



4 on 4 OPEN BEACH VOLLEYBALL TOURNAMENT

1. **Purpose.** To disseminate information and instruction pertaining to 4 on 4 Open Beach Volleyball Tournaments.
2. **Eligible Teams / Players:** Open Island-wide.
3. **Team Size.** The team size will be limited to 6 players, plus a coach. A coach who participates as a player will count against the 6 player limit.
4. **Awards.** Team and individual awards will be given to 1st, 2nd, and 3rd place finishers.
5. **Tournament Rules.**
 - a. The United States Volleyball Association (USVBA) rules will apply as modified by these by-laws or the Tournament Director.
 - b. Game time is forfeit time with those exceptions that are deemed necessary by the Tournament Director in order to meet any unforeseen contingencies.
 - c. All matches will be the best two out of three games.
 - d. All games of matches will use the "Rally Point" scoring system (either team may score a point regardless of serve).
 - e. Coaches are responsible for dissemination of all tournament information and are responsible for the conduct of their team, players, and spectators. Coaches are also responsible for getting the time of their next game from the Tournament Director. There will be no excuses for failure to be aware of your next game time.
 - f. All teams must be at the gym 30 minutes prior to the scheduled start time of their games. Coaches must have their line-ups turned in 15 minutes prior to their game times.
 - g. Exposed jewelry must be removed and may not be worn during the game. Wedding rings will be allowed, however they must be taped and covered at all times.
 - h. The following clothing/attire, in **not** authorized.

1. *Shorts with pockets. (Pockets that have been completely stitched or sown shut will be at the discretion of the officials.)*
 2. *Shoes not designed for an indoor basketball court.*
- i. Coaches are responsible to ensure that prior to leaving the courts, team areas are cleaned from all trash, i.e. cups and personal gear.
 - j. Teams that fail to show for their first game will automatically be forfeited out of the remainder of the tournament, unless the Tournament Director is made aware of this prior to that team's first game.
6. **Officials.** There will be one tower official, one floor official, and one scorekeeper.
 7. **Team Rosters.** All team rosters must be turned in 30 minutes prior to their first game. Any team discovered to have played a game or is currently playing with an illegal player will forfeit out of the tournament from that point forward. It is the responsibility of teams to protest illegal players to the Tournament Director. Once a player's name appears on an official roster, he/she will not be authorized to play for another team at any time during the tournament.
 8. **Protest.** The only protest that will be entertained will be for illegal players. All protest will be handled by the Tournament Director.
 9. **Ejection.** If a player or coach is ejected from the game, they must leave the playing area, to include the spectator area within a reasonable amount of time to be determined by the Tournament Director. The ejected player/coach will have to sit out the remainder of the game in progress as well as their next game. All ejections will be reviewed by the Tournament Director for further actions.
 10. **Alcohol.** Alcohol is not permitted in the team/bench area, field of play or to be used by any player during their game. **THERE WILL BE NO GLASS CONTAINERS OF ANY TYPE PERMITTED.**
 11. **Smoking.** Smoking is not permitted in the team/bench area, field of play or to be used by any player during their game. **THIS INCLUDES ANY E-CIGARETTE OR OTHER SMOKING RELATED PARAPHERNALIA.**
 12. **Pets.** There shall be no pets of any kind allowed on any athletic field or within spectator seating.
 13. **Tournament Director.** The Tournament Director or MCCS representative will be responsible for the administration of the tournament and all aspects thereof. Any and all decisions are final.



OPEN 6 VS 6 SOCCER TOURNAMENT

1. **Purpose:** To disseminate information and instruction pertaining to Open 6 vs 6 Soccer Tournaments.
2. **Eligible Teams / Players:** Open Island-wide.
3. **Team Size:** The team size will be limited to 12 players, plus a coach. A coach who participates as a player will count against the 12 player limit.
4. **Awards:** Team and individual awards will be given to 1st, 2nd, and 3rd place finishers.
5. **Tournament Rules:**
 - a. The Federation Internationale de Football Association (FIFA) rules will apply as modified by these by-laws or the Tournament Director.
 - b. Game time is forfeit time with those exceptions that are deemed necessary by the Tournament Director in order to meet any unforeseen contingencies.
 - c. A match will be played by two teams, each consisting of not more than 6 players and not less than 4 players, one of whom will be the goalkeeper.
 - d. Field size will be 75 yards in length and 45 yards in width. Field size may be adjusted by the Tournament Director to meet any facility limitations at their installation.
 - e. There will be no offside.
 - f. Each game will consist of two 20-minute halves with a running clock.
 - g. Half time will be (5) minutes.
 - h. Tie games will be determined by a Shoot-out using penalty kicks per FIFA guidelines.
 - i. Substitutions will be unlimited in number and will be made at the discretion of the referee IAW established FIFA procedures.

6. Uniforms and Equipment:

- a. MCCS will only provide players with jerseys/pennies. All other team equipment will be the responsibility of the coaches and team members.
- b. All players, including the goalkeeper, will be required to wear shin guards covered by socks during the entirety of all matches.
- c. **Shorts with pockets are not authorized.** (Pockets that have been completely stitched or sown shut will be at the discretion of the officials.)
- d. Shoes with metal cleats and football or softball cleats are not authorized.

7. Officials: During all games there will be two officials.

8. Team Rosters. All team rosters must be turned in 30 minutes prior to their first game. Any team discovered to have played a game or is currently playing with an illegal player will forfeit out of the tournament from that point forward. It is the responsibility of teams to protest illegal players to the Tournament Director. Once a players name appears on an official roster, he/she will not be authorized to play for another team at any time during the tournament.

9. Protest. The only protest that will be entertained will be for illegal players. All protest will be handled by the Tournament Director.

10. Alcohol: Alcohol is not permitted in the team/bench area, field of play or to be used by any player during their game. **THERE WILL BE NO GLASS CONTAINERS OF ANY TYPE PERMITTED.**

11. Smoking: Smoking is not permitted in the team/bench area, field of play or to be used by any player during their game. **THIS INCLUDES ANY E-CIGATRETTE OR OTHER SMOKING RELATED PARAPHERNALIA.**

12. Pets: There shall be no pets of any kind allowed on any athletic field or within spectator seating.

13. Ejection. Players who receive a red card are ejected from the game. A tackle from behind is an automatic red card. If a player or coach is ejected from the game, they must leave the playing area, to include the spectator area within a reasonable amount of time to be determined by the Tournament Director. The ejected player/coach will have to sit out the remainder of the game in progress as well as their next game. All ejections will be reviewed by the Tournament Director for further actions.

14. Tournament Director. The Tournament Director or MCCS representative will be responsible for the administration of the tournament and all aspects thereof. Any and all decisions are final.



OPEN 8-MAN FLAG FOOTBALL TOURNAMENT

1. **Purpose:** To disseminate information and instruction pertaining to Open Eight-Man Flag Football Tournaments.
2. **Eligible Teams / Players:** Open Island-wide.
3. **Team Size:** The team size will be limited to 20 players, plus a coach. A coach who participates as a player will count against the 20 player limit.
4. **Awards:** Team and individual awards will be given to 1st, 2nd, and 3rd place finishers.
5. **Tournament Rules:**
 - a. The United States Flag and Touch Football League (USFTL) rules will apply as modified by these by-laws or the Tournament Director.
 - b. Game time is forfeit time with those exceptions that are deemed necessary by the Tournament Director in order to meet any unforeseen contingencies.
 - c. All games will consist of two (20) minute halves with a running clock. The last two minutes of each half will be played with a stop/regulation clock. Halftime will be five minutes.
 - d. The field will be 80 yards in length with 10-yard end zones (total 100 yards) and 40 yards in width. The field of play will have four 20-yard zones of play. Zone lines will be marked at 20 yards from each goal line the center zone line will be 40 yards from each goal line. Team areas will be clearly marked and between the 20-yard lines.
 - e. The game will be played with eight players on the field with four out of the eight players on the line.
 - f. Goal posts will not be used. The kicking of field goals or extra points will not be allowed.
 - g. Free kicks (kickoffs) will occur from the kicking team's 20 yard line. The receiving team will line up behind the 40 yard line.

- h.** Tie games will be decided by the penetration rule. The team penetrating, or advancing the ball into their opponent's territory, after the completion of a series of eight plays, (four consecutive plays per team) shall be declared the winner, unless other scores have been made by either team during the overtime period. In case a touchdown is scored, play shall resume after the try for point by a scrimmage at the center of the field and the series shall be competed, unless that play was the last of the series.

 - (1) The ball will be placed on the 40-yard line at the start of the overtime and after each score.
 - (2) A coin toss at the start of the first overtime will determine the options in the overtime period. The home team captain will call the toss. If additional overtime periods are played, field captains will alternate choices.
 - (3) Each team will run four consecutive offensive plays, unless of a turnover.
 - (4) If a pass is intercepted, the defense may return the ball for yardage and possible score. If deflagged on the defensive side of the line of scrimmage, the ball will be placed back on the line of scrimmage, and the offense will continue with its remaining downs. If the defense returns the ball to the offensive side of the line of scrimmage, and is deflagged, the ball will be placed at the spot of deflag. If the defense scores, the ball shall be placed on the 40-yard line and the offense must score a touchdown on its remaining downs.
- i.** There will be no three or four point stances authorized. Individuals who are caught violating this rule will be charged with the appropriate penalty.
- j.** Scrimmage kicks must be announced in advance. Failure to make the appropriate announcement will result in the appropriate penalty.
- k.** In the case that a runner loses their flag either accidentally, inadvertently (not removed by grabbing or pulling), or on purpose the play continues. The deflagging reverts to a two handed touch of the runner between the shoulders and the knees.
- l.** MCCS does not furnish any uniform items other than jerseys.
- m.** Shorts with pockets are not authorized. Pockets that have been completely stitched or sewn shut will be at the discretion of the officials.
- n.** Shirts must be tucked in at all times.

- o. Shoes with metal cleats are the only type of footwear that will not be authorized to be worn by the participating players.
- p. Coaches are responsible for dissemination of all tournament information and are responsible for the conduct of their team, players, and spectators. Coaches are also responsible for getting the time of their next game from the Tournament Director. There will be no excuses for failure to be aware of your next game time.
- q. All teams must be at the field 30 minutes prior to the scheduled start time of their games.
- r. Coaches are responsible to ensure that prior to leaving the field, team areas are cleaned from all trash, i.e. cups and personal gear.
- s. Teams that fail to show for their first game will automatically be forfeited out of the remainder of the tournament, unless the Tournament Director is made aware of this prior to that team's first game.

6. Officials.

- a. During all games there will be three officials.
- b. Time and score will be kept on the field by the officials.
- c. Each team will provide one person to the game officials during different halves of the game for the management of the down marker.

7. Team Rosters. All team rosters must be turned in 30 minutes prior to their first game. Any team discovered to have played a game or is currently playing with an illegal player will forfeit out of the tournament from that point forward. It is the responsibility of teams to protest illegal players to the Tournament Director. Once a player's name appears on an official roster, he/she will not be authorized to play for another team at any time during the tournament.

8. Protest. The only protest that will be entertained will be for illegal players. All protest will be handled by the Tournament Director.

9. Alcohol: Alcohol is not permitted in the team/bench area, field of play or to be used by any player during their game. **THERE WILL BE NO GLASS CONTAINERS OF ANY TYPE PERMITTED.**

10. Smoking. Smoking is not permitted in the team/bench area, field of play or to be used by any player during their game. **THIS INCLUDES ANY E-CIGARETTE OR OTHER SMOKING RELATED PARAPHERNALIA.**

11. **Pets.** There shall be no pets of any kind allowed on any athletic field or within spectator seating.

12. **Ejection.** If a player or coach is ejected from the game, they must leave the playing area, to include the spectator area within a reasonable amount of time to be determined by the Tournament Director. The ejected player/coach will have to sit out the remainder of the game in progress as well as their next game. All ejections will be reviewed by the Tournament Director for further actions.

13. **Tournament Director.** The Tournament Director or MCCS representative will be responsible for the administration of the tournament and all aspects thereof. Any and all decisions are final.



OPEN BASKETBALL TOURNAMENT

1. **Purpose.** To disseminate information and instruction pertaining to Open Basketball Tournaments.
2. **Eligible Teams / Players:** Open to SOFA status only.
3. **Team Size.** The team size will be limited to 12 players, plus a coach. A coach who participates as a player will count against the 12 player limit.
4. **Awards.** Team and individual awards will be given to 1st, 2nd, and 3rd place finishers.
5. **Tournament Rules.**
 - a. National Collegiate Athletic Association (NCAA) rules will apply as modified by these by-laws or the Tournament Director.
 - b. Game time is forfeit time with those exceptions that are deemed necessary by the Tournament Director in order to meet any unforeseen contingencies.
 - c. All games will consist of two (20) minute halves with a running clock, with the last two minutes of the last half being a regulation clock. Half time will be five minutes and extra periods will be five minutes, with the last minute being a regulation clock.
 - d. All games will consist of four (4) full timeouts and two (2) thirty-second timeouts. There will be one timeout given for each overtime period. No timeouts will carry over.
 - e. Coaches are responsible for dissemination of all tournament information and are responsible for the conduct of their team, players, and spectators. Coaches are also responsible for getting the time of their next game from the Tournament Director. There will be no excuses for failure to be aware of your next game time.
 - f. All teams must be at the gym 30 minutes prior to the scheduled start time of their games. Coaches must have their line-ups in the score book 15 minutes prior to their game times.
 - g. Exposed jewelry must be removed and may not be worn during the game. Wedding rings will not be allowed.

- h.** The following clothing/attire, in **not** authorized.
1. *Shorts with pockets. (Pockets that have been completely stitched or sown shut will be at the discretion of the officials.)*
 2. *Shoes with marking soles.*
- i.** Coaches are responsible to ensure that prior to leaving the courts, team areas are cleaned from all trash, i.e. cups and personal gear.
- j.** Teams that fail to show for their first game will automatically be forfeited out of the remainder of the tournament, unless the Tournament Director is made aware of this prior to that team's first game.
- 6. Officials.** There will be two officials, one scorekeeper and one timer during all games. During all semi-final and championship games there will be three officials on the court.
- 7. Team Rosters.** All team rosters must be turned in 30 minutes prior to their first game. Any team discovered to have played a game or is currently playing with an illegal player will forfeit out of the tournament from that point forward. It is the responsibility of teams to protest illegal players to the Tournament Director. Once a player's name appears on an official roster, he/she will not be authorized to play for another team at any time during the tournament.
- 8. Protest.** The only protest that will be entertained will be for illegal players. All protest will be handled by the Tournament Director.
- 9. Ejection.** If a player or coach is ejected from the game, they must leave the playing area, to include the spectator area within a reasonable amount of time to be determined by the Tournament Director. The ejected player/coach will have to sit out the remainder of the game in progress as well as their next game. All ejections will be reviewed by the Tournament Director for further actions.
- 10. Pets.** There shall be no pets of any kind allowed on any athletic field or within spectator seating.
- 11. Tournament Director.** The Tournament Director or MCCS representative will be responsible for the administration of the tournament and all aspects thereof. Any and all decisions are final.



Cornhole format

1. Type of Competition. Individual competition.
2. Rules. The **American Cornhole Association (ACA)** rules will apply as modified by these by-laws or the tournament director.
3. Eligibility. To be eligible, all entrants must be active duty military, DoD employees, dependents 1 years of age or older, IHA or MLC.
4. Divisions. These divisions include: an open men and women division.
5. Awards.
 - a. One award for the first, second and third place finisher.
6. Officials. There will be no officials. Disputes which cannot be resolved by the active contestants will be resolved by the Marine Corps Community Services (MCCS) designated representative.
7. By-laws.

SINGLES CORNHOLE MATCHES

Two single players compete against one another until a single winner is determined.

- Both players stay in their designated lane for the whole game.
- Players start the game at the headboard and will alternate pitching bags until each player has pitched all four of his/her bags.
- Players then walk to the end of their lane to the other court, take score, and resume pitching back to the other board.
- The top of an inning is completed when the first player pitches all four bags; the bottom of the inning is completed when the remaining player pitches all four bags.

DOUBLES CORNHOLE MATCHES

Two teams, consisting of two players, compete against one another until a winning team is determined.

- Each team will stay in their designated lane for the whole game.
- Players at the headboard will alternate pitching bags until each player has pitched all four of his/her bags.
- Players at the footboard will take score and resume pitching back to the other board.
- The top of an inning is completed when both players pitching from the headboard pitch all four bags; the bottom of the inning is completed when the remaining players pitching from the footboard pitch all four bags.

SCORING

The approved method of scoring for the sport of cornhole is "cancellation" scoring. In cancellation scoring, the points of one player cancel out the points of their opponent. Using this method, only one player/team can score in each inning.

- Bag In-The-Count (Woody): Any bag which comes to rest anywhere on top of the board. Each is worth one (1) point.
- Bag In-The-Hole (Cornhole): Any bag which is thrown through the hole or knocked through the hole by another bag. Each is worth three (3) points.
- Foul Bags - Refers to any bag that has not been determined as Bag In-The-Count or Bag In-The Hole or was designated a foul bag as the result of rules violation

PLAYER PITCHING ROTATION

The player or team who scored in the preceding inning has honor pitching first in the next inning. If neither player or team scores, the player or team who pitched first in the preceding frame shall retain first pitch in the next frame.

POSITION OF PLAYERS DURING PITCHING

- The pitcher must be within the pitcher's box or behind the foul line at the time of release.
- A player must pitch all four bags from their designated pitcher's box.
- Players must pitch the bag with an under-hand release.

FOUL BAG RULE VIOLATIONS

The following are rule violations that must be spotted and called by a player or assigned judge. The penalty is to declare the bag a foul bag, which requires the bags to be removed from the court prior to resuming play.

- a. Any bag pitched when the player has made contact with or crossed over the foul line
- b. Any bag pitched when the player has started or stepped completely outside the pitcher's box before the bag is released
- c. Any bag not delivered within the 20-second time limit
- d. A bag pitched from a different pitcher's box than the first bag
- e. Any bag that contacted the court or the ground before coming to rest on the board
- f. Any bag that struck a previously defined object such as a tree limb, wire, indoor court ceiling, etc.
- g. Any bag removed from the board before scoring has been agreed upon for that bag
 - i. The offending team (who touches the bags) forfeits all remaining bags and tallies the score of just the bags thrown before the foul was reported
 - ii. The non-offending team tallies twelve (12) points as if they had thrown four Bag In-The-Holes (Cornholes) during the inning
- h. A bag that leaves a player's hand once the final forward swing of the delivery process has started shall count as a pitched bag
- i. A bag that is accidentally dropped by a player before the final forward swing has started shall not be considered foul and may be picked up and pitched. Protests - If a player desires to make a protest, the protest shall be made to the judge or official at the time the problem occurs. The judge shall make the final ruling on all protests.

DETERMINING WINNERS - TRADITIONAL 21

The game shall be played to the predetermined number of twenty-one points. The first player/team to reach (or exceed) that amount at the conclusion of an inning is the winner.



**Power Lifting
Competition Rules**

1. **Purpose:** To disseminate information and instruction pertaining to Open Power Lifting Tournaments.
2. **Eligible Participants:** Open Island-wide.
3. **Division:**

Bodyweight categories:

a. Female Open Weight Classes:

- 47 Kg & UNDER
- 47.01 Kg - 52 Kg
- 52.01 Kg - 57 Kg
- 57.01 Kg - 63 Kg
- 63.01 Kg - 72 Kg
- 72.01 Kg - 84 Kg
- 84.01 Kg & OVER
- MASTERS DIVISION / 40 YRS & OVER

b. Male Open Weight Classes:

- 59 Kg & UNDER
- 59.01 Kg - 66 Kg
- 66.01 Kg - 74 Kg
- 74.01 Kg - 83 Kg
- 83.01 Kg - 93 Kg
- 93.01 Kg - 105 Kg
- 105.01 Kg - 120 Kg
- 120.01 Kg & OVER
- MASTERS DIVISION / 40 YRS & OVER

4. **Rules:** The International Power lifting Federation (IPF) rules will apply as modified by these By-laws or the Tournament Director.

5. **Competition Bylaws.** Competition will be conducted in the following lift sequence in all divisions:

Squat Bench Press Dead lift

a. Competition takes place between lifters in categories defined by sex and bodyweight.

b. Each competitor is allowed three attempts on each lift.

c. Lifters failing to achieve a total are eliminated from the overall competition.

d. If two or more lifters achieve the same total, the lighter lifter ranks above the heavier lifter.

e. If two lifters register the same bodyweight at the weigh in and eventually achieve the same total at the end of the competition, the lifter making the total first will take precedence over the other lifter.

f. The overall male and female winner of the competition will be determined using the Wilks formula.

6. **Awards:** Individual awards will be given to the 1st, 2nd and 3rd place in each weight division. There also be an Overall award given to the top male and female lifter.

7. **Officials:** There will be three Officials used during all competition.

8. **Tournament Director:** The Tournament Director or MCCS representative will be responsible for the administration of the tournament and all aspects thereof. Any and all decisions are final.



OPEN SOFTBALL TOURNAMENT

1. **Purpose:** To disseminate information and instruction pertaining to Open Softball tournaments.
2. **Eligible Teams / Players:** Open Island-wide.
3. **Team Size:** The team size will be limited to 15 players, plus a coach. A coach who participates as a player will count against the 15 player limit. Each team must start with 9 players. There are no exceptions (USA Softball Rules).
4. **Awards.** Team and Individual awards will be given to 1st, 2nd and 3rd place finishers.
5. **Tournament Rules:**
 - a. Game time is forfeit time with those exceptions that are deemed necessary by the Tournament Director in order to meet any unforeseen contingencies.
 - b. The USA Softball rules will apply as modified by these by-laws or the Tournament Director.
 - c. All games will have a 60-minute time limit, **ONLY THE CHAMPIONSHIP AND "IF" GAMES WILL HAVE A 75-MINUTE TIME LIMIT.**
 - d. The Mercy Run Rule, "20 after 3, 15 after 4, and 10 after 5", will be in effect for all games.
 - e. *As stated in the USA Softball 2009 Rule Changes, "Prior to the pitch the batter will enter the batters box with a one ball one strike count". For example, upon entering the batters box for the first time, if the pitcher throws two strikes, then the batter is out. If the pitcher throws three balls, the batter takes a walk.*
 - f. All team Coaches are responsible for getting the time and field assignments of their next game from the Tournament Director. There will be no excuses for failure to be aware of your next game times and location.
 - g. All teams must be at the field 30 minutes prior to game time. Coaches must have their line-ups in the score book 15 minutes prior to their game time.
 - h. Shoes with metal cleats are the only type of foot wear that will not be **authorized** to be worn by any participating player.
 - i. Coaches are responsible to ensure that prior to leaving the ball field, team areas are cleaned of all trash, i.e. cups and personal gear.

j. Teams that fail to show for their first game will automatically be forfeited out of the remainder of the tournament, unless the Tournament Director is made aware of this prior to that team's first game.

6. **Officials.** There will be one home plate umpire, one field umpire and one scorekeeper for all games.
 7. **Team Rosters:** All team rosters must be turned in 30 minutes prior to your first game. Any team discovered to have played a game or is currently playing with an illegal player will forfeit out of the tournament. It is the responsibility of teams to protest illegal players to the Tournament Director.
 8. **Protest:** The only protest that will be entertained will be for illegal players. All protests will be handled by the Tournament Director.
 9. **Ejection:** If a player or coach is ejected from the game, they must leave the playing area within a reasonable amount of time. They will sit out for the remainder of that game and their next game as well. All ejections will be reviewed by the Tournament Director for further actions.
 10. **Alcohol:** NO ALCOHOL OF ANY KIND IS ALLOWED IN THE TEAM AREA OR ON THE FIELD OF PLAY. COACHES ARE RESPONSIBLE FOR THE TEAM AREAS AND WILL BE EJECTED ALONG WITH INDIVIDUAL POSSESSING THE ALCOHOL. ANY PLAYER APPEARING TO BE UNDER THE INFLUENCE OF ALCOHOL WILL BE REMOVED FROM THE TOURNAMENT. **THERE WILL BE NO GLASS CONTAINERS OF ANY TYPE PERMITTED.**
- Note: MCBJ/IIIMEF Order 1050.7A Personnel are not authorized to consume alcoholic beverages at spectator-type events, public gatherings or assemblies unless such beverages are dispensed to the general public by an activity authorized by competent authority. MCCS will not be responsible for enforcing this order, however all personnel are expected to comply.
11. **Smoking:** Smoking is not permitted in the team/bench area, field of play or to be used by any player during their game. **THIS INCLUDES ANY E-CIGARETTE OR OTHER SMOKING RELATED PARAPHERNALIA.**
 12. **Pets:** There shall be no pets of any kind allowed on any athletic field or within spectator seating.
 13. **Tournament Director:** The Tournament Director, or MCCS Representative, will be responsible for the administration of the tournament and all aspects thereof. Any and all decisions are final.



Open Tennis Format

1. **Purpose:** To disseminate information and instruction pertaining to Open Tennis Tournaments.
2. **Eligible Teams / Players:** Open Island-wide to SOFA and NON-SOFA 18 years of age or older.
3. **Type of Competition:** Men's Singles Competition, (Beginner, Intermediate, or Advanced), Women's Singles Competition (Beginner, Intermediate, or Advanced). Players will be required to choose their divisions before tournament play starts.
4. **Division.** Beginner, Intermediate, and Advanced.
 - A. Begin with 1.5. Read all categories carefully and then decide which one best describes your present ability level.
 - B. When rating yourself assume you are playing against a player of the same gender and the same ability.

1.5 (Beginner)

You have little to no experience playing on the court.

2.0 (Beginner)

Still learning the fundamentals of play.

2.5 (Intermediate)

You have limited experience and are working primarily on getting the ball in play.

3.0 (Intermediate)

you lack court experience and your strokes need developing. You are familiar with the basic positions for singles and doubles play.

3.5 (Intermediate)

you are learning to judge where the ball is going, although your court coverage is limited. You can sustain a short rally of slow pace with other players of the same ability.

4.0 (Intermediate)

You are fairly consistent when hitting medium-paced shots, but are not comfortable with all strokes and lack execution when trying for directional control, depth, or power. You're most common doubles formation is one-up, one-back.

4.5 (Advanced)

you have achieved improved stroke dependability with directional control on moderate shots, but need to develop depth and variety. You exhibit more aggressive net play, have improved court coverage and are developing teamwork in doubles.

5.0 (Advanced)

you have dependable strokes, including directional control and depth on both forehand and backhand sides on moderate-paced shots. You can use lobs, overheads, approach shots and volleys with some success and occasionally force errors when serving. Rallies may be lost due to impatience. Teamwork in doubles is evident.

5.5 (Advanced)

You have developed your use of power and spin and can handle pace. You have sound footwork, can control depth of shots, and attempt to vary game plan according to your opponents. You can hit first serves with power and accuracy and place the second serve. You tend to over hit on difficult shots. Aggressive net play is common in doubles.

6.0 (Advanced)

You have good shot anticipation and frequently have an outstanding shot or attribute around which a game may be structured. You can regularly hit winners or force errors off of short balls and can put away volleys. You can successfully execute lobs, drop shots, half volleys, overhead smashes, and have good depth and spin on most second serves.

5. **Rules.** The United States Tennis Association (USTA) rules will apply as modified by these bylaws or by the Tournament Director.

6. Bylaws.

a. The tournament format will be single elimination within each division or a round robin format depending of the number of participants.

b. All matches will be in a best 2 out of 3 format with regular scoring i.e. (Love), 15, 30, 40 and then game, unless duce & advantage comes into play until one of the players wins by a 2 point margin.

c. For the championship game which can be a 15 Points per match format the best 2 out of 3 matches set. Unless all participants agree to play the championship game with regular scoring before the start of the tournament.

d. Initial pairings for all tournament divisions will be done prior to tournament play.

e. Players will be granted a 10 minute grace period between sets.

f. The players should announce in a voice audible to his opponent the set at the beginning of each game and the point scores as the game goes on.

g. Always serve diagonally starting each game on the right. You can serve anywhere in the service box at any speed with any spin. If the ball goes out once it called a fault and you get a second serve, however, if this one goes out too then the point goes to your opponent.

h. A let is when the ball touches the net on a serve yet still goes over and into the service box. How many Lets in Tennis? You get as many let's as you want as long as the ball hits the net and goes over the other side. After one game the other player will then serve etc. A coin is tossed and the person who wins get to decide if they wish to serve first or not and the other player decides which end they will start playing from.

7. **Awards:** Will be presented to first, second, and third place winners in each division.
8. **Pets:** There shall be no pets of any kind allowed on any athletic field or within spectator seating.
9. **Officials:** There will be no officials. Disputes which cannot be resolved by the active contestants will be resolved by the (MCCS) designated Tournament Director.
10. **Tournament Director:** The Tournament Director or MCCS representative will be responsible for the administration of the tournament and all aspects thereof. Any and all decisions are final.



OPEN VOLLEYBALL TOURNAMENT

1. **Purpose.** To disseminate information and instruction pertaining to Open Volleyball Tournaments.
2. **Eligible Teams / Players:** Open to SOFA only.
3. **Team Size.** The team size will be limited to 10 players, plus a coach. A coach who participates as a player will count against the 10 player limit.
4. **Awards.** Team and individual awards will be given to 1st, 2nd, and 3rd place finishers.
5. **Tournament Rules.**
 - a. The United States Volleyball Association (USVBA) rules will apply as modified by these by-laws or the Tournament Director.
 - b. Game time is forfeit time with those exceptions that are deemed necessary by the Tournament Director in order to meet any unforeseen contingencies.
 - c. All matches will be the best two out of three games.
 - d. All games of matches will use the "Rally Point" scoring system (either team may score a point regardless of serve).
 - e. Coaches are responsible for dissemination of all tournament information and are responsible for the conduct of their team, players, and spectators. Coaches are also responsible for getting the time of their next game from the Tournament Director. There will be no excuses for failure to be aware of your next game time.
 - f. All teams must be at the gym 30 minutes prior to the scheduled start time of their games. Coaches must have their line-ups turned in 15 minutes prior to their game times.
 - g. Exposed jewelry must be removed and may not be worn during the game. Wedding rings will be allowed, however they must be taped and covered at all times.
 - h. The following clothing/attire, in **not** authorized.

1. *Shorts with pockets. (Pockets that have been completely stitched or sown shut will be at the discretion of the officials.)*
 2. *Shoes not designed for an indoor basketball court.*
- i. Coaches are responsible to ensure that prior to leaving the courts, team areas are cleaned from all trash, i.e. cups and personal gear.
 - j. Teams that fail to show for their first game will automatically be forfeited out of the remainder of the tournament, unless the Tournament Director is made aware of this prior to that team's first game.
6. **Officials.** There will be one tower official, one floor official, and one scorekeeper.
 7. **Team Rosters.** All team rosters must be turned in 30 minutes prior to their first game. Any team discovered to have played a game or is currently playing with an illegal player will forfeit out of the tournament from that point forward. It is the responsibility of teams to protest illegal players to the Tournament Director. Once a players name appears on an official roster, he/she will not be authorized to play for another team at any time during the tournament.
 8. **Protest.** The only protest that will be entertained will be for illegal players. All protest will be handled by the Tournament Director.
 9. **Ejection.** If a player or coach is ejected from the game, they must leave the playing area, to include the spectator area within a reasonable amount of time to be determined by the Tournament Director. The ejected player/coach will have to sit out the remainder of the game in progress as well as their next game. All ejections will be reviewed by the Tournament Director for further actions.
 10. **Alcohol.** Alcohol is not permitted in the team/bench area, field of play or to be used by any player during their game. **THERE WILL BE NO GLASS CONTAINERS OF ANY TYPE PERMITTED.**
 11. **Smoking.** Smoking is not permitted in the team/bench area, field of play or to be used by any player during their game. **THIS INCLUDES ANY E-CIGATRETTE OR OTHER SMOKING RELATED PARAPHERNALIA.**
 12. **Pets.** There shall be no pets of any kind allowed on any athletic field or within spectator seating.
 13. **Tournament Director.** The Tournament Director or M CCS representative will be responsible for the administration of the tournament and all aspects thereof. Any and all decisions are final.