military spouse community on Okinawa. Attendees are encouraged to embrace the theme by dressing in their best 90s throwback attire and enjoy a fun-filled night of music, games, crafts and dancing.

The celebration will take place on Friday, May 8 from 7 to 9:30 p.m. at the Butler Officers’ Club on Plaza Housing. Guests can look forward to light refreshments, interactive activities and opportunities to connect with MCCS resources that support military families throughout their time on Okinawa.

This event is open to all military spouses, over 18 years old, with base access. Whether you are new to the island or have been part of the community for years, the evening offers a welcoming space to unwind, build friendships and celebrate the incredible contributions of military spouses.

Let us extend a warm thank you for all the hard work you do for your family, service members and the mission! Although spouses may not necessarily be the service members dressed in uniform, you’re still serving the community through all your efforts. And for those stationed on Okinawa, your resiliency extends overseas being away from the comfort of your home, friends and families.

To reserve a slot, register online via Eventbrite. For questions or special accommodation requests, please email [MCFTBokinawa@okinawa.usmc-mccs.org](mailto:MCFTBokinawa@okinawa.usmc-mccs.org) or call 098-970-7806. For more information on other offerings from MCFTB, visit [www.okinawa.usmc-mccs.org/mcftb](http://www.okinawa.usmc-mccs.org/mcftb). **101**



**Sunday, May 3 | 6-9 p.m.**

**THIRSTY'S E CLUB | MCAS FUTENMA**



**PHYSICAL  
ACTIVITY  
CHALLENGE**

>>>> ALL MARINE CAMPS <<<<<

**JUNE  
1-14**

Join us for a FREE, two-week challenge designed to educate and motivate the importance of regular physical activity while highlighting Health Promotion programs and services through social media engagement!

**REGISTRATION  
OPENS MAY 4  
AND CLOSSES  
MAY 25.**



(098) 970-3910  
[MCCSHEALTHPROMOTIONS@OKINAWA.USMC-MCCS.ORG](mailto:MCCSHEALTHPROMOTIONS@OKINAWA.USMC-MCCS.ORG)  
[WWW.OKINAWA.USMC-MCCS.ORG/HEALTHPROMOTION](http://WWW.OKINAWA.USMC-MCCS.ORG/HEALTHPROMOTION)





# Give Back to Yourself

## The Strategic Advantage of Volunteering

When one thinks of volunteering, people who lend a hand, lift others up and quietly help make the world a better place, are what immediately comes to mind.

Whether they're picking up trash on the beach, mentoring a student or organizing a food drive—the external impact volunteers have is undeniable, but so is the internal impact.

Volunteering is a powerful personal development tool that provides a sense of purpose, enhances mental and physical health, boosts self-confidence, fosters deep social connections and strengthens career development.

In today's economic climate, competition for employment is stronger than ever. Across industries, employers are seeking candidates who not only meet baseline qualifications, but who also demonstrate

initiative, adaptability, leadership and a commitment to service. Volunteering provides real-world challenges, opportunities and experiences that translate directly into the workplace and can easily set a candidate apart from others.

For military spouses, volunteering also allows the opportunity to fill employment gaps. For transitioning service members, volunteering can also strengthen the shift between careers. Rather than remaining idle during uncertain periods, individuals who choose to volunteer can continue to build momentum, expand networks and maintain relevance while also giving back to their community.

On military installations, volunteer programs contribute to mission readiness and resilience, while also fostering connections

among service members, families and local communities. These initiatives directly support local nonprofits, schools and civic programs, strengthening the broader community on Okinawa.

To find a wide variety of meaningful volunteer opportunities that will positively impact the military community, enhance the well-being of Marines and their families as well as build competitive career skills for yourself, visit [www.okinawa.usmc-mccs.org/volunteer](http://www.okinawa.usmc-mccs.org/volunteer).

For more information, contact your Volunteer Program manager at 645-1575 or [mccb\\_volunteer@usmc.mil](mailto:mccb_volunteer@usmc.mil). Their job is to place individuals into service roles, connect talent with opportunity, purpose with action and service with growth. **101**

# NICE TO MEAT YOU

yakiniku with UME(plum)



▼ web site ▼

▼ LINE ▼



- LOCATION -

MIHAMA - chatan

ISO - urasoe

TOMITON - toyosaki

Table Order Buffet

# ALL YOU CAN EAT

Yakiniku Restaurant

we are OPEN 365 days! we can't wait to welcome you!



okinawa goen



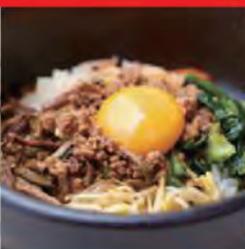
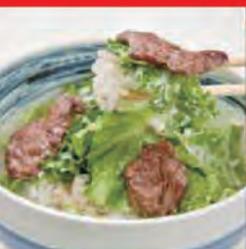
Free Parking



Credit Card OK



▼ WEB site ▼



# 焼肉 五苑

# Family Member Employment Assistance Program

## LinkedIn Workshop

Are you on the hunt for a new job? Preparing to PCS back stateside and get into the job market? The Family Member Employment Assistance Program (FMEAP) has got you covered with career readiness tools, resources and services tailored to job-seeking members of the community, to include military spouses, military dependents, active-duty members, contractors and DoD civilians.

If you're looking to optimize LinkedIn, they have a monthly workshop offered virtually via Microsoft Teams to help improve the quality of the information displayed on your LinkedIn page. The upcoming workshop will be on Thursday, May 14 from 11 a.m. to 1 p.m. Follow up one-on-one appointments with an FMEAP representative are also available either in person at the FMEAP office (Foster Library, 2nd floor, room #15) or virtually.

For more information about the Family Member Employment Assistance Program and all their offerings, email [mcbb\\_fmeap@usmc.mil](mailto:mcbb_fmeap@usmc.mil), call 645-5074 or visit [www.okinawa.usmc-mccs.org/fmeap](http://www.okinawa.usmc-mccs.org/fmeap). 101



# Invest in Your Future

## Education & Employment Workshop

As a military spouse stationed overseas, supporting their family and service member can be challenging, especially when juggling these duties with higher education and career goals. Tiffany Angle, a military spouse on Okinawa, is up to these challenges with the support of the MCCS Voluntary Education Program.

"I felt a deep desire to invest not only in my present circumstances, but in my future. I visited the MCCS Education Center on Camp Foster seeking guidance, and what I found was encouragement, clarity and belief in my potential... as a mother of three with a full and busy household, I wanted a career that would allow me to remain present in my children's lives. Pursuing higher education became the bridge between personal fulfillment and professional flexibility," she stated.

"The [MCCS Voluntary Education Program] provided exceptional support throughout my journey. From my first phone call to in-person visits and ongoing email correspondence, the staff was welcoming, knowledgeable and genuinely invested in my success."

"They guided me through available resources, discussed my goals with care, and helped me understand the range of educational pathways. What stood out most was their openness; no question was ever dismissed. If they did not immediately have an answer, they took the time

to find one. That level of dedication made a significant difference in my confidence and decision-making," she continued.

When asked what advice she would give to other military spouses on Okinawa who are considering starting or continuing their education she shared, "My advice would be this: if the thought of returning to school continues to surface in your mind, explore it seriously... life will always bring unexpected moments, but with strong time management and commitment, it is absolutely attainable."

Want to learn more about how education, experience, and personal skills can connect to real-world career opportunities? Attend the Education & Employment Workshop on Tuesday, June 2, from 9 to 11 a.m. at Ocean Breeze on Camp Foster. Participants will hear from representatives of the Voluntary Education Program, Family Member Employment Assistance Program and the Volunteer Program, who will share information about education pathways, professional development resources and ways to build valuable experience while on Okinawa that can strengthen future career prospects. For more information on the Education & Employment Workshop and the Education Centers across the island, visit [www.okinawa.usmc-mccs.org/education](http://www.okinawa.usmc-mccs.org/education). 101



Let's Give 'Em

Something to

**TACCO**  
Bout

Tuesday, May 5

11 a.m. - 2 p.m.

**Tengan Castle • Habu Pit • Ocean Breeze • Surfside**

**Adult & Teens: \$14.95 | Children (5-11): \$8.50 | Children (Under 5): FREE**



mothers  
day

## Mother's Day Brunches...

...Because SHE Deserves the Best

Your mom is your rock, your foundation, your strength and your greatest champion. She brought you into this world, stayed up nights with you when you were sick, helped you with homework and put a bandage on your “boo-boos.”

In honor of mom, we celebrate her beauty, grace and sacrifice each year in May as a special token of gratitude for all that she did—and continues to do—for us. On Sunday, May 10, give mom the morning off and take her to an MCCS Club or Restaurant for a special Mother's Day Buffet featuring an abundant selection of brunch favorites, chef-prepared specialties, sweet desserts and a festive MOM-mosa & Bellini Station to toast the occasion...it's the least that you can do!

Festivities will take place at the Butler Officers' Club on Plaza Housing (645-7530), Tengan Castle on Camp Courtney (622-9413) and Surfside on Camp Kinser (637-3137). Prices are \$21.95 for adults and teens, \$10.95 for children 5–11 and FREE for children under five. Reservations are required for all brunches and are available via Eventbrite.

Last but not least, Taiyo Steakhouse will also be making Mother's Day a day to savor with à la carte brunch service from 7 a.m. to 2:30 p.m. with available balcony seating (weather permitting) and à la carte dinner service from 5 to 9 p.m. with flowers for moms and an extra-special dessert—Mum's Apple Pie & Ice Cream! Reservations are recommended for the brunch service and required for the dinner service.

All events are subject to change. For more information on Mother's Day events at MCCS Clubs and Restaurants, visit [www.okinawa.usmc-mccs.org/clubs](http://www.okinawa.usmc-mccs.org/clubs). **101**



UNIVERSITY OF MARYLAND  
GLOBAL CAMPUS in Asia

# CLASSES STARTING SOON! **LEVEL UP THIS SUMMER.**

## On-Site:

Session 1 (7 weeks): May 6 – Jun 23, 2026

Session 2 (7 weeks): Jun 24 – Aug 11, 2026

## Online:

Session 1 (8 weeks): May 13 – Jul 7, 2026

Session 2 (8 weeks): Jun 10 – Aug 4, 2026

Find a UMGC  
office near you

[asia.umgc.edu/locations](https://asia.umgc.edu/locations)



View our current  
schedule

[asia.umgc.edu/schedule](https://asia.umgc.edu/schedule)



[instagram.com/umgc\\_asia](https://www.instagram.com/umgc_asia) [facebook.com/umgcinasia](https://www.facebook.com/umgcinasia)

© 2026 University of Maryland Global Campus



## Let's Give 'Em Something to Taco 'Bout

### Buffets at the Clubs

Get ready for a fiesta of bold flavors at participating MCCS Clubs and Restaurants! Join us for a festive build-your-own taco buffet featuring seasoned beef and grilled chicken, along with fresh toppings, vibrant salsas, homestyle chips and flavorful sides. Don't miss our Shrimp Fajita Action Station! Round out your feast with sweet treats, including caramel flan and warm cinnamon sugar *sopapillas* (fried pastries) with honey, plus other festive desserts the whole family will love.

Bring your appetite, build your own tacos,

celebrate bold flavors on Tuesday, May 5 from 11 a.m. to 2 p.m. at Tengan Castle on Camp Courtney, Ocean Breeze on Camp Foster, Habu Pit on MCAS Futenma and Surfside on Camp Kinser! Buffets are \$14.95 for adults and teens, \$8.50 for children 5–11 and FREE for children under 5.

It's going to be a taco celebration you won't want to miss! For more information on this and other offerings at MCCS clubs and restaurants, visit [www.okinawa.usmc-mccs.org/clubs](http://www.okinawa.usmc-mccs.org/clubs). **101**

## May the Fourth...

...Be with You!

Dust off that 'trooper helmet and gather your blasters for the May the Fourth Family Trivia & Costume event at the Globe & Anchor, inside Ocean Breeze on Camp Foster, on May 4 from 5 to 9 p.m. This event will offer fun for all ages whether you're a Luke-fan, like Vader, are *gaa-gaa* for Grogu and Din or are even a fan of Count Dooku!

The evening will feature themed music and Episodes III and IX on the projector, trivia contests (with prizes for 1st, 2nd and 3rd

place) as well as a costume contest. Prizes will be awarded for the best adult costume, the best kid's costume and best family ensemble. Food and beverages will be available from the Globe & Anchor menu.

The May the Fourth Family Trivia & Costume event is open to everyone island wide with base access. To learn more about this event, call Ocean Breeze at 645-3666 or visit them online at [www.okinawa.usmc-mccs.org/oceanbreeze](http://www.okinawa.usmc-mccs.org/oceanbreeze). **101**

## Now Open

### Inside The Palms

Marines and Sailors stationed on Camp Hansen can now enjoy a juicy burger, a cheesy pizza, some flavorful tacos or grab-and-go goodies because The Palms has not one, not two or three, but *four* new MCCS offerings! That's right...Bulldogs Burgers, Shisa Pizza, La Cocina and a Service Station are now open. Their hours of operation will be Sunday to Thursday from 11 a.m. to 9 p.m. and Friday and Saturday from 11 a.m. to 10 p.m.

You may have tried our fast-casual dining options at other base locations but if you're curious about the Service Station you'll find grab-n-go bites, snacks, drinks and more! Hours of operation will be weekdays from 6 a.m. to 9 p.m. and weekends from 8 a.m. to 9 p.m.

Additional offerings at The Palms include Bonsai Coffee, Tradewinds restaurant as well as Enlisted, SNCO and Officers' Lounges. For full menus, additional hours of operation and phone numbers, visit [www.okinawa.usmc-mccs.org/thepalms](http://www.okinawa.usmc-mccs.org/thepalms). **101**







# EL RINCON DE LA MEXICOLA

Mexican Cuisine in the Heart of Naha

Text by: Laura Pita | Photography by: Mia Cox

Just off Heiwa Dori—one of the popular covered shopping streets in the heart of Naha City—lies the newest Mexican establishment, EL RINCON DE LA MEXICOLA. Caution...you may feel like you've magically transported back to your favorite restaurant on the other side of the world once you step foot inside the expansive 3,500 sq ft space. The interior features ample seating including an indoor bar with high-top tables, family-sized tables and booths, while the exterior offers an outdoor *MEZCALERIA* (bar)—a perfect stop for those enjoying Naha's nightlife—a walk-up window for those on-the-go, plus adjacent terraces on either side of the restaurant for pet-friendly *al fresco* dining.

Mexican culture is celebrated throughout the space with vibrant folk-art murals, light fixtures made of *sombreros* and *maracas* as well as colorful beaded curtains that make for the perfect backdrop for your photos! In lieu of an *irasshaimase*, the staff greets you with a friendly *hola* that along with the vibrant Latin music warmly welcomes you into this *rincón* (corner) of the city.

You may be wondering...what is a Mexicola? The restaurant's name is an ode to their signature craft cola, made with natural ingredients including Okinawan turmeric, kola nuts, Timur pepper, passion pepper and organic sugar. This earthy and refreshing drink is bottled in house, garnished with a *shikuwasa* (Okinawan citrus) wedge and pairs perfectly with your meal; spice lovers should give the Crazy Hot version (enhanced with Okinawan chili peppers) a try!

Now onto the good stuff, the food. EL RINCON DE LA MEXICOLA has multiple menus, including a weekday menu featuring lighter dishes, two course menus that allow patrons to explore more flavors through numerous smaller dishes, a kid's menu with milder dishes tailored to their palate, a grand dinner

menu (available on weeknights and weekends) as well as an extensive drinks menu.

For a starter, we highly recommend the shareable Guacamole Fresco—a mix of avocado, jalapeños, tomatoes, red onion and cilantro—made tableside and served with housemade chips. For your main dish, you can't go wrong with a plate of street tacos, with options including the battered and fried Baja Fish, the Pollo Adobado (seasoned chicken) topped with mango *pico de gallo*, the Pastor topped with Okinawan pineapple, the Carne Asada topped with island peppers and the Barbacoa de Cordero (slow-cooked lamb) with a salsa made with *kōrēgūsi* (Okinawan chilies steeped in *awamori* rice liquor).

"We wanted to infuse some Okinawa essence into our Mexican dishes, creating a perfect balance for locals and tourists alike," shared Honoka Sakamoto, representative of HUGE Co., Ltd.

The sizzling fajitas are a crowd favorite with protein options including chicken, pork, beef and spicy shrimp—marinated in herbs and spices then grilled over charcoal for a delicious and smoky flavor—served alongside veggies. The best part? They come with a tableside show! The contents of the hot cast iron skillet are flambéed before your eyes and can be enjoyed wrapped in a warm masa tortilla, made from scratch, and stamped with the restaurant's logo.

Finish off your meal with some light, golden and crispy *churros* (fried pastries) dusted with cinnamon sugar, served with a caramel dipping sauce and a scoop of vanilla ice cream topped with a berry sauce. But trust us when we say...you can't go wrong with any of their desserts.

Whether you've been looking for a new date night spot, a place to celebrate with your family or get together with a large group of friends, look no further than EL RINCON DE LA MEXICOLA in Naha. 101

#### Location

3-3-4 Makishi 1F  
Naha City

#### Hours of Operation

Sunday–Thursday  
11 a.m.–11 p.m.  
Friday–Saturday  
11 a.m.–midnight

#### Instagram

@mexicola\_okinawa

#### Phone Number

050-2030-7500

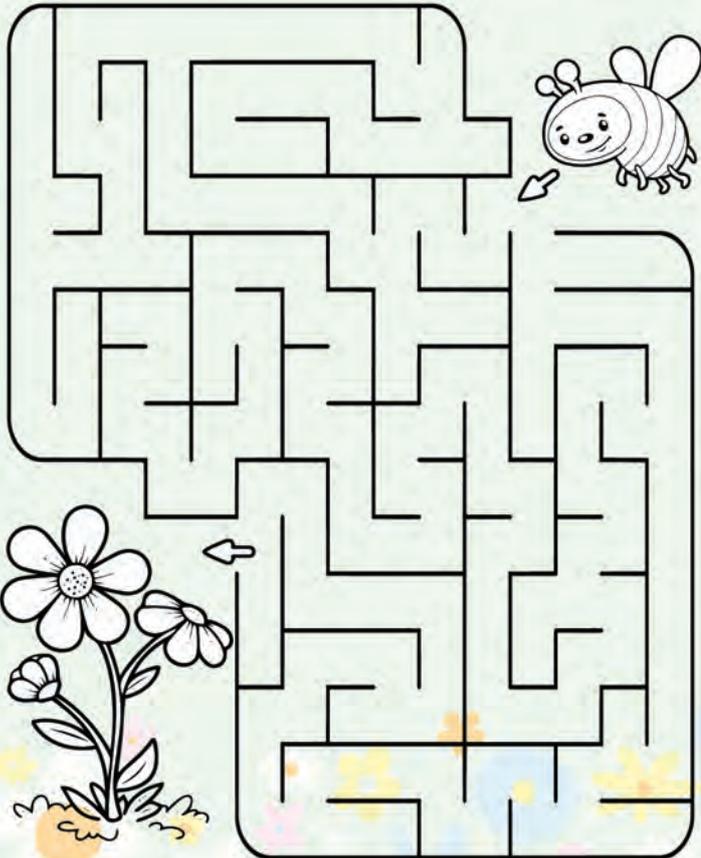
Bring this complete activity page into the Foster Library to claim a prize.

T K F M Q Q R A L M H A A K K K H D  
 Z E G G S B I A S U N S H I N E A A  
 J T N U B U I N I D U L M J S X T I  
 N E E F K T H R B N F M R S E K C S  
 O U E Q T T G O U S B J B B G N H Y  
 B R E E Z E R B L R H O K R N L U T  
 I N M E Y R A I B A S O W L E J Z N  
 H X A A M F S N S I X O W Z S L P Q  
 Q V Y T K L S Y S N B F A E T Q L W  
 D J R K K Y V U E T H T O A R L H A  
 A X P U D D L E S X W C R G C S J G  
 I O E N D N G T U L I P S R O V M O

- MAY
- DAISY
- BREEZE
- BULBS
- GRASS
- RAIN
- RAINBOW
- PUDDLES
- NEST
- SUNSHINE
- TULIPS
- UMBRELLA
- SHOWERS
- ROBIN
- HATCH
- EGGS
- BUTTERFLY

### MAZE GAME

Can you get the bee to the flower?



### MATCHING GAME

Draw a line to the matching pair!





## Batter-Up for...

...Youth Baseball & Softball Registration

Children nowadays are being raised in a time of instant gratification and non-stop mental stimulation from smartphones, social media and video games. This makes participating in youth sports even more important now than ever before. Organized sports provide invaluable life lessons along with healthy outdoor activity and are a great way to build friendships, self-esteem and a sense of community—in the *real* world.

Baseball and softball teach players things like patience, focus, linear thinking and teamwork as well as how to learn from mistakes

and even failing. They are also equal opportunity sports because they do not require players to be tall, powerful, fast or agile, which is good news because Semper Fit Youth Sports encourages and supports the participation of individuals of all abilities!

Baseball and softball practices will begin on July 14, with the season's opening scheduled for July 25. Each team will play games once or twice a week on Camps Courtney, McTureous, Lester, Foster, Kinser or MCAS Futenma, with the season ending on October 3. Team-specific schedules will be announced by individual coaches. |OL

## Trikids, Minikids and Women's Only Kinser Triathlon

Triple the Fun!

Running, swimming and biking are classic endurance sports. When combined, it becomes triple the fun. Ready to splash, pedal and race to the finish line? Join the Trikids, Minikids and Women's Only Kinser Triathlon! This year marks the 14th annual race and will be held rain or shine on Saturday, May 16; check-in begins at 6 a.m. This is a fun-focused, non-competitive event.

Age groups are broken down by TriKids Race, for those ages 7 through 14 years old, Women's Only Race for those 13 and older and Minikids Race for those ages 9 years old and younger. Age is determined as of January 1, 2026. Registration opens on May 1 (7:30 a.m.) and closes May 13 (11:59 p.m.) for both SOFA and non-SOFA participants. To secure your spot, register via Eventbrite.

Participants who are 15 years of age and under will participate in a swim test prior to entering the water. Swimmers that have not passed the 2026 MCCS swim test must do so before the race, or they must wear a Coast Guard approved life jacket for the swim portion of the race. Life jackets will be on hand if needed. Non-swimmers may still take part in the triathlon. They will wait at the swim finish line and then be allowed to start the running portion from the swim start 10-seconds after the last swimmer has completed the swim portion of the race.

For more information, visit [www.okinawa.usmc-mccs.org/aquatics](http://www.okinawa.usmc-mccs.org/aquatics) or email [mccsaquatics@okinawa.usmc-mccs.org](mailto:mccsaquatics@okinawa.usmc-mccs.org). |OL



# COUPON:

SHOW THIS COUPON AND REDEEM A **FREE** EMERALD ORIGINAL LEMONADE

**MONDAY-FRIDAY**

**LUNCH:**  
11:30 A.M.-3:30 P.M.  
(L.O. 3 P.M.)

**DINNER:**  
5-9 P.M.  
(L.O. 8:15 P.M.)

**SATURDAYS, SUNDAYS  
& JAPANESE HOLIDAYS:**  
11:30 A.M.-9 P.M.  
(L.O. 8:15 P.M.)

FAMOUS FOR OUR

# SIGNATURE 1LB. RIB STEAK!



**— PUB LOUNGE —**  
*Emerald*  
SINCE 1979



ACCEPTED PAYMENTS:



CASH PAYMENTS IN JAPANESE YEN ONLY (U.S. DOLLAR CASH NOT ACCEPTED)



## Making the world a better place... ...one smile at a time.

At Rycom Dental Clinic, we offer cleaning services, dental examinations, cosmetic dentistry and more for both you and your family.

**RYCOM DENTAL CLINIC**  
ライカム デンタル クリニック

Open: Mon, Tue, Fri & Sat; 10 a.m.-1 p.m. & 3:30-7 p.m. | Closed: Wed, Thu & Sun

English-speaking staff!

080-4149-0711

Email: [dentalrycom@gmail.com](mailto:dentalrycom@gmail.com)



We are located on the 2nd floor of AEON Mall Okinawa Rycom

# Renewal Open!



Car Beauty Pro ENEOS Mihama is your one-stop destination for premium vehicle detailing services.

## We offer:

- Hand-washing of cars
- Full car wash services
- Interior cleaning
- 100 Octane high-performance fuel
- Ceramic body coating
- Window tinting
- Windshield repair
- Headlight cleaning and more.

## Service Station:

Open: 7 a.m.-10 p.m.  
(Vehicle Detailing: 8 a.m.-7 p.m.)



Scan for more details and our location.



Enjoy our spacious lounge with **FREE Wi-Fi!**  
Also stop by and visit our 7-Eleven!





## Parents in Uniform Brief

Helping You and Your Most Precious Gift

The New Parent Support Program (NPSP) offers a small, group-based brief once a month for expecting families, recommended during the early stages of pregnancy. The professionals at NPSP will educate participants on various Marine Corps policies including obtaining your baby's birth certificate through the U.S. consulate, housing information, legal requirements, on-island childcare options, DEERS enrollment as well as other family readiness issues. Although it may seem like a

lot, the NPSP team is here to answer questions and help guide you with their extensive list of services and information about community resources that are available for FREE.

Parents in Uniform classes take place once a month at the WestPac Inn Conference Room on Camp Foster. Registration is required for all NPSP services. For more information, visit [www.okinawa.usmc-mccs.org/npsp](http://www.okinawa.usmc-mccs.org/npsp), call 645-0396 or email [npspokinawa@usmc.mil](mailto:npspokinawa@usmc.mil). 101

## Fun Under the Sun at...

...Memorial Day Pool Bashes

Summer is just around the corner and that can only mean one thing...beach and pool season is near! It's time to bring out the swimsuits, pack the sunscreen and dust off the beach gear. The end of May also marks the opening of MCCS Aquatic Centers around the island with Futenma, Plaza Housing, McTureous and Hansen re-opening for the summer season on May 1 (Plaza) and May 21 (Kinser, Futenma and McTureous). However, we are sad to inform that the Foster Aquatic Center is still under construction and will remain closed until further notice.

Join us on Monday, May 25 from noon to 3 p.m. at one of our Memorial Day Pool Bashes, taking place at all open MCCS Aquatic Centers island wide. Don't miss out on the FREE food and drinks (while supplies last) as well as DJ entertainment!

For more information on Memorial Day Pool Bashes and other MCCS Aquatics offerings, visit [www.okinawa.usmc-mccs.org/aquatics](http://www.okinawa.usmc-mccs.org/aquatics) or follow [facebook.com/mccsokinawa](https://facebook.com/mccsokinawa). [facebook.com/mccsokinawa](http://facebook.com/mccsokinawa) for up-to-date information. 101

## NPSP & U.S. Consulate

Birth Certificates Abroad

Welcoming a bundle of joy is a journey filled with a wide range of emotions. For service members and their family members overseas, there are additional aspects to consider including navigating the birth registration process through the U.S. Consulate. This includes registering for a *MyTravelGov* account, filling out the electronic Consular Report of Birth Abroad (eCRBA), paying the \$100 fee, scheduling an in-person interview appointment and applying for a tourist passport (if interested).

It can be a daunting process, but the New Parent Support Program (NPSP) is here to lend a hand! At their Parents in Uniform Brief, expecting parents will receive guidance that will demystify the many steps of the birth registration process on Okinawa.

To register for the upcoming brief or for any additional information, call 645-0396 or email [npspokinawa@usmc.mil](mailto:npspokinawa@usmc.mil). To see the schedule on upcoming Parents in Uniform briefs, visit [www.okinawa.usmc-mccs.org/npsp](http://www.okinawa.usmc-mccs.org/npsp). 101



**May Special!**

Quick Restore Option (30min)  
Regular ¥5,000 → Now ¥4,000

# Massage Lino

**No. 1 Popular Choice**  
Indulge in our Relaxation Oil Massage  
(70min) only ¥8,000



Online Reservations

**Book Now!**  
If you're choosing staff.

Book in English!

+81-90-6632-1335



Location & Reviews



# COCOK SPA



**Manicures • Pedicures • Facials • Massages**

NOW ACCEPTING ONLINE RESERVATIONS

**BOOK TODAY!**

\*Register via QR code



Check out our website at  
**cocok.net/en**

Call us today at  
**098-921-3081**

Google Cocok Spa for our location.



**Flash Sales Occasionally — Don't Miss Out**



For more details on JTA



## FLY TO PARADISE

in about an hour with JTA group.

*Perfect for your summer island adventure.*



### **Kondoi Beach (Taketomi Island)**

From Ishigaki Airport, take the shuttle bus to Ishigaki Port, then catch the high-speed ferry straight to Taketomi Island!

For flight booking  
Book now



 **JTA**  
JAPAN TRANSOCEAN AIR

# Memorial Day

## POOL BASH

MONDAY • MAY 25 • NOON-3 P.M.

Plaza • Hansen • Futenma • McTureous



**SPECIAL  
MILITARY  
RATES** AND MORE!



### THE GRAND HOTEL GINOWAN

THE  
GRAND HOTEL  
GINOWAN

#### FACILITIES AND AMENITIES INCLUDE

- ✓ CONVENIENCE STORE
- ✓ FITNESS CENTER
- ✓ LOUNGE/RESTAURANT
- ✓ DIVING SHOP
- ✓ SPA & RELAXATION
- AND MORE

#### HAPPY HOUR

EVERY DAY FROM 4 TO 7 P.M.

REFRESHMENTS AND SNACKS  
ARE AVAILABLE FOR FREE

CONVENIENT LOCATION WITH BOTH OCEAN AND CITY VIEWS  
SPACIOUS ROOMS WITH LARGE BEDS



From March to May 2026, use this QR code to make your reservation and get a free breakfast!

3-5-1 Oyama, Ginowan City,  
Okinawa Prefecture, 901-2223

098-898-7700  
English-speaking staff available from 8 a.m. to 6 p.m.



# CAR & RV RENTAL

Discover the freedom to explore Fuji and beyond with our diverse range of vehicles, including sedans, station wagons, vans, RVs and a 4x4 truck. Whether you're planning a short trip or an extended adventure, we offer flexible daily and monthly rental options to suit your needs, ensuring a smooth and enjoyable journey across Japan.

- ✓ Save 20% on month-long rentals
- ✓ Convenient daily and monthly plans to fit your schedule
- ✓ Wide range of vehicles perfect for solo travelers, families, or groups




**MCCCS** MARINE CORPS CONTACT US DSN (315) 224-8658



# YOUR NEXT JAPAN STORY BEGINS HERE

THE NEWLY RENOVATED MOUNTAIN VIEW INN AT CAMP FUJI






- "Mountain Motors"- Rental car
- "Tours+"- Sightseeing information, Tickets and Tours
- Service Station Food, Snacks, and Drinks
- Airport transportation:
  - Haneda Airport: \$90
  - Narita Airport: \$120
  - Guests must request transportation at least 5 business days in advance, and availability is limited.

**MCCCS** MARINE CORPS Contact us: DSN: (315) 224-8500 [www.campfuji.usmc-mccs.org/lodging](http://www.campfuji.usmc-mccs.org/lodging)

# Summer's Approaching

## CHEST CARE

- Gynecomastia Correction
- Breast Enlargement & Lift
- Areola / Nipple Care
- etc.

## Mounjaro

strongest diet treatment available!

A prescription for Mounjaro will be issued after a doctor's consultation.

## SYRINGE METHOD LIPO

The safest & most effective surgical method!

## BREAST ENHANCEMENT

Fat Transfer & Fillers available

Mentor's SMOOTH Memory-Gel available!

## OZEMPIC

sensational-as-ever diet remedy

## Mini-Lipo

★for jowls      ★chin      ★etc. Minor saggy parts are treatable with mini-lipo

## Botox & Fillers

Allergan Botox & Dysport available! For wrinkles, lips, & contouring

The latest Teosyal or the original Restylane

## Laser Hair Removal

All Skin Types & All Seasons

For your smoothest skin texture!

## TATTOO REMOVAL

with PicoSure, the latest tech

## The EXTREME REJUVENATION

Three techniques combined for less downtime



# 宮城美容外科クリニック

## Miyagi Cosmetic Surgery

098-860-9120

★Bilingual doctor available      ★Free Consultation      Appointment Required

Open : Mon.-Sat. 10:30a.m.-6:00p.m.  
Closed : Wed. & Sundays (announced days)

<http://www.miyagi-clinic.info>  
E-mail [miyagics@woody.ocn.ne.jp](mailto:miyagics@woody.ocn.ne.jp)

★ Turn left at the second light following Tomari Port.



2-2-1 (3F) Maejima Naha City, Okinawa, Japan

Please let us know if you are bringing any children with you.



# Typhoon Motors May Sales

Laser Alignment, Subwoofers and More!

Rainy season not only marks the transition from spring to summer on Okinawa, it can also be especially challenging for your ride, as wet conditions make it more difficult to navigate Route 58.

No need to fear! Typhoon Motors on Camp Hansen will be holding their Drive Straight Special offering 20% OFF four-wheel laser alignment throughout the month. Not only will laser alignment give your tires a longer life and keep you safer on the road, telling your buddies that your car's tires are *aligned by lasers* just sounds really

cool. As an added bonus, properly aligned tires give your car a smoother, straighter ride and it even enhances handling.

In addition to their Drive Straight Special, Typhoon Motors will be offering additional promotions for Memorial Day. From May 25 to 27, all locations will be offering \$1 Lift and Stall Rentals for those that are into automotive DIY. There's nothing like spending an afternoon tinkering with your pride and joy, especially with access to lifts and some of the best tools and equipment available (not to mention valuable advice

from knowledgeable staff members on their proper use).

Typhoon Motors on Camps Foster and Kinser will also be holding a Memorial Day Audio Special—offering 20% OFF all subwoofers May 25–31, so that your ride's audio system is also ready for a season of Okinawa adventuring.

For more information on these special deals and other Typhoon Motors offerings, visit them online at [www.okinawa.usmc-mccs.org/typhoonmotors](http://www.okinawa.usmc-mccs.org/typhoonmotors). **lol**

# ALIGN WITH PILATES. Define with Weights.

**OPEN: MON-FRI**  
8 a.m.-1 p.m.  
**SAT 9-11 a.m.**  
**CLOSED: SUN**

**PRIVATE SESSIONS**



**INSTRUCTORS WANTED!**

## PILAFIT

PILATES & STUDIO

\$ & ¥ **VISA**



@PILAFIT.OKINAWA



WEBSITE

# State-of-the-Art Custom Insoles



Our knowledge, experience and technical skills have earned us the trust of many professional athletes and members of the Japanese national team.

*Insoles are tailored to your feet and preferred sport.*

OPEN Mon-Sat, 10 a.m.-4 p.m. (10 a.m.-4 p.m. on Saturdays)  
CLOSED Sundays & Japanese Holidays  
2 Chome-52-1 Shriakahiracho, Naha, Okinawa 903-0811  
Reservations required. 070-5400-6388



## JOURNEY INTO MYSTERY AND WONDER.



Formed over tens of thousands of years—  
this limestone cave is shaped by unfathomable time.  
Step inside and you enter another realm, one where everyday  
reality slips away. Stalactites hang from the ceiling,  
silent chambers spread out below,  
creating a vista that is, truly, nature's own art.

Adults (Aged 15 and up)	Children (Ages 3 and up)	Infant (Under 2)	Opening Hours 9:00 ~ 17:30 Last entry 17:00 / Daily	Extended Hours Spring-Summer & GW **For details, see our website.
¥ 1,200	¥ 600	Free		

**Address** 479-1 Ishikawa Kadekaru, Uruma City, Okinawa Prefecture



Google Map



Instagram



Website



# Earn Your Independence

Get Licensed to Drive on Okinawa

Are you tired of having good ol' mom or pop drive you to American Village? Wouldn't it be great to meet up with friends in-person whenever you so please? All this, and much, much more is possible after earning your SOFA driver's permit with the MCCS Driver Education Program.

The Driver Education Program is tailored to aid active-duty personnel and families stationed on Okinawa with their POV licensing needs. This program features American Driver and Traffic Safety Education Association (ADTSEA)/AAA certified courses which includes 39 hours of classroom instruction and six hours of behind-the-wheel instruction for those in need. Students who complete the Driver Education Program will receive their SOFA driver's permit in Japan.

First-time driver classes—open to adult/teen students ages 16 or older—run Monday–Friday from 5 to 8 p.m. and active-duty courses

run from Monday to Friday, 8 a.m. to 4 p.m. For more information on refresher courses, including days and times, contact the program directly as classes are scheduled based on student and instructor availability.

In-person classes are held on Camps Foster and Hansen, while behind-the-wheel instruction takes place at both Camp Foster and Kadena Air Base. Additionally, please note that students are required to have their learner's permit prior to scheduling their behind-the-wheel instruction, and behind-the-wheel instruction is contingent on and also scheduled based on student and instructor availability.

To find necessary registration forms and the full course schedule, head to [www.okinawa.usmc-mccs.org/drivereducation](http://www.okinawa.usmc-mccs.org/drivereducation). For questions about the Driver Education Program, email [driver.education@okinawa.usmc-mccs.org](mailto:driver.education@okinawa.usmc-mccs.org) or call 645-5823. 10L

## MCCS Arts and Crafts Centers

Designed by You

Have you been searching for options on how to beautifully frame the many works of art you have been collecting? Then look no further because the Foster Arts and Crafts Frame Shop has a plethora of frames to service your largest of large and smallest of small paintings, photos, sketches and anything you desire to be framed!

Custom framing services are designed to fit a wide range of needs, from showcasing artwork collected during your travels to displaying family photos or your child's masterpieces. The Foster Custom Shop specializes in unique gifts for military farewells and welcome-boards and every occasion in between including plaques, trophies, marble desk bars and more.

In addition, Arts and Crafts Centers offer fine arts classes open to all skill levels, giving you the tools and opportunity to create your own artwork. Knowledgeable staff is always available to answer questions, provide expert guidance and offer friendly support to help bring your ideas to life.

On top of all this, there are a wide variety of classes, including Clay Shisa and Ikebana, as well as a Woodshop at Courtney Arts and Crafts, available to bring out your creativity. And, if you're on the market to find the perfect gift for a creative friend or family member then come browse the unique merchandise, including GoatGuns, Geeki Tikis and more!

For more information on classes, hours of operations, locations and more, visit [www.okinawa.usmc-mccs.org/artsandcrafts](http://www.okinawa.usmc-mccs.org/artsandcrafts) or email [artsandcrafts@okinawa.usmc-mccs.org](mailto:artsandcrafts@okinawa.usmc-mccs.org). 10L



StickyWich

STICKYWICH SANDWICH

**MAY SANDWICHES**  
be with you.



Crave-Worthy Sandwiches | Ginowan, Okinawa | StickyWich



**Open Hours**

Mon-Sat | 9:00am - 8:00pm  
Sun | 9:00am - 6:00pm

1-31-7 Aragusuku, Ginowan City, Okinawa  
098-943-5306

Three Arrows Co., Ltd.



HP | stickywich.jp



IG | @stickywich

**OKINAWA WHITE DENTAL CLINIC**

Your smile is a treasure worth the best of care.

- Registered TRICARE provider for Active-Duty family members
- Using TRICARE, we will file your claims; no up-front payment is necessary for most services
- We will also provide necessary documents for other insurance holders

**3-MINUTE DRIVE FROM KADENA GATE 5**

**OPEN: 9:30 A.M. - 1 P.M. & 2:30 - 5:30 P.M.**

**CLOSED: THURSDAYS, SUNDAYS AND JAPANESE HOLIDAYS**



English speaking doctor and staff.



English service available at 098-989-3780  
Visit us online at okinawawhitedental.com

OKINAWA WHITE DENTAL CLINIC



**EXCEL. GROW. SERVE.**

**COME FOR A TOUR!**

- American Curriculum
- Kindergarten to High School
- Community Engagement
- Extracurricular Activities
- After-School Childcare (K-5)
- G.I. Bill Pay Service Available



Providing a Christ-centered, American-style college preparatory education for K-12 students in a caring, international community!

**OKINAWA CHRISTIAN SCHOOL INTERNATIONAL**  
1835 Zakimi, Yomitan, Okinawa, 904-0301



**APPLY NOW**



098-958-3000  
info@ocsi.org

# MOTHER OF ALL BINGO NIGHT

*Ocean Breeze, Camp Foster*

**MAY 9**  
**5-9 p.m.**

SPEND THE NIGHT OUT WITH MOMS AND FRIENDS TO  
PLAY BINGO AS WELL AS ENJOY A SMALL BUFFET FOR \$17.95!

<b>11</b>	<b>18</b>	<b>39</b>	<b>57</b>	<b>75</b>
<b>GIVE AWAYS</b>	<b>37</b>	<b>18+ EVENT</b>	<b>55</b>	<b>6</b>
<b>25</b>	<b>47</b>	<b>65</b>		
<b>10</b>	<b>FOOD</b>	<b>36</b>		

\*2 BINGO CARDS PER PERSON

**MC&CS**  
MARINE CORPS COMMUNITY SERVICES

[www.okinawa.usmc-mccs.org/oceanbreeze](http://www.okinawa.usmc-mccs.org/oceanbreeze)

1



BOU  
N

GO BOULANGERIES GRAB N' GO

# GRAB

# GO

# Boulangeries

Text by: Swetha Gogue

Photography by: Mia Cox

Layout by: Nina Son-Lagos

Ah, the smell of freshly baked goods that lingers in the air is one that compels you to find the source. But where to begin with the overwhelming options after stepping foot inside? Praised for the quality of ingredients, attention to detail and their delicious products, Okinawan and Japanese bakeries have mastered the science of baked goods. With so many choices, here are our *boulangerie* (bakery) treats' recommendations which include pastries, *pan* (breads) and *kashi pan* (snack breads) to try while on Okinawa, crafted by local artisans.



# OKINAWAN Classics

## *Sātā Andagi*

Deep-fried, golden brown and straight-up addictive, *sātā andagi* (Okinawan donuts) are dense, sweet and crunchy. These humble donuts are symbolic to the island prefecture and universally loved by all. As the dough crisps up in the oil, the exterior cracks and leaves the interior soft, akin to an old-fashioned donut, except *much* better. Famed for its simplicity, *sātā andagi* are sweetened with *kokuto* (Okinawan brown sugar), but can be found in a myriad of flavors such as coffee, black sesame, coconut, *beni imo* (purple sweet potato) and more.

ANGERIES  
GRAB N' GO BOUL





## Zebra Pan

Loved by locals for its voluminous size, Zebra Pan has been a fan favorite since the 80s. Merging both the Western peanut butter cream with an Okinawan brown sugar paste, this layered bread brings the best of both worlds together. Sweet, dense and larger than life, what's not to love about this timeless invention?

## Nakayoshi Bread

Born in Ginowan City in 1951, Gushiken Pan is a popular brand that prepares packaged nostalgic Okinawan bread as well as Japanese and Western sweets, which can be found at local shops and *konbinis*. Nakayoshi Bread is a soft cocoa bread filled with a layer of vanilla-flavored cream. Easily shareable by its pre-partitioned rectangles, it's the perfect bread to eat on-the-go!



SISTER SCHOOLS



Santa Monica International School  
Santa Monica Group Co., Ltd.



Santa Monica International School (SMIS) is a secular English-speaking Preschool and Kindergarten. We are member of International Schools Association (ISA) and Tokyo Association of International Preschools (TAIP)



Please call us at 098-936-3656 or visit our website [www.smisoki.com](http://www.smisoki.com) for additional information and/or to setup an appointment to visit SMIS.



Zion Christian Academy International



25 years of Excellence

Zion Christian Academy International (Zion) is an Independent Private School. We serve the 1st through 12th Grades and dedicate ourselves to high academic standards, creativity, and curiosity. We are members of the Association of Christian Schools International (ACSI) and an affiliate school of Liberty University Online Academy.

Students who graduate from Zion Christian Academy International's program attend colleges such as: Georgetown University (Washington, D.C.), Columbia University (New York), Kansas State, Virginia Tech, Waseda University, Temple University, Liberty University, Pennsylvania State, and many more.



Please call us at 098-936-9986 or visit our website [www.zcaikinawa.org](http://www.zcaikinawa.org) for additional information or email [info@zcaikinawa](mailto:info@zcaikinawa) to set up an appointment.

YOUR ONE-STOP-SHOP FOR TWO OF YOUR FAVORITE THINGS.



TACOS & COFFEE

Hours of Operation  
Weekdays: 11 a.m. - 9 p.m.  
(L.O. 8:30 p.m.)  
Weekends: 8 a.m. - 9 p.m.  
(L.O. 8:30 p.m.)

\*Breakfast available from 8 to 11 a.m.

SCAN FOR UPDATES AND A MAP TO OUR LOCATION



# SAVORY Bites

TIANGERES GRAB N' GO BOULA

## Sausage Pan

A twist on the all-star favorite, Sausage Pan is the upscale, sophisticated older cousin of the hot dog. Sitting in between the slit of fluffy buns, the snappy sausage is oftentimes paired with condiments like mayo and ketchup as well as cheese or dusted with dried herbs. Although it may look like a regular hot dog, the Japanese version will surely put you in a chokehold.



3



4

## Pizza Toast

Inspired from the tried-and-true comfort of American pizza, this is not your average slice of pie. Pizza Toast is highly popular for a grab-n'-go option and is oftentimes found on café menus across the nation. Made with bread, topped with savory tomato sauce, cheese, meat, seafood, vegetables and more, Pizza Toast is an ode to a cultural icon.

## Quiche

For the ultimate savory bite, quiche is a fail-proof winner. Made with an egg-custard base filled with ham, spinach, cheese and more, then baked in a flakey golden-brown crust, quiche is a no-brainer when at a bakery looking for a quick, satisfying fix that is both healthy and indulgent. And at bakeries throughout the country, there is no skimping out on a hefty serving!



5

# MENTAL HEALTH & MOVEMENT

WEDNESDAY, MAY 6  
11 A.M.–1 P.M.

CAMP HANSEN  
HOUSE OF PAIN FITNESS CENTER



Take care of your body with cycling and yoga classes indoors and your mind by visiting our mental health resource fair outdoors to learn about available wellness programs.

MC&CS MARINE & Family Community Counseling Program

MC&CS MARINE CORPS

# The Healing Arts Experience

Friday, May 8  
10:40–11:30 a.m.

Futenma SMP / Visual Arts

Wednesday, May 13  
11:30–12:30 p.m.

Courtney SMP / Writing / Poetry

Thursday, May 21  
11:30–12:30 p.m.

Foster SMP / Mindfulness

Thursday, May 28  
11 a.m.–noon

Kinser SMP / Music



Join us for a creative wellness series designed to promote mental health, resilience and community connection through artistic expression.



MARINE & Family

Community Counseling Program

MC&CS MARINE CORPS

# To the Best Mom Ever

**2F Cosmème**  
POWDER LOVE  
Liette  
as a mom  
POWDER LOVE

**2F LUPICIA**  
DAMASK ROSE  
10 TEA BAGS  
Rond-Point Classique  
Vanille  
LUPICIA DAMASK ROSE JAM

AEON MALL Okinawa Rycom is one of the largest shopping malls on Okinawa. We have one major grocery and lifestyle store and more than 220 specialty stores plus a cinema and food court restaurants.

AEON MALL  
AEON MALL Okinawa Rycom

AEON MALL Specialty Stores 10:00~22:00 | Food Court 10:00~22:00 | Restaurant Area 11:00~23:00 | Grocery (AEON STYLE) 8:00~23:00

Featured Stores



Paid Ad. No Federal endorsement of advertiser intended.

and many more...



60+ stores offer military discounts. Check our stores out now. \*Subject to change without notice. \*Cannot be combined with any other promotion offer.

# Pan

6



## Anko Butter Pan

A beloved Japanese staple, Anko Butter Pan is made with soft bread paired with a hefty spread of smoothened or chunky *anko* (sweet red bean paste) and a thick slice of butter. The classic national spread may seem unusual to the American palate, however, the richness of the butter and the thickness of the anko paired with soft white bread is quite addictive—especially when enjoyed with black coffee or hot green tea.

## Shokupan

This is not your ordinary white bread, this is *shokupan* (milk bread). Perfectly square, soft, wispy and highly revered for its ability to elevate your sandwiches, this bread is not to be remiss while at a local bakery. Enjoy the simple delight that is Japanese milk bread to further elevate your classic PB&J or savory tuna melts.

7

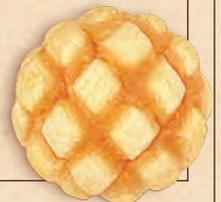


8



## Melon Pan

Despite its name, Melon Pan does not contain any traces of melon. The sweet bread is named after its cookie dough top layer that is scored in a grid-like pattern which resembles a cantaloupe's rind once baked. Similar to the Mexican *concha*, they are dipped in granulated sugar that shimmers in the light but also offers a crunchy bite to the soft buttery bread.





# Memorial Day

**SALE & EXPO**

**MAY 23-25**  
**7 A.M. - 6 P.M.**

ALL TSUNAMI SCUBA LOCATIONS

**15% OFF**  
**ALL RETAIL ITEMS**  
(EDUCATIONAL MATERIALS EXCLUDED)

Our largest event of the year!

Take advantage of unique opportunities to save, speak to brand representatives directly and get outfitted in the latest and coolest gear!



## Sushi Rolls AND MORE

Three images of different sushi rolls: one with avocado and salmon, one with salmon and tuna, and one with salmon and tuna.

 **PET-FRIENDLY**  
**OUTDOOR TERRACE**  
**SEATING ALSO AVAILABLE.**

**BUSINESS HOURS**

- SUN-THU: 5-10 PM (Last Order 9 p.m.)
- FRI & SAT: 5-10 PM (Last Order 9:30 p.m.)
- CLOSED WEDNESDAYS



# Pastries

ANGERIES GRABN' GO BOL



9



## Cinnamon Roll

Drizzled with a concoction of cinnamon sugar icing, cinnamon rolls are a sweet end (or beginning) to the day. Easily recognizable by their spiral shape, the rolls are delicious by themselves but marry perfectly with milk. And, if by chance you have been asked *atatame masu ka*, to heat up your finest selection, say *hai, onegaishimasu* (yes, please)!

## Dark Cherry Danish

While the vessel of the Dark Cherry Danish may be similar to puff pastry, its flavor profile is far from it. Stepping it up a notch with tart morsels of cherries, sugar and custard-cream filling, this is one open-faced confectionery to add to your tray.



10

11

## Croissant

Buttery, flakey and shaped like a crescent moon, croissants found throughout local bakeries are light and airy. The universally loved French pastry is created by rolling and folding dough and butter to create layer after delicate layer that becomes crispy, crunchy and oh so comforting when baked in the oven.

On Okinawa, the bakeries are fueled by local masters who work for the love of bread. And, for the best experience, we recommend going as soon as your preferred bakery opens to get the hottest and freshest goods straight from the kitchen! **LOL**

9, 10, 11

### Hoppepan

2-10-10 Uchima,  
Urasoe, Okinawa 901-2121

4, 5, 8

### Maybe Bakery

2-18-6 Chatan,  
Okinawa 904-0116

1, 3, 6, 7

### Puu Bakery

243-1 Tamagami, Chatan,  
Okinawa 904-0106

2

### Kaboten no Mise Nakasone

6-7-6 Goya,  
Okinawa, 904-0021



BOTTOM PHOTOS: MINA SON-LAGOS



SUMMER BREAK FANTASY

# TOKYO DISNEY

JULY 4-8




Open Daily  
10 a.m.-7 p.m.

## Bay elm

HAIR SALON

We'll unlock your  
**INNER BEAUTY**  
with sophisticated cuts,  
dyes and styling.

Male clientele welcome as well!






@BAYELM\_HAIR



MAY THE BEST COURSE WIN



# HOME & HOME CHALLENGE

**TAIYO GOLF CLUB VS.  
BANYAN TREE GOLF COURSE**

INDIVIDUAL STROKE PLAY (FULL HANDICAP)

**MAY 16 & 17**

7:30 A.M. SHOTGUN START EACH DAY

REGISTRATION FEE  
**\$130**  
(ALL-INCLUSIVE\*)

REGISTER BY  
**MAY 13**  
AT THE TAIYO GC PRO SHOP

\*Includes greens fees, cart rentals, breakfast each day and the awards banquet at Butler Officers' Club on May 17.

Sponsored in part by:



OKINAWA  
GOLF CLUB

No DoD, Marine Corps or MCCS endorsement of sponsors intended or implied.



OKINAWA JAPAN



# CHILDREN'S DAY

-FAMILY FUN NIGHT-

**MAY 21, 5-9P.M.**

**KINSER SURFSIDE  
OCEAN BREEZE  
TENGAN CASTLE**



Sponsored by:



# MEMORIAL DAY ★ BOWLING ★

MAY 25



ALL MCCS  
BOWLING CENTERS



Summer Reading Program

# Plant a Seed, read

June 15-July 24

(Registration starts May 1)

Read and log your  
minutes to earn prizes!  
Open to all ages.

Scan QR code  
to register.



MARINE & Family Library Program



DOD MWR LIBRARIES  
SUMMER READING PROGRAM  
on Military Installations Worldwide

Sponsored in part by



[www.okinawa.usmc-mccs.org/libraries](http://www.okinawa.usmc-mccs.org/libraries)  
[facebook.com/mccsokinawa.educationandlibraries](https://facebook.com/mccsokinawa.educationandlibraries)  
[instagram.com/mccsokibraries/](https://instagram.com/mccsokibraries/)

# Tuna & Avocado Donburi

Serves Two

**Ingredients:**

- 1/2 lb. raw tuna, thinly sliced
- 1 avocado, cut into bite-sized cubes
- 1 sheet of *nori* (dried seaweed), cut into thin strips
- 2 bowls of steamed white rice

**Marinade Mixture:**

- 2 Tbsp. soy sauce
- 1 tsp. *mirin* (Japanese cooking wine)

**Sauce:**

- 1 Tbsp. soy sauce
- 1/3 tsp. wasabi paste

**Method of Preparation**

1. Marinate tuna slices in marinade mixture for at least an hour in the refrigerator.
2. Place marinated tuna and diced avocado on rice.
3. Sprinkle *nori* strips over tuna and avocado.
4. Pour sauce over *nori*.
5. Serve!



## Okinawan Reversion

Some may wonder why quite a few residents of this island prefecture prefer calling themselves *Uchinânchu*, or “Okinawans,” over being called Japanese—even though they are very much citizens of Japan. The reason for this lies in the island’s past, and its relationships with multiple cultures.

Okinawa was overseen by the United States for 27 years after the Battle of Okinawa until it was returned to Japan on May 15, 1972. Before reversion, the currency that was used on the island wasn’t yen, but the U.S. dollar. Automobiles drove on the right side of the road (this was switched to left-hand side six years later) and people from mainland Japan needed to pack their passport to travel here. Of course, appropriate documentation and vaccinations were also needed when Okinawans traveled to mainland Japan.

Because of this unique situation, most Okinawans were not treated as actual citizens of the country during this period.

Even before the war, Okinawa had only been an official part of Japan for a relatively short time—until 1879, it was a sovereign kingdom called “Ryukyu.” Many aspects of the island’s traditional culture show influences from several neighboring nations including Thailand, Vietnam, China, Japan, among others. Modern Okinawan culture also shows heavy influences from the United States—especially in the central part of the island where several military installations still stand. Today, for quite a few islanders, their culture still defines their identity, just as it did during the days of the Ryukyu Kingdom, and they wear the title “Uchinânchu” with pride. **101**



## Uchinâguchi Corner

English  
May

Japanese  
Gwatsu

Uchinâguchi  
Gun’ Gwachi

**HELP US HELP YOU!**

**SHARE YOUR SUGGESTIONS FOR MCCS VIA ICE.**




**MCCS**  
MARINE CORPS COMMUNITY SERVICES

**CALVARY CHAPEL GINOWAN**  
calvaryginowan.com

**SERVICE TIMES**  
Sunday: 8:30am / 10am / 7pm  
Wednesday: 7:30pm



**ADDRESS:**  
Akamichi 1-3-5, Ginowan City  
〒901-2205

Scan QR to see a personal message from our Pastor



**Japanese Language Studies**  
April Term Now Enrolling

**INTEGRITY LANGUAGE SCHOOL**

Come learn Japanese now!

**MIYAGI Salvage Co.**



We'll take it when they won't!

**We pay cash**  
for Town Aces, Pajeros, Hilux Surfs, Land Cruisers, and other cars.

**FREE** towing is available for unwanted scrap vehicles.  
Used auto parts available

**Monday-Saturday**  
8:30 a.m.-5:30 p.m.  
Closed Sunday  
Tel: 098-936-4903

VISIT OUR NEW SHOP NEAR CAMP HANSEN'S GATE #2 (PEDESTRIAN GATE)

**WE HAVE THE CURE TO FOMO.**



**MCCS**  
MARINE CORPS COMMUNITY SERVICES



AEON MALL Okinawa Rycom .....	62
Bay elm. (S&S Co, Ltd) .....	66
Berel Okinawa .....	30
Cave Okinawa.....	52
Cocok Spa.....	48
Double Tree by Hilton Okinawa Chatan Resort....	32
ENEOS Gas Station Mihama .....	46
Esparza's Tacos & Coffee.....	60
FC Ryukyu .....	3
Grand Hotel Ginowan.....	49
JTA (Japan Transocean Air) .....	48
Manga Souko .....	14
Massage Lino.....	48
Mediatti Broadband Communications.....	4
Miyagi Cosmetic Surgery .....	50
Okinawa Christian School International.....	54
Okinawa White Dental Clinic.....	54
Okuma Recreation Facility.....	28
PARCO CITY Shopping Mall.....	20
PILAFIT.....	52
Plastic Surgery KC.....	2
Plaza House.....	10
Pub Lounge Emerald.....	46
Run Design Okinawa .....	52
Rycom Dental Clinic.....	46
Santa Monica International School.....	60
Stickywich Sandwich.....	54
Sushi on La Cienega (Sally Marche) .....	64
T-Galleria by DFS Okinawa.....	24
University of Maryland Global Campus.....	40
Yakiniku Goen.....	36
Yakiniku Yumemaru.....	36
Zion Christian Academy International.....	60

**EASTERN THIRD SHIFT E3S**

Old Japanese furniture and gifts.  
tel:098-960-1039




Make an appointment today! (Just looking & checking welcome)  
Feel free to contact me at eastern3shift@gmail.com  
We open the warehouse on an appointment-only basis  
appointments available from 10:00 to 17:00  
Tue, Wed, Fri, Sat (Closed, Mon, Thur, Sun)



ESSENTIAL SKILLS FOR VEHICLE MAINTENANCE

# AUTO CARE WORKSHOP



MARCH 13 |  
CAMP KINSER  
AUTO-DETAILING  
WORKSHOP

MAY 17 |  
CAMP COURTNEY  
TEEN BASIC AUTO  
CARE (SAFETY AND

JULY 23 |  
CAMP KINSER  
ESSENTIAL  
AUTO SKILLS 101

SEPTEMBER 25 |  
CAMP FOSTER  
JAPANESE  
COMPULSORY  
INSURANCE (JCI) 101



MARINE & Family Marine Corps Family Team Building

MCCS MARINE CORPS

TYPHOON MOTORS

/// SCAN QR CODE TO REGISTER

11 MAY

Meeting Advantage:  
Time and Productivity Skills

Camp Foster  
Education Center | May 11  
9 a.m. - 4 p.m.

This workshop introduces essential productivity and time-management strategies to help participants reduce stress, manage priorities and stay focused on what matters most at work and at home.



18 MAY

MARINE & Family Marine Corps Family Team Building

645-3696  
mcftbokinawa@okinawa.usmc-mccs.org  
facebook.com/mccsokinawa.marineandfamily

MCCS MARINE CORPS COMMUNITY SERVICES

ENJOY AN EXCLUSIVE EVENING AT

# TAIYO

---

STEAKHOUSE

Featuring the Chef's Tasting Menu—an elegant six-course fine-dining experience with beverage pairings crafted by Taiyo Steakhouse's in-house mixologist

\$50  
per guest



Available Thursdays with limited availability;  
reservations required via email at  
[mccstaiyosteakhousereservations@okinawa.usmc-mccs.org](mailto:mccstaiyosteakhousereservations@okinawa.usmc-mccs.org).

NOT  
ONE!  
DROP

**MCCCS**  
MARINE CORPS  
COMMUNITY  
SERVICES

# SUMO SHOWDOWN

**KINSER SURFSIDE  
MAY 27, 6-9 P.M.**

**ADULTS: \$35**

**CHILDREN (5-11): \$17.50**

**CHILDREN UNDER 5: FREE**



---

**INTERACT WITH A PROFESSIONAL SUMO  
WRESTLER AND ENJOY A SPECIALLY  
PREPARED BUFFET.**

**PARTAKE IN A SUMO-SUIT TOURNAMENT  
WITH PRIZES AWARDED TO 1ST AND 2ND  
PLACE. REGISTRATION REQUIRED!**

---



SCAN THE QR FOR  
MORE INFORMATION  
AND TO REGISTER.

**MCCS**  
MARINE CORPS  
COMMUNITY  
SERVICES

[www.okinawa.usmc-mccs.org/entertainment](http://www.okinawa.usmc-mccs.org/entertainment)

# FUTENMA FLIGHT LINE Fair

**MAY 9-10**  
**1-9 P.M.**

花火 | FIREWORKS | 5/9@8:15 P.M.



5/9@7 P.M.

**THIRD EYE BLIND**

**CAR SHOW, MILITARY AIRCRAFT STATIC DISPLAYS AND MORE!**

カーショー、軍用機の地上展示など盛りたくさん！



This event is FREE and open to DoD ID card holders, Japanese and American citizens. Do not bring outside alcohol, pets, glass bottles, coolers or large bags.

SPONSORED IN PART BY:



\*No DoD, Marine Corps or MCCS endorsement intended or implied.