

MARCH 2026

Director's Corner

Readiness, Resilience, and Informed Support

March is about building readiness through early, intentional action. Prevention does not begin when stress peaks; it begins when we teach skills, connect families to resources, and strengthen support systems before challenges grow.

This month, MCFTB programming focuses on practical readiness leadership, deployment preparation, and meaningful family connection. From FRP training that strengthens unit readiness systems to L.I.N.K.S. Foundations, which builds confident and connected spouses, every initiative supports Marines and families across Okinawa with tools that reduce stress and strengthen resilience.

Prevention is not reactive; it is proactive and purposeful. When readiness leaders are trained, spouses are connected, and families understand available resources early, we minimize confusion, reduce avoidable crises, and build confidence across the force.

March programming supports Marine Corps Total Fitness by reinforcing mental, social, and spiritual fitness through education, connection, and proactive planning. Strong families support strong units—and that remains at the heart of everything MCFTB does.

— Bebe Husanini

MCFTB Leads by Example

The MCFTB Team proudly won the MCCS Crews Into Shape Challenge demonstrating Marine Corps Total Fitness in action. Through consistent physical activity, healthy choices, and strong team accountability, we strengthened not only our bodies but our overall readiness. Physical wellness supports mental clarity, emotional resilience, and mission effectiveness all key components of Total Fitness. MCFTB remains committed to supporting our community through LifeSkills education, readiness and deployment support, prevention programming, and resilience-building initiatives. We don't just teach readiness — we live it.



KIDS' WARRIOR DAY 2026

April 11, 2026 | 0630-1300
Camp Foster – Field 2

MCFTB is currently recruiting volunteers to support Spring Kids' Warrior Day! Volunteers are needed the day prior and the morning of the event (show time 0630). Opportunities include set-up/registration support, station facilitators (Drill & Mini CFT, Mini MCMAP, Dodgeball, Nerf Range, Obstacle Course), platoon leaders, and a motivational speaker. Special request: two MCMAP trainers. Help us create a high-energy, confidence-building experience for our Mini-Marines while supporting community readiness. Contact MCFTB to volunteer!



**KIDS
WARRIOR DAY**
April 11, 2026
0730-0820 Sign-in
0830-1200 Events
Camp Foster Field 2

Registration opens from Mar 16-22.
For questions, contact mcftbokinawa@okinawa.usmc-mccs.org
or Call DSN 645-3689 / from cell 098-970-3689

KIDS' WARRIOR DAY 2026!

VOLUNTEER NOW

We need you on April 11 to bring the energy, the noise, and the Esprit De Corps or your Navy's Fighting Spirit. There are also opportunities to help with set up on April 10.
Camp Foster Field 2 - Behind Gunners.

SCAN ME



LOOKING FOR SQUAD LEADERS,
STATION RUNNERS, AND MORE.

UPCOMING WORKSHOPS

L.I.N.K.S.

L.I.N.K.S. Empower Hour: Career Development Workshop

12 March 2026 | 1000-1200

Camp Foster, Ed Center Rm 13

L.I.N.K.S. Empower Hour is an in-person career development workshop for military spouses, providing tools, strategies, and expert guidance to boost your professional skills, navigate PCS moves, and explore new career opportunities while connecting with other MilSpouses and building your network.

Japanese L.I.N.K.S. Foundations

17 March 2026 | 0900-1600

Camp Foster, Ocean Breeze

Designed for Japanese spouses new to military life, L.I.N.K.S. Foundations provides an introduction to Marine Corps culture, benefits, deployments, communication, and community resources, led by experienced Marine spouses who offer practical guidance and support.

L.I.N.K.S. Foundations

11 March 2026 | 0930-1500

Camp Foster, Ed Center Rm 28

Designed for new military families, L.I.N.K.S. Foundations offers a welcoming introduction to Marine Corps life, benefits, deployments, communication, and community resources, led by experienced Marine spouses who provide practical guidance and connection.

Readiness & Deployment Support

Pre-Deployment Brief

5 March 2026 | 1500

Camp Hansen, Bldg 2339 Rm 116

The Pre-Deployment Brief equips Service Members and their families with key information and resources for a smooth deployment, including finances, packing, OPSEC, support, and Deployed Spouse Benefit Card (DSBC) requirements.

Auto Care Workshop: Detailing 101

13 March 2026 | 1300

Camp Kinser, Typhoon Motors

This Auto Detailing Workshop is a hands-on program teaching Active Duty personnel, spouses, and families essential vehicle maintenance and detailing skills to promote safety, reliability, and mission readiness.



AUTO CARE WORKSHOP:
ESSENTIAL SKILLS FOR VEHICLE MAINTENANCE

MARCH 12 CAMP KINSER AUTO DETAILING WORKSHOP	MAY 11 CAMP COURTHY TEEN BASIC AUTO CARE (SAFETY AND MAINTENANCE)	JULY 23 CAMP KINSER ESSENTIAL AUTO SKILLS 101	SEPTEMBER 25 CAMP FOSTER JAPANESE COMPULSORY INSURANCE (JCI) 101
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MARINE & Family | Marine Corps Family Team Building

TYPHOON MOTORS | **MC&CS**

SCAN QR CODE TO REGISTER



UPCOMING WORKSHOPS

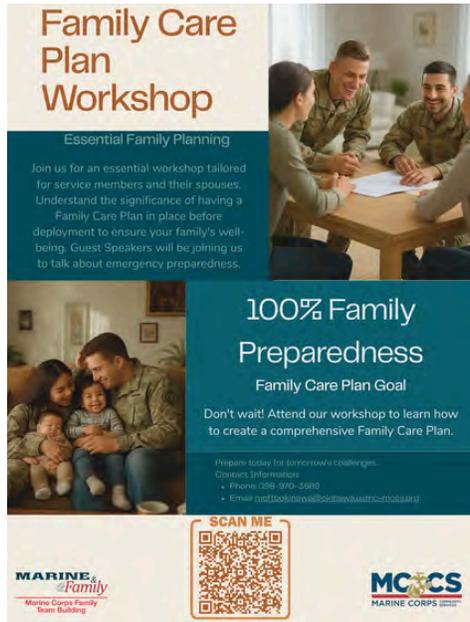
LifeSkills

Family Care Plan/Emergency Preparedness

12 March 2026 | 1300

Camp Foster, Bldg 445 Rm 201

The Interactive Family Care Program helps military families prepare for times when you can't be there, providing emergency preparedness guidance, assistance with essential legal paperwork, and tailored life skills training to ensure the safety and well-being of loved ones, from children to pets and elderly relatives.



Family Care Plan Workshop

Essential Family Planning

Join us for an essential workshop tailored for service members and their spouses. Understand the significance of having a Family Care Plan in place before deployment to ensure your family's well-being. Guest Speakers will be joining us to talk about emergency preparedness.

100% Family Preparedness
Family Care Plan Goal

Don't wait! Attend our workshop to learn how to create a comprehensive Family Care Plan.

Prepare today for tomorrow's challenges.
Contact Information:
• Phone: (980) 970-5580
• Email: rcf12026@usmc.mccs.usmc.mil

SCAN ME

MARINE & Family
Marine Corps Family Team Building

MCCS
MARINE CORPS

New Year, New Me: Attitudes & Actions

6 March 2026 | 1430-1630

Camp Foster, Bldg 445 Rm 201

This is a motivational workshop designed to help participants kick off the year with a positive mindset, explore actionable strategies for personal growth, and set the tone for a successful and fulfilling 2026.

Family Readiness Support

Readiness Coordinator Training

10-12 March 2026 | 0830-1600

Camp Hansen, Ed Center Bldg 2339 Rm217

This multi-day training equips Deployment and Unit Readiness Coordinators to support families with clear communication, accurate information, and confident resource referrals, empowering readiness leaders to drive early intervention and prevention.

Command Team Training

4 March 2026 | 0830-1130

Camp Hansen, M&F Bldg 2339 Rm 116

Command Team Training equips Commanding Officers, Executive Officers, and Sergeants Major with an overview of the Unit Personal & Family Readiness Program, command responsibilities, and best practices for supporting families, emphasizing proactive communication, early engagement, and prevention-focused leadership to enhance unit readiness.



2026 UPRP COMMAND TEAM TRAINING

For CO, XO, SgtMaj/SEL, DRC/URC, Chaplain, SMP, Reps, FRCTA/FRA

JANUARY	FEBRUARY	MARCH	APRIL
Camp Foster Education Center Bldg 5679 Room 9 7th	Camp Foster Education Center Bldg 5679 Room 9 4th	Camp Hansen M&F Program Bldg 2339 Room 116 4th	Camp Foster Education Center Bldg 5679 Room 9 1st
Camp Foster Education Center Bldg 5679 Room 9 6th	Camp Hansen M&F Program Bldg 2339 Room 116 3rd	Camp Foster Education Center Bldg 5679 Room 9 1st	Camp Foster Education Center Bldg 5679 Room 9 5th
Camp Hansen M&F Program Bldg 2339 Room 116 2nd	Camp Foster Education Center Bldg 5679 Room 9 7th	Camp Foster Education Center Bldg 5679 Room 9 4th	Camp Hansen M&F Program Bldg 2339 Room 120 2nd

Contact us for scheduling?
CTT 0830-0945 & FRCTA/FRA 1000-1100

645-5707 0989705707 | MCFBTKinawa@kinawa.usmc-mccs.org