## JANUARY 2026



#### **Director's Corner**

Happy New Year to our Marines, Sailors, families, and friends across Okinawa.

As we welcome 2026, I want to express my sincere appreciation for the resilience, engagement, and compassion demonstrated throughout our community. Whether through participation in MCFTB's approved workshops, support of one another, or involvement in initiatives such as Mission Gratitude, your presence continues to strengthen the Marine Corps family.

The connections we build through learning, service, and shared experiences are the foundation of readiness. Through MCFTB's authorized education and training programs, we support Marine Corps Total Fitness by strengthening mental, emotional, social, spiritual, and family readiness. Our prevention-focused approach is designed to equip individuals and families with practical skills, reduce risk factors, and reinforce protective factors that support success both on and off duty.

As we move into the new year, MCFTB remains committed to delivering evidence-based, MCCS-approved programming that supports readiness for duty, home, and self. We encourage you to stay connected by visiting the MCCS Okinawa Events Calendar to explore upcoming workshops, classes, and community events offered across all installations.

It is an honor to serve alongside you. We look forward to another year of growth, connection, and shared success as we continue strengthening our community together.

### **December Reflection Highlights**

Marine Corps Family Team Building (MCFTB) wrapped up the holiday season with Mission Gratitude: Heartfelt Cards, an initiative reminding Marines and Sailors across Okinawa and beyond that their service is valued. With help from DoDEA schools, volunteers, and community partners, MCFTB delivered more than 8,000 handwritten cards and 10,160 cookies to service members across MCIPAC installations and to units at Camp Fuji, Camp Mujuk, Camp Blaz, and MARFOR-K.

The response was immediate and meaningful, especially for those training or stationed away from home. This effort was made possible through strong community collaboration, proving once again that it truly takes a village to support those who serve.











### Home for the Holidays: Karaoke Night

MCFTB closed out the holidays with Home for the Holidays: Karaoke Night, where service members and families came together for an energetic evening of singing, laughter, and community connection

ending the season on a joyful, high







#### P&PR Employee of the Month - Congratulations, Juan



note.

The Personal and Professional Readiness PPR Branch is proud to recognize Juan Rodriguez Rosa as Employee of the Month. Juan consistently demonstrates professionalism, teamwork, and dedication, making a meaningful impact through his reliability and support of both the mission and his colleagues.

Congratulations, Juan, and thank you for your outstanding contributions. This recognition is well deserved.

#### MCCS Employee Excellence Awards 2026

Congratulations to all employees recognized through the 2025 MCCS Employee Excellence Awards. Being nominated by peers reflects a high level of professionalism, teamwork, and commitment to excellence.

MCFTB's Allan Chua, Bebe Husanini and Cristin Garcia exemplify these qualities through their dedication, collaborative spirit, and consistent service to our community. Their outstanding work and positive impact make this recognition truly well deserved.



### UPCOMING WORKSHOPS

#### L.I.N.K.S.

#### L.I.N.K.S. Foundations (Virtual)

21 January 2026 | 1000-1300

Designed for new military families,
L.I.N.K.S. Foundations provides essential
knowledge on Marine Corps culture,
benefits, deployments, communication,
and community resources. Led by
experienced Marine spouses, this
workshop offers guidance, connection,
and practical support.

# Family Readiness Support

MCFTB and Deployment Readiness
Coordinators (DRCs) continue working
together to support service members
and families through training, education,
and engagement. Services include
command team training, communication
and personality workshops, conflict
management, and readiness support.
For more information or to schedule
training, contact MCFTB at:

Phone: 645-3689 / 098-970-3689

Email: mcftbokinawa@okinawa.usmc-

mccs.org

Website: www.okinawa.usmc-mccs.org

#### LifeSkills

#### **Premarital Seminar**

9 January 2026 | 0800-1500 at Camp Foster, Ocean Breeze

This comprehensive seminar equips couples with the tools and resources needed to navigate marriage within the military lifestyle, including benefits, legal considerations, financial partnerships, and effective communication strategies.

#### **Bridging the Generation Gap**

6 January 2026 | 0930-1130 at Camp Foster, Education Center

This interactive workshop brings together multiple generations to explore communication styles, generational perspectives, and collaboration strategies. Participants will gain tools to strengthen teamwork and connection across age groups.

#### **AutoSkills Workshop**

23 January 2026 | 1300-1500 at Camp Foster, Typhoon Motors

MCFTB and Typhoon Motors present
Auto Care: Essential Skills for Vehicle
Maintenance, a hands-on workshop for
service members, families, and teens.
Learn basic car care like fluid checks and
tire safety to keep vehicles safe and
reliable.