

WELCOME COACHES



2022 Baseball & Softball Season

Director: Natalie Steele

Assistant Director: Stephen Black

Youth Sports Coordinators:

Hideki Yonaha

Satoru Sakumoto

Diana Oliver

David Brooks

John Bivins

James Durham

Kazuki Nakanone

**YOUTH
SPORTS
STAFF**



**MCCS
Youth Sports
Provides
Recreational Level
Sports**



BUILDING



**ATHLETES FOR
TOMORROW**



SEASON DATES

Contact Parents	11 July
If no response from parents	13 July
Practices Begin	18 July
Season Starts	30 July
Season Ends	08 October

*Subject to change

8 regular season games

Playoffs

(single elimination, “equitable” seeding)

Championship games
(central location)

AGE DIVISIONS

Introductory	Ages	Players	Teams
T-BALL	5-6	140	4 N, 5 C, 2 S
COACH PITCH	7-8	135	4 N, 5 C, 1 S
Baseball			
MINOR	9-11	118	4 N, 5 C, 1S
JUNIOR	12-15	40	1 N, 2 C
Softball			
MINOR	9-11		2 N, 3 C
MAJOR	12-15		2 C

AGE VERIFICATION



PRACTICE DAYS & TIMES

- One hour a day, twice a week
- Extra Practices: reserve through YS office.
- Field availability:
- Night Game (relocate or outfield 45min.)
- Unit Functions
- Special Events

DODDS SCHOOL FACILITIES

- If you get assigned to use a DODDS Facility
- (McT or Kinser Field 3)
- Please, clean-up after each practice
- Turn-off field lights
- Kickball Teams



GAME DAYS & LOCATIONS

Saturdays: 1000-1800

Weeknights: 1800 – 2000

All teams will travel:

NORTH

(CAMP COURTNEY/PX/MCT)



CENTRAL

(CAMP FOSTER)



SOUTH

(CAMP KINSER)



*Subject to change

*DoDDS calendar

CANCELATIONS

- Hazardous conditions
- Lightning (30/30 rule)
- TCCOR-2, heavy/prolong rains
- Forfeits
- Poor sportsmanship
- Your discretion



**** SAFETY FIRST ****

Game Cancellations will be posted on



RESCHEDULING

Canceled

Rescheduled

WEEK 5							
Peewee							
14	Sat	3/11/2017	9:00a	Foster Field 6B	VUIL	vs	MCCLURE
14	Sat	3/11/2017	10:00a	Foster Field 6B	FAILS	vs	VANDUMM
17	Sat	3/11/2017	11:00a	Foster Field 6B	PETRACCA	vs	ORTIZ
13	Sat	3/11/2017	12:00p	Foster Field 6B	BETANCOURT	vs	CRONKHITE
18	Sat	3/11/2017	1:00p	Foster Field 6B	OLIVER	vs	GARRETT
15	Sat	3/11/2017	2:00p	Foster Field 6B	GALLARDO	vs	COLLINS
Termite							
16	Sat	3/11/2017	3:45p	Foster Field 6B	JONES	vs	FLATT
Termite							
14	Sat	3/11/2017	9:00a	Foster Field 3	RAMIREZ	vs	HERNANDEZ
13	Sat	3/11/2017	10:15a	Foster Field 3	DURAN	vs	LARA
15	Sat	3/11/2017	11:30a	Foster Field 3	HANSON	vs	CAULDER
Major							
12	Sat	3/11/2017	9:00a	Kubasaki Field	DUONG	vs	FLATT
Minor							
26	Sat	3/11/2017	10:30a	Kubasaki Field	FLATT	vs	ACFALLE-HEBERT
Courtney							
Peewee							
12	Sat	3/11/2017	9:00a	Courtney Youth Field	CUTLER	vs	CHIN
Termite							
12	Sat	3/11/2017	10:00a	Courtney Youth Field	CUTLER	vs	CLERIDOR
19	Sat	3/11/2017	11:15a	Courtney Youth Field	REED	vs	LOUIS
Kinser							
Major							
18	Sat	3/11/2017	9:00a	Kinser Field	FILS-JULIEN	vs	RAMIREZALANIS
Minor							
25	Sat	3/11/2017	10:30a	Kinser Field	SAGASTUME	vs	GALLARDO
Peewee							
16	Sat	3/11/2017	12:15p	Kinser Field 3	RAMIREZALANIS	vs	KONRAD
10	Sat	3/11/2017	1:15p	Kinser Field 3	SAMPSON	vs	GERLACH

WEEK 10							
Peewee	Red Pen Change						
14	Sat	4/15/2017	9:00a	Foster Field 6B	VUIL	vs	MCCLURE
15	Sat	4/15/2017	10:00a	Foster Field 6B	GALLARDO	vs	COLLINS
17	Sat	4/15/2017	11:00a	Foster Field 6B	PETRACCA	vs	ORTIZ
13	Sat	4/15/2017	12:00p	Foster Field 6B	BETANCOURT	vs	CRONKHITE
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Termite							
14	Sat	4/15/2017	9:00a	Foster Field 3	RAMIREZ	vs	HERNANDEZ
13	Sat	4/15/2017	10:15a	Foster Field 3	DURAN	vs	LARA
16	Sat	4/15/2017	11:30a	Foster Field 3	JONES	vs	FLATT
15	Sat	4/15/2017	12:45p	Foster Field 3	HANSON	vs	CAULDER
Major	Tournament game						
2	Sat	4/15/2017	9:00a	Foster Field 1	FLATT	vs	MOSELEY
4	Sat	4/15/2017	10:30a	Foster Field 1	FILS-JULIEN	vs	DUONG
Minor	Tournament game						
6	Sat	4/15/2017	12:00p	Foster Field 1	SAGASTUME	vs	ACFALLE-HEBERT
8	Sat	4/15/2017	1:30p	Foster Field 1	GALLARDO	vs	FLATT
Junior	Tournament game						
4	Sat	4/15/2017	3:00p	Foster Field 1	RODRIGUEZ	vs	BARRETO
Major	Tournament game						
3	Sat	4/15/2017	9:00a	Foster Parade Deck	RAMIREZALANIS	vs	CACERES
5	Sat	4/15/2017	10:30a	Foster Parade Deck	WILSON	vs	JONES
Minor	Tournament game						
5	Sat	4/15/2017	12:00p	Foster Parade Deck	TORRES	vs	PATTERSON
7	Sat	4/15/2017	1:30p	Foster Parade Deck	FLINN	vs	RINCON
Kinser							
Termite	Red Pen Change						
11	Sat	4/15/2017	10:00a	Kinser Field 3	LANKFORD	vs	ROBINSON
Peewee	Red Pen Change						

- *Bye weekend: Odd number – Name is not on the schedule
- *No Request: All division games will be rescheduled based on Umpire and field availability.
- *Rescheduling takes time

COACH'S STUFF

Head and Assistant Coaches are required to complete a Coaches Application and Fingerprints.

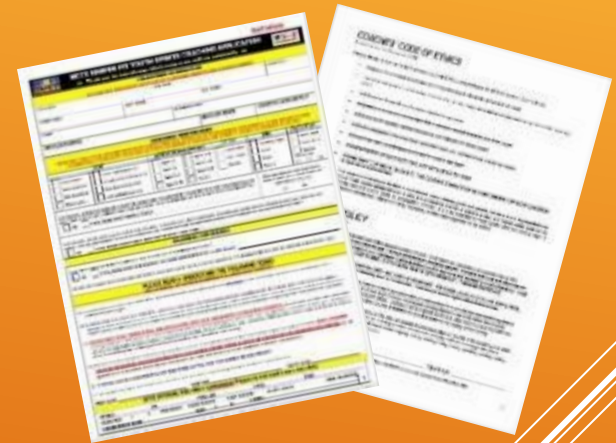
**Parents can coach for 1 day in the place of head coach without going through a background check

Badges

**Black
Cleared**



**Red Not
Cleared**



LOA for up to 72 volunteer hours

Please call ahead or email us at the end of the season



EQUIPMENT ISSUE



Equipment:

- Helmets, Bats, Catchers Gear, Balls, Scorebook, and Drawing Boards
- Pitching Machines (check out)

Returns:

- Gear Bags, Bats, Drawing Boards, Helmets, Catchers Gear

Check-in:

- T-Ball & Coach Pitch 10/22
- Minor and up: 11/5

UNIFORMS



Issued:

- Jersey, pants and a hat (return extra)
- Multiple sizes

Exchanges:

- **Parents exchange** (limited sizes)
- Our office Camp Foster bldg. 5952

Embroidering

COACH'S ROLE

- Focus on having fun
- Constructive use of time
- Stress-free
- Fundamentals
- Practice Plans

Minimum Playtime

T-Ball	30 Minutes
Coach Pitch	37 Minutes
Minor/Major	45 Minutes
Junior	60 Minutes





YOUTH!!

The Most Important
Word

In "Youth Sports" Is
"YOUTH"

The Most Important
Word

In "Youth Sports
Coach" Is Also
"YOUTH"!

PARENT MEETING

You are responsible for your parents

Contact YS if you need assistance or advice

Set the Expectations

- Be on Time
- Communication
- Child Supervision



- Attitude at games
- Encouragement
- Sportsmanship

How can Parents Help

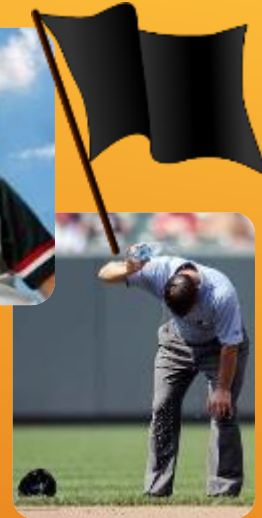
- Assistant Coach
- Bench Parent (5-8)



- Team Parent

INFORM YOUR PARENTS

- Flag conditions
 - August thru October is 'HOT'
- NO PETS
- NO ALCOHOL
- NO TOBACCO
- Colors
 - Game Play will not halt for Colors
- Parking:
 - Courtney PX field (backstop)
 - Foster field 4 (across the street)



Practices:

- Be on time and organized
- Canceling
- Location change

Games:

- Arrive 30 minutes prior to the game
- Check for proper equipment and dugout setup

Ages 9+

- Line up cards are due to the Scorekeeper 15 minutes before game time



Teaching sportsmanship is your
responsibility



LEAD BY EXAMPLE



- **The goal is to have fun!**
- **Who is watching you?**
- **Focus on effort & improvement, not just the score.**
- **Your words and actions are powerful**

PLEASE REMEMBER

THIS IS A GAME
THESE ARE CHILDREN
THE UMPIRES ARE HUMAN
THE COACHES ARE VOLUNTEERS
THIS IS NOT THE NATIONAL CHAMPIONSHIPS

With Youth Sports

- No response from parents
- Players dropping
- Injuries
- Emails: “Read Receipt”, copy, got it, gtg, etc.
- Unknown Number on game days
- Stateside Numbers



TAD/Leave

- Provide us with the contact information for the person filling in for you.
- Emails

COACHING FUNDAMENTALS

- Teach
- Observe
- Provide Feedback

- Identify each players skill level
- Instruct at their rate

Do not expect all are knowledgeable



KEY FUNDAMENTALS

- Catching
- Throwing
- Fielding
- Hitting
- Running bases
- Skill Levels will vary



PRACTICE DRILLS

- **TELL:** What & Why
- **SHOW:** Demonstrate the activity
(use experienced players if you have them)
- **DO:** Get kids moving as soon as possible.
- Back up plan (no plan survives first contact)
- Plan outfield drills for rain and night games

CHALLENGES

- Disruptive Players
- Disruptive Parents
- Disabilities
- Rank Disparities

Contact Youth Sports if you need assistance or advice



RANK SYMBOLS OF THE U.S. ARMED FORCES	
OFFICERS	
Symbol	Rank
[Symbol]	O-10
[Symbol]	O-9
[Symbol]	O-8
[Symbol]	O-7
[Symbol]	O-6
[Symbol]	O-5
[Symbol]	O-4
[Symbol]	O-3
[Symbol]	O-2
[Symbol]	O-1

RANK SYMBOLS OF THE U.S. ARMED FORCES	
ENLISTED	
Symbol	Rank
[Symbol]	E-9
[Symbol]	E-8
[Symbol]	E-7
[Symbol]	E-6
[Symbol]	E-5
[Symbol]	E-4
[Symbol]	E-3
[Symbol]	E-2
[Symbol]	E-1



Website: <https://www.mccsokinawa.com/youthsports>
Phone# 645-3533/3534
Email: youthsports@okninawa.usmc-mccs.org

T-BALL BYLAWS

- 60 min. no new inning after 50min.
- No forfeits
- Rotate players
- All players bat
- No balls/strikes/5 swings
- No 3 out rule.
- Can be put out
- Throw to 1st (no tag)
- Advance 1 base (overthrow)



COACH PITCH BYLAWS



- 75 min. no new inning after 65 min.
- No forfeits.
- Rotate players
- All players bat
- 5 balls: hit, strikeout, pitched
- No 3 out rule.
- Can be put out
- Throw to 1st (no tag)
- Advance 1 base (overthrow)

CONCUSSION PROTOCOL

WHAT TO DO

If you think a child has a brain injury

- 1) Assess the situation.
- 2) Be alert for brain injury signs and symptoms.
- 3) Contact health professional.



IF YOU THINK

An athlete has a concussion

- 1) Remove the athlete from play.
- 2) Keep the athlete out of play the day of injury.
- 3) Obtain permission from a health care professional to return to play.

- Bylaws are located at:

www.mccs.okinawa.com/downloads

- Websites

<https://www.littleleague.org/play-little-league/tee-ball/>

<https://mindfusebaseball.com/baseball-drills/kids/>

YOUTUBE

GOOGLE

COVID





QUESTIONS



HOW TO CONTACT US

Semper Fit Youth Sports

Office location: SFYS Warehouse Camp Foster (Bldg. 5952)

Office hours: Monday – Friday 0800-1800

Email:

youthsports@okinawa.usmc-mccs.org

Telephone:

On Base: 645-3533/34

Off Base: 098-970-3533/34

Facebook:

MCCS Okinawa – Semper Fit

MCCS SFYS Website:

www.mccsokinawa.com/youthsports

Field locations and maps are available at:

www.mccsokinawa.com/downloads

**THANK YOU
FOR YOUR
SUPPORT!**

Decorative white lines consisting of several parallel diagonal strokes in the bottom right corner of the slide.



Divisions 9 and UP

TEAM COMPOSITION

(CONSIDER IF YOUR CHILD IS MOVING UP TO THE NEXT AGE DIVISION)

___ Level 1 (Beginner)

- Inexperienced player
- Difficulty with catching, hitting, fielding, and throwing
- Little to no knowledge of the game

___ Level 2 (Average)

- Average player on the team
- Basic skills in catching, hitting, fielding, and throwing
- Average knowledge of the game

___ Level 3 (Above Average)

- Top-half player on the team
- Above average skills with catching, hitting, fielding, and throwing
- Great knowledge of the game

___ Level 4 (Advanced)

- Top player (i.e. consistent hitter, accurate throwing etc..)
- Excels at catching, hitting, fielding, and throwing
- Strong skills and knowledge of the game

Pitchers and Catchers

Pitcher: ___ N/A ___ Beginner ___ Average ___ Advanced
Catcher: ___ N/A ___ Beginner ___ Average ___ Advanced

Player's Experience

Has your child played this sport for MCCS Okinawa before? ___ YES ___ NO

If yes, how many seasons? _____

Positions: ___ Pitcher ___ Catcher ___ 1st ___ 2nd ___ 3rd ___ Outfield ___ All ___ N/A

Has your child played this sport in an on-base club team/off-base team/stateside? YES / NO

If yes, on-base/off-base/school, what is the team name? _____

If yes, how many seasons? _____

Positions: ___ Pitcher ___ Catcher ___ 1st ___ 2nd ___ 3rd ___ Outfield ___ All ___ N/A

RULES & BYLAWS

- Baseball - Little League
- Softball - National Federation of High School (NFHS)
- Know the Rules and Bylaws before you challenge
- ONLY Head Coaches may challenge calls
 - Before the next pitch, play, or attempted play
- All judgement calls are final



BYLAWS



- Minor and Major:
 - 90 min. no new inning after 80 min.
- Junior:
 - 2 hours no new inning after 1hr and 50 min.
- Line-up sheets to scorekeeper 15 min before game
- Continuous batting order

MINOR BYLAWS (SB/BB)



- To avoid a collision: When the play is made towards home plate, the runner must slide if the ball is within a reasonable distance.
- NO head-first sliding.
- Throwing a bat: For the first four (4) games.
- No drop 3rd strike
- Standing in the opening of the dugout.

ALL DIVISIONS

- Accessories: The coach in charge will be restricted to the bench.

MINOR BYLAWS (SB)



- For the entire season, there will be NO WALKS. (Except for a hit batter).
- The count will begin with 1 ball and 1 strike.
- Once the batter reaches ball 4, their coach will pitch the number of pitches left to get a 3rd strike.

MAJOR/JUNIOR BYLAWS



- Diving back to the bag is allowed
- No running head first sliding

PITCHERS

Pitch Counts

Minor	75 Pitches
Junior	85 Pitches



PITCH RULES

Catch 3 innings + 1 pitch = no pitching		Pitches 41+ cannot catcher that game	
<p>• Completion of pitching to batter: If a pitcher reaches the pitch-count limit for their age while facing a batter, the pitcher may continue to pitch until the batter reaches base, the batter is retired, or the third out is made to complete the half-inning.</p>			
1-20 pitches in a day = NO calendar day of rest	36-50 pitches in a day = (2) calendar days of rest	66+ pitches in a day = (4) calendar days of rest	
21-35 pitches in a day = (1) calendar day of rest	51-65 pitches in a day = (3) calendar days of rest		

Catchers to Pitchers and Pitchers to Catcher
Mandatory rest periods per LL Regulation VI

CATCHERS

CATCHERS MUST WEAR A CUP

Coaches this is your Warning

- Catchers coming in the game without a cup will result in:
- The first offense, the coach in charge will be restricted to the bench.
- An ejection will occur for all other offenses.
- If needed, a parent may step in to help.



RESOURCES

- Baseball Tutorials - Over 527 Fun & Effective Baseball Drills For Hitting, Pitching, Fielding & Baserunning (baseball-tutorials.com)
- <https://www.atecsports.com/en-us/drills>
- PRO TIPS | DICK'S Sporting Goods (dickssportinggoods.com)
- YOUTUBE
- GOOGLE

SPORTSMANSHIP

Win with humility

Lose with grace

Do both with dignity





MEET THE OFFICIALS

UMPIRE'S ROLE

- Ensure the game is played in a safe and fair manner
- Apply the rules and laws of the game
- Keep it all about the kids



SCOREKEEPER

- LL Rule 6.07 (note): The scorekeeper will not inform you if a batter is batting out of order.
- The scorekeeper will only tell you if your pitcher has reached their limit.
- It is your job to keep track of the pitch count.
- Please do not constantly bother the scorekeeper about the score, outs, etc. A scorebook is provided.



PRE-GAME MEETING

What to expect at the pre-game meeting

- Introductions
- Questions about rules or bylaws
- Line-up sheets
- Players are properly equipped.
- All equipment is in regulation
- Players are not wearing accessories, hard objects, etc. not authorized. Penalty



BB - CATCHERS ARE WEARING A CUP

STRIKE ZONES



- Key factors in determining your strike zone for each game
 - The Little League definition of the strike zone allows umpires discretionary adjustments based on various factors to help keep the game moving and players engaged
- Age of the Players
 - The younger they are, the bigger (height and width) your strike zone should be. A generous strike zone for younger players will have them swinging often, keep the defense alert and speed up the game for everyone

ADDRESSING ISSUES



- This is a Recreational Sports League
 - How you handle people
- Professional attitude
- Do not taunt the Umpires
 - (They Are HUMAN And Will Make Mistakes)
 - Constant questioning, remarks, gestures or being physical
 - 1- Warning (ask, tell, dismiss)
 - 2- Suspended next game
 - 3- Suspended remainder of season and will not return

Contact Youth Sports

WHO ARE OUR UMPIRES?

- A local Association derived of SOFA status personnel
- Active Duty, Parents, Dependents, Retires, GS & NAF Employees, Contractors, Teachers, Etc.



- Umpire knowledge will range from new to well experience and everything in-between



QUESTIONS



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*Thank You For Coming Out
And
We Will See You On The Fields*

